

# WINTER 2019

## FIND YOUR FUN!

**ELMHURST GYMNASTICS CENTER**  
**GYMNASTICS REGISTRATION**  
Saturday, December 1  
at 8 am

**Elmhurst Park District COURTS PLUS**  
**GENERAL REGISTRATION**  
Saturday, December 8  
at 8 am

**NON-RESIDENT REGISTRATION BEGINS AT 8 A.M. ON MONDAY, DECEMBER 17**



**WE'RE PROUD TO SERVE**  
**ELMHURST**

What do we love the most about this community? The people we share it with! That's why we support the families here, the local businesses and the charitable organizations, too. Instead of just providing banking solutions, we also take pride in giving back to the people who work to make this area so great. Why? Because this isn't just home to us; it's home to all of us. And, as a true community bank, we know that when we all do our part, we can help make Elmhurst better for everyone.

**SUBURBAN**  
**BANK & TRUST**

A WINTRUST COMMUNITY BANK

150 E. Butterfield Rd. | 400 W. Lake St. | Elmhurst  
630-592-2000 | [www.suburbanbank.com](http://www.suburbanbank.com)

Proud to be part of the **WINTRUST** family



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## THE PARK BOARD COMMISSIONERS



**Vince Spaeth**  
President



**Kevin Graf**  
Vice President



**Doug Ennis**



**Mary E. Kies**



**Patricia Morissette-Moll**



**Tim Sheehan**



**Carolyn Ubriaco**

Innovative leadership starts with our community-elected, seven-member Board of Commissioners. Members are elected to a six-year term and serve without compensation. Board meetings are held on the second and fourth Mondays of each month, unless otherwise noted. The public is always welcomed to attend the open meetings and is encouraged to participate during the public comment portion of the meeting. Meetings are held in the Administrative Office boardroom, 375 W. First St., at 7 p.m. unless otherwise noted.

# WELCOME!

Dear Elmhurst Residents ,

When the Park District began work on Vision 2020, our comprehensive strategic plan, we knew it was a wonderful opportunity to engage Elmhurst residents about their needs and interests. You told us a great deal, and we're still listening! We remain eager to engage the public in the future of Elmhurst Park District. With community input, we are focused on several potential projects, including:

- Indoor Sports Facility
- Dog Park
- Senior Center
- An expanded Wagner Community Center
- Acquisition of more open space
- Improved condition and maintenance of Parks and Amenities

However, we need your help to determine where we go next. Visit [www.epd.org](http://www.epd.org) to keep up to date on our Vision 2020 progress or to fill out a feedback form. You can also email us at [vision2020@epd.org](mailto:vision2020@epd.org) and use #Vision2020 to share your ideas with us and your neighbors on social media.

The District also continues to listen to residents regarding frustrations with recent registration days. We share these frustrations and, after reviewing resident feedback and talking with similarly sized park districts, we've implemented changes for winter registration. The most common suggestion was to pull out popular programs and do their registration separately.

Looking at past data, gymnastics has the highest number of enrollments on the first day of registration. So we asked you, the resident, when you would like gymnastics registration to take place and overwhelmingly the most popular choice was Saturday, December 1 at 8:00 a.m. General registration will then take place on Saturday, December 8 at 8:00 a.m. The District is also looking at switching to a registration software vendor who can handle the large volume we have in Elmhurst.

These efforts, of course, are all in the pursuit of bringing you and your family more fun! With 2019 around the corner, we're anticipating plenty of good times with the Elmhurst community all year long! Check out our 2019 Special Events Calendar on page 9 to make room for more fun this year, including a new summer event for adults – Bags, Brew & BBQ on July 27. Join us at Wilder Mansion for a game night, food trucks, adult beverages and more!

The District is expanding our Adult Programming offerings for 2019 as well. We've partnered with College of DuPage and the Elmhurst Public Library to provide more enrichment opportunities for you. Check out the improved Adult Special Interest Section for upcoming Cooperative Programming classes.

On behalf of my fellow commissioners, it is our privilege to serve you every season!

