

ADULT SOFTBALL LEAGUE COVID GUIDELINES

- 1. No one should attend or participate in games if they currently have symptoms or have been in contact with anyone with a confirmed COVID-19 diagnosis in the last 14 days.
- 2. Teams must have less than 15 total players attending the game.
- 3. Dugout use is permitted during games with the players being separated no less than 6' apart. Bleachers will be utilized as an extension of the dugout again, social distancing a minimum of 6'. Also utilizing folding chairs spaced 6' apart. We ask that when players are not on the field that they wear a facemask while in the dugout and are also unable to social distance. Per Gov. guidelines.
- 4. Players should use their own gloves, bats and other equipment as much as possible. If teams are sharing team equipment, it should be sanitized when possible throughout the game and afterwards.
- 5. Players must bring their own water/beverage to consume during and after games. No shared drinking fountains, water stations, or coolers may be used.
- 6. Temperature checks should be done by players and fans prior to attending games.
- 7. Anyone with symptoms of illness is not allowed to participate or spectate games:
 - Cough, shortness of breath
 - Fever or chills
 - Muscle or body aches
 - Vomiting or diarrhea
 - New loss of smell or taste
 - Fatigue
- 8. Spectators are to bring their own chairs and/or stand along the foul line social distancing 6' apart.
- 9. Players are encouraged to travel to the venue alone or only with members of their immediate household (no carpooling)
- 10. No fans near dugout and backstop area.
- 11. No spitting, no gum chewing, no seeds.
- 12. Players/teams should bring their own hand sanitizer to use throughout and after the game.
- 13. Team captains should notify the Park District if any player on their team tests positive for COVID-19.