

So you want to be a LIFEGUARD ...

WHY SHOULD I BE A LIFEGUARD?

- You get to spend the summer outside!
- o You become trained in water rescues, CPR for the Professional Rescuer, and First Aid!
- Job security-you can work as a lifeguard through high school and college...all colleges have pools that need lifeguards!
- Meet new people, and develop positive relationships...we work a lot as a team, and do a lot of training together!
- You get to save lives...really how many other jobs can say that?!
- Flexible scheduling....you pick the days/times you want to work and have the same schedule all summer. Can't work a shift...just find a sub!
- Learn Lifetime Skills...Above and beyond CPR and how to pull someone who is drowning in water to safety, you pick up even more skills and traits that you get to keep for life. From leadership skills and learning to handle various types of responsibilities, you are prepared for life. Knowing how to work as a member of an important team with others is just one of the skills and traits you acquire from training and working as a lifeguard!
- o It looks good on a resume, which is especially important as you try to get a foot in the door with other types of jobs. Even if you eventually seek a career in a completely unrelated field, having experience with a respectable career such as lifeguarding still does a lot.
- Great opportunity to make some money- you can work as much as 40 hours a week if you want (you don't have to) and the pay is competitive!
- o Free membership to both Smalley and East End Pools for the summer!

WHAT DO I HAVE TO DO TO GET THE BALL ROLLING ON BEING A LIFEGUARD?

- 1. Review the attached information.
- 2. Fill out an online application at www.epd.org (click on JOBS at the top of the home page).
- Check your email regularly...this is how we will contact you to schedule an interview.
- 4. Contact Sarah Lagesse, Program Manager of Aquatics at <u>SLagesse@epd.org</u> or 630-993-4724 with any questions.