Vince Spaeth, Board President





## MANAGEMENT TEAM

|   |                                     |                     |                |
|---|-------------------------------------|---------------------|----------------|
| <b>Executive Director</b>                         | James W. Rogers, CPRP               | jrogers@epd.org     | (630) 993-8930 |
| <b>Director of Marketing &amp; Communications</b> | Kari Felkamp, CPRP                  | kfelkamp@epd.org    | (630) 993-8923 |
| <b>Director of Facilities</b>                     | Angela Ferrentino, CPRP, CTRS, CPSI | aferrentino@epd.org | (630) 993-8915 |
| <b>Director of Finance &amp; Human Resources</b>  | Christi Jacobson                    | cjacobson@epd.org   | (630) 993-8196 |
| <b>Director of Enterprise Services</b>            | Brian McDermott                     | bmcdermott@epd.org  | (630) 993-8180 |
| <b>Director of Parks</b>                          | Dan Payne, CPRP                     | dpayne@epd.org      | (630) 993-8940 |
| <b>Director of Recreation</b>                     | Cindy Szkolka, CPRP                 | cszkolka@epd.org    | (630) 993-8910 |
| <b>Director of Information Technology</b>         | Allison Wiggins                     | awiggins@epd.org    | (630) 993-8197 |




## PROGRAM STAFF

|                                      |                           |                   |                |
|--------------------------------------|---------------------------|-------------------|----------------|
| <b>Adult Sports Leagues</b>          | Andre Cobbs               | acobbs@epd.org    | (630) 993-8980 |
| <b>Aquatics</b>                      | Joey Kalwat, AFO          | jkalwat@epd.org   | (630) 993-4724 |
| <b>Camps (Wagner Center)</b>         | Angela Perry, CPRP        | aperry@epd.org    | (630) 993-8678 |
| <b>Camps (Courts Plus)</b>           | Carolyn Kelley            | ckelley@epd.org   | (630) 993-8902 |
| <b>Climbing Wall</b>                 | Anthony Larocco           | alarocco@epd.org  | (630) 993-4722 |
| <b>Community Events</b>              | Pat O'Neill               | poneill@epd.org   | (630) 993-8924 |
| <b>Dance</b>                         | Susan Smentek, CPRP       | ssmentek@epd.org  | (630) 993-8670 |
| <b>Early Childhood</b>               | Julie Freels, CPRP        | jfreels@epd.org   | (630) 993-8922 |
| <b>Environmental</b>                 | Cindy Szkolka             | cszkolka@epd.org  | (630) 993-8910 |
| <b>Fitness (Adult)</b>               | Heather Buege             | hbuege@epd.org    | (630) 993-8184 |
| <b>Fitness (Youth)</b>               | Anthony Larocco           | alarocco@epd.org  | (630) 993-4722 |
| <b>Golf</b>                          | David Anderson            | danderson@epd.org | (630) 993-8905 |
| <b>Gymnastics</b>                    | Dana Herrera, CTRS        | dherrera@epd.org  | (630) 993-8921 |
| <b>Hub Programming (Berens Park)</b> | Andrea Juricic, CPRP, AFO | ajuricic@epd.org  | (630) 993-8967 |
| <b>Kids Plus (Courts Plus)</b>       | Carolyn Kelley            | ckelley@epd.org   | (630) 993-8902 |
| <b>Martial Arts (Courts Plus)</b>    | Heather Buege             | hbuege@epd.org    | (630) 993-8184 |
| <b>Martial Arts (Wagner Center)</b>  | Andre Cobbs               | acobbs@epd.org    | (630) 993-8980 |
| <b>Mind &amp; Body</b>               | Heather Buege             | hbuege@epd.org    | (630) 993-8184 |
| <b>Music</b>                         | Susan Smentek, CPRP       | ssmentek@epd.org  | (630) 993-8670 |
| <b>Preschool</b>                     | Julie Freels, CPRP        | jfreels@epd.org   | (630) 993-8922 |
| <b>Racquetball</b>                   | Rick Wissig               | rwissig@epd.org   | (630) 993-8185 |
| <b>Rec Station</b>                   | Angela Perry, CPRP        | aperry@epd.org    | (630) 993-8678 |
| <b>Seniors</b>                       | Amy Srail                 | asrail@epd.org    | (630) 993-8961 |
| <b>Special Needs</b>                 | Erica Brady, CTRS         | ebrady@epd.org    | (630) 993-8676 |
| <b>Sports</b>                        | Andre Cobbs               | acobbs@epd.org    | (630) 993-8980 |
| <b>Teens</b>                         | Joey Kalwat, AFO          | jkalwat@epd.org   | (630) 993-4724 |
| <b>Tennis</b>                        | Rick Wissig               | rwissig@epd.org   | (630) 993-8185 |
| <b>Theatre</b>                       | Susan Smentek, CPRP       | ssmentek@epd.org  | (630) 993-8670 |
| <b>Trips</b>                         | Amy Srail                 | asrail@epd.org    | (630) 993-8961 |
| <b>Youth</b>                         | Julie Freels, CPRP        | jfreels@epd.org   | (630) 993-8922 |
| <b>Wilder Mansion Programs</b>       | Meagan Dovidio            | mdovidio@epd.org  | (630) 993-8186 |

**Title Abbreviations:** **AFO** Aquatic Facility Operator, **CPRP** Certified Park and Recreation Professional, **CTRS** Certified Therapeutic Recreation Specialist, **CPSI** Certified Playground Safety Inspector



## FACILITIES



### THE ABBEY

📍 407 W. St. Charles Road  
 📞 (630) 993-8193  
 🕒 Monday-Thursday 8:30am-3pm  
 Friday 8:30am-Noon  
*Closed: Nov. 22-23, Dec. 24-25, Dec. 31, Jan. 1 and Feb. 18*

### COURTS PLUS

📍 186 S. West Avenue  
 📞 (630) 833-5064  
 🕒 Monday-Friday 5am-11pm  
 Saturday 6am-10pm  
 Sunday 6:30am-10pm  
*Visit [courtsplus.com](http://courtsplus.com) for Holiday Hours*

### WAGNER COMMUNITY CENTER

📍 615 N. West Avenue  
 📞 (630) 993-8901  
 🕒 Monday-Friday 8am-9pm  
 Saturday 8am-5pm  
*Closed Nov. 22-24, Dec. 24-25, Dec. 31, Jan. 1 and Feb. 18. Closing at 5 pm on Dec. 26, 27 & 28.*

### ADMINISTRATIVE OFFICE

📍 375 W. First Street  
 📞 (630) 993-8900  
 🕒 Monday-Friday 8am-5pm  
*Closed: Nov. 22-23, Dec. 24-25, Dec. 31, Jan. 1 and Feb. 18*

### THE HUB AT BERENS PARK

📍 493 Oaklawn Avenue  
 📞 (630) 782-4955  
*Outdoor amenities are closed for the season and will reopen this spring. The indoor multipurpose room is open for rentals year round.*

### WILDER PARK CONSERVATORY

📍 407 W. St. Charles Road  
 🕒 April-December 8am-6pm  
 January-March 8am-2:30pm



Hi! I'm Eco!

### SUGAR CREEK GOLF COURSE

📍 500 E. Van Buren, Villa Park  
 📞 (630) 834-3325  
 🕒 Open daily until dusk

### WILDER MANSION

📍 211 S. Prospect Avenue  
 📞 (630) 993-8674  
 🕒 Open by appointment or Friday Noon-5pm

## AFFILIATE GROUPS

*An Affiliate Group is a not-for-profit organization that supplements Elmhurst Park District services, meets the District's mission, and serves the Elmhurst Community, but is independent from the District's operations. Visit [www.epd.org/affiliate-groups](http://www.epd.org/affiliate-groups) for more information or contact Pat O'Neill at (630) 993-8924.*

### ACCESS SPORTS

[elmhurstaccesssports.org](http://elmhurstaccesssports.org)  
 Access Sports provides young athletes with disabilities in and around Elmhurst, IL access to team sport activities to learn new skills, encourage teamwork, and realize that team sports can be fun, yet competitive.



### CRESTVIEW GARDEN CLUB

[crestviewgardenclub@yahoo.com](mailto:crestviewgardenclub@yahoo.com)  
 A non-profit, non-sectarian family club devoted to the interest of horticulture.

### ELMHURST BICYCLE CLUB

[elmhurstbicycling.org](http://elmhurstbicycling.org)  
 Offering numerous rides and social activities while providing advocacy for bicyclists.



### ELMHURST GARDEN CLUB

[elmhurstgardenclub.org](http://elmhurstgardenclub.org)  
 Contributing time and funds to encourage the advancement of horticulture and provide an outlet of expression for its members.



### ELMHURST RUNNING CLUB

[elmhurstrunningclub.com](http://elmhurstrunningclub.com)  
 Offering year-round runs and training as well as numerous social events.



### ELMHURST SYMPHONY ORCHESTRA

[elmhurstsymphony.org](http://elmhurstsymphony.org)  
 Well-performed symphonic music by community musicians.



### GREENMAN THEATRE TROUPE

[greenmantheatre.com](http://greenmantheatre.com)  
 A not-for-profit organization whose purpose is to present live theatre productions for cultural education, entertainment and inspiration to the community and to foster and develop, through theatrical workshops and classes, the artistic talents of members and community members.



### SPIRITO! SINGERS

[spiritosingers.org](http://spiritosingers.org)  
 A choral organization comprised of three distinct auditioned ecumenical choirs; Bravura, Ragazze and the Men of Spirito!



# HOW TO READ

## THE SEASONAL BROCHURE

### Sample Program Entry

*All Ages*

The description of each program will appear in this section of the entry. Our program staff works hard to provide the very best in fun, Educational and enriching program opportunities for you and your family.

**Location:** WCC

**Min/Max:** 8/20

**Fee:** \$60R/\$75NR

RW21208-01      W                      1/6-1/27                      5-6pm

### Abbreviation Key

R/NR    Resident/Non-Resident  
 M/NM   Courts Plus Member/Non-Member  
 WCC    Wagner Community Center

### Codes

The series of numbers beneath each program description corresponds to that program session. Use this code on your registration form and online. When registering online, search using only the first 7 digits.

### Min/Max

The minimum number of participants a program requires in order to run and the maximum amount of participants it can accommodate.

### Brochure Changes

Occasionally changes in programs and pricing are necessary after the brochure publication date. We thank you for your patience and understanding when these situations arise.

### Late Registration

You must present your receipt to the instructor if you register online for a class or program less than 48 hours prior to its start time.

### Next Brochure

Look for the Spring Brochure the week of February 12, 2019.



### STAY CONNECTED!

Keep up to date with the latest events, share photos and interact with your friends and neighbors on all of our social media pages. Don't forget to follow our pages to stay informed!



- elmhurstparkdistrict
- courtsplusEPD
- wildermansionelmhurst
- elmhurstgymnasticscenter
- EPDdance
- Sugar Creek Golf Course Villa Park



- elmparkdistrict



- elmhurstparkdistrict
- courtsplus\_EPD
- EPDimpactdance
- elmhurstgymnastics
- wildermansion



- wildermansion



- ElmhurstParkDistrict



All of our parks and facilities are listed individually on Yelp. Search for your favorite location to read reviews and share your own!



**MISSION**  
**We enrich lives while having fun**

**PARKS**

Meet community need for parks, open space, & outdoor amenities

**FACILITIES**

Meet community need for new & existing indoor recreation space

**FINANCE**

Sustainable revenue strategies & funding options

**PROGRAMMING**

Innovative programming to meet community needs

**COMMUNICATIONS**

Exceptional & consistent guest experience

**INTERNAL OPERATIONS**

Employee growth & development

**VISION**  
**To be a national leader in providing memorable parks and recreation experiences to our community**

**VALUE**  
*Fun*

We will inject fun and passion in what we do everyday

**VALUE**

*Community Focused*

At the end of the day, it's all about the community we serve

**VALUE**

*Customer Service Excellence*

We will exceed customer expectations and present the "wow" moment

**VALUE**

*Integrity*

We will always do the right thing and we will do it the right way

**2020**  
**Vision**  
*Focus on the Future*



# 2019 CALENDAR SPECIAL EVENTS

## APRIL

- |    |    |                                  |
|----|----|----------------------------------|
| 18 | Th | Flashlight Egg Hunt              |
| 20 | Sa | Egg Hunt & Doggie Eggstravaganza |



## MAY

- |   |    |                    |
|---|----|--------------------|
| 4 | Sa | Art in Wilder Park |
| 5 | Su | Art in Wilder Park |

## JUNE

- |    |    |                        |
|----|----|------------------------|
| 9  | Su | Eldridge Adventure Day |
| 28 | Fr | Movie in the Park      |



## JULY

- |    |    |  |
|----|----|--|
| 12 | F  | Movie in the Park  |
| 27 | Sa |  Bags, Brew & BBQ |

## AUGUST

- |    |    |                   |
|----|----|-------------------|
| 2  | F  | Movie in the Park |
| 24 | Sa | Park Palooza      |
| 10 | Sa | Kite Fest         |

## SEPTEMBER

- |    |    |                    |
|----|----|--------------------|
| 7  | Sa | Touch a Truck      |
| 21 | Sa | Movie on the Green |

## OCTOBER

- |    |    |                  |
|----|----|------------------|
| 12 | Sa | Family Fall Fest |
|----|----|------------------|



## NOVEMBER

- |   |    |                |
|---|----|----------------|
| 1 | F  | Holiday Market |
| 2 | Sa | Holiday Market |

## DECEMBER

- |   |    |                       |
|---|----|-----------------------|
| 5 | Th | Holiday Tree Lighting |
|---|----|-----------------------|



For more information, please visit [www.epd.org](http://www.epd.org) or follow us on Facebook!  
Events are subject to change.

 Elmhurst  
Park District  
Having Fun



# *Tree Lighting in Wilder Park*

Thursday, Dec. 6, 5:30 – 7:30pm

Location: Wilder Park

Join the Elmhurst Park District as we kick off the holiday season with the annual Tree Lighting in Wilder Park! Featuring holiday entertainment, a special visitor from the North Pole and children's activities, the evening will put you in the spirit of the season.

PRESENTED BY

**Healthy Driven**<sup>™</sup>  
Edward-Elmhurst  
HEALTH





# SANTA'S SECRET WORKSHOP

*at Wilder Mansion*

FREE ADMISSION

**A holiday store just for kids!**

Kids can visit Wilder Mansion on Saturday, December 8 from 1-4pm and shop at Santa's Secret Workshop for all their favorite people. Purchases are kid-priced and kid-friendly with satisfaction guaranteed. Santa's elves will help small hands making purchases.

**Saturday, December 8  
1-4pm at Wilder Mansion**





mystery

at the MANSION

**Come for a cocktail, stay for a murder!** Join Wilder Mansion and your fellow sleuths as we unravel a comic book mystery. There will be total audience participation as you follow the clues to narrow down the prime suspect. Light appetizers, sweets, cocktails, and coffee will be served.

**Ages:** 21 and older

**Location:** Wilder Mansion

**Fee:** \$70R/\$80NR

**Min/Max:** 20/40

EW01300-01

Sa

2/9

7-9:30pm



# Princess Day

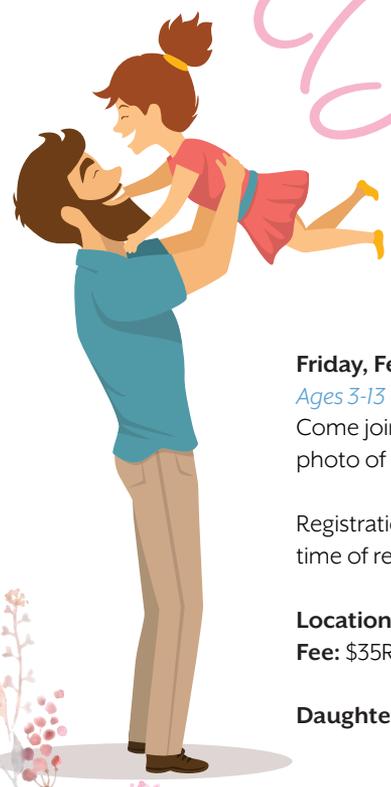
AT WILDER MANSION  
Sunday, January 27 ♥ 2-3:30 pm

Hear ye, hear ye! Wilder Mansion is hosting its fourth annual Princess Day. Have your little one dress up as her favorite princess to make a craft, enjoy a treat and listen to a story fit for a royal. The afternoon will conclude with a party on the dance floor. Not a drop-off program.

Ages 3-12 (with parent.)  
Parent does not register.

Fee: \$18R/\$22NR

EW05200-01



# Daddy Daughter DANCE



Friday, February 15, 6-9pm  
Ages 3-13

Come join us for the event that celebrates every girl and her daddy. There will be dinner, dancing and a special photo of each couple is included. Registration deadline is February 8, 2019.

Registration is not taken at the door so be sure to register early. Please note any special dietary needs at the time of registration. Make sure to register both adult and child for this event.

Location: Diplomat West  
Fee: \$35R/\$44NR

Daughter Registration: RW05200-01

Daddy Registration: RW05200-02

If you plan to register online, please make sure "Dads" are on your account before Saturday, December 8



## YOUTH SPECIAL INTEREST

### Chess Wizards Scholastic Chess Program

*Ages 5-11*

Chess Wizards' interactive, discovery-based curriculum inspires students to think ahead, visualize their goals, treat others with respect and learn from mistakes. Classes are designed to suit children of all skill levels. Students will build upon their knowledge through chess lessons, tournaments and variation games.

**Location:** WCC Multi-Purpose C

**Min/Max:** 10/20

**Fee:** \$104R/\$130NR

RW21201-01 Tu 2/5-3/12 6:30-7:30pm

### Marvelous Magic

*Ages 5-12*

Children learn fascinating and mesmerizing tricks from the Magic Team of Gary Kantor. Amazing tricks are taught involving cards, ropes, coins, mind-reading and more. Materials are provided. Each child receives a magic kit. New tricks are taught each session.

**Location:** WCC Multi-Purpose C/D

**Min/Max:** 5/30

**Fee:** \$21R/\$26NR

RW21200-01 Th 1/17 6:45-7:40pm

RW21200-02 M 3/11 5-5:55pm

### Glitzy Girlz: A Date With A Unicorn

*Ages 3-9 (adult/child)*

Do you and your child love unicorns? Glitzy Girlz staff will give mini make-overs with unicorn headbands, hair sparkle and nail polish applications. Each couple will decorate a wooden photo frame with unicorn embellishments and jewels before designing a beautiful beaded bracelet adorned with a unicorn charm. A date sure to be full of fantasy and fun!

**Location:** WCC Multi-Purpose C

**Min/Max:** 7/25

**Fee:** \$33R/\$41NR

RW21243-01 F 2/22 6:30-7:45pm



### Winter Blues Pajama Spa Night

*Ages 5-11*

Dress in your favorite pajamas and join Glitzy Girlz for a night out to beat the winter blues.

Learn how to pamper yourself.

Glitzy Girlz staff will lead a

pedicure and manicure session with soaking, scrubbing, buffing, lotions and nail polish applications. Design a beaded dangle and bling it up. Decorate a cute canvas accessory bag to hold the nail polish and jewelry you will be taking home.



**Location:** WCC Multi-Purpose C

**Min/Max:** 7/25

**Fee:** \$30R/\$38NR

RW21224-01 F 1/25 6:30-8pm



### Valen-Slime

*Ages 6-12*

Have the slime of your life making Valentine's Day themed slime! Customize your slime in the concoction center to smell like gourmet chocolates, fresh cut roses, or chocolate covered strawberries. Then color it to be vibrant with the colors known for Cupid's Day. Speaking of Cupid, stop his arrow from coming your way by using your batch of slime to capture him in the act as we play a slime-y Valentine game. A snack will be served and children will take their slime home.

**Location:** WCC Multi-Purpose C

**Min/Max:** 6/12

**Fee:** \$23R/\$29NR

RW21240-01 F 2/8 6-7pm

### Ultimate Classes & Parties: Sweets & Treats

*Ages 3-12 (adult/child for ages 3-5)*

Practice your artistic skills and decorate an entire tray of special cookies and cupcakes. Use a variety of frosting colors as well as a wide array of sprinkles and toppings. Add a candy border to finish your special masterpiece. Each child will go home with enough goodies to feed the entire family. This is a perfect class for anyone who loves goodies. Instructor will provide aprons to protect clothing. Please note that ingredients will include common food allergens.

**Location:** WCC Multi-Purpose C

**Min/Max:** 12/20

**Fee:** \$34R/\$43NR

RW21242-01 F 3/15 6:30-7:30pm





### Bricks 4 Kidz®: Jr. Engineering - Laws of Motion

*Ages 5-10*

Who says physics is boring? Test out some of Sir Isaac Newton's Laws of Motion with amusement park models that illustrate the concepts of inertia, force, mass, acceleration, and the observation that every action has an equal and opposite reaction. Construct different moving models each week that incorporate beams, gears, axles, motors, battery packs and other technic LEGO® components. Each model build relates to the key terms and concepts that are discussed during our lesson that day.

**Location:** WCC Multi-Purpose C

**Min/Max:** 8/18

**Fee:** \$60R/\$75NR

RW21208-01

Th

2/7-2/28

5-6pm

### Bricks 4 Kidz®: Mining & Crafting Camp

*Ages 6-10*

Experience the exciting world of Minecraft®. This camp takes a whole lot of LEGO® Bricks, a background in STEM, children's natural creativity and inspiration from the popular game to build a week of learning fun. From pigs, Mooshrooms and chickens to mine carts, zombies and skeletons, explore and build different stories using LEGO® bricks. Craft shelters, mob characters, critters and tools. Build models and craft key elements from the popular Minecraft® game while facing new challenges each day. Specialized model plans incorporate beams, gears, axles, motors, battery packs and other LEGO® Technic components. Campers will construct one-of-a-kind Minecraft® models. All miners and crafters will go home with a custom mini-figure.

**Location:** WCC Multi-Purpose C

**Min/Max:** 8/20

**Fee:** \$180R/\$225NR

RW21239-01

M-F

3/25-3/29

9am-Noon

### Bricks 4 Kidz®: Jr. Robotics & Coding

*Ages 7-10*

Coding is an important part of 21st century learning. Bricks 4 Kidz® Jr. Robotics & Coding offers all the fun of building with LEGO® bricks plus the challenge of computer programming using drag and drop icon based software. The updated WeDo 2.0 software features Bluetooth technology which allows creations to be controlled wirelessly and teaches programming in an intuitive way. Bring your creations to life while sharpening your computational thinking skills like logical reasoning, pattern recognition, and modeling simulations. This action packed class combines real-life skills with real-kid fun!

**Location:** WCC Multi-Purpose C

**Min/Max:** 8/14

**Fee:** \$64R/\$80NR

RW21210-01

Tu

1/8-1/29

5-6pm

### Bricks 4 Kidz®: EV3 Coding & Robotics

*Ages 9-14*

Experience the cutting edge of technology with the introduction of LEGO® MINDSTORMS EV3 Robotics. Incorporate the newest generation of motors, sensors and software by programming your commands directly into the intelligent brick. Put your abilities to the test as you construct and code EV3 MINDSTORM LEGO® machines. The endless list of one-of-a-kind builds provides the complete fundamental components of robotics at best.

**Location:** WCC Multi-Purpose C

**Min/Max:** 8/12

**Fee:** \$80R/\$100NR

RW21228-01

Sa

2/9-3/2

10-11:30am





**Computer Explorers: Robot Academy**

*Ages 4-6*

Meet a different member of the robot team each week - C.A.P., Roamer, Colby, Bee-Bot and Speedy. Work in teams to plan a trip through a maze, make music, and draw shapes while learning about coding and programming. If at first you don't succeed, try, try again! No class January 21.

**Location:** WCC Multi-Purpose C **Min/Max:** 6/12  
**Fee:** \$70R/\$88NR

RW21233-01 M 1/14-2/11 6-7pm



**Computer Explorers: Detective Adventures**

*Ages 6-8*

Who stole the birthday cake? Practice your detective skills when the birthday cake disappears. Examine footprints, decide if frosting or paint is on a suspect's shirt, and check for fingerprints on the cake plate. Could Grandma be the hungry thief? Learn how a real detective works in this Private Investigator class.

**Location:** WCC Multi-Purpose C **Min/Max:** 6/10  
**Fee:** \$70R/\$88NR

RW21236-01 M 4/29-5/20 6-7pm

**Computer Explorers: MINDSTORMS Robotics**

*Ages 9-12*

Explore the world of engineering by building complex control systems using the NXT Intelligent Brick from LEGO®. Work in a team to build robots, brainstorm solutions, program them to accomplish tasks, respond to external stimuli, and overcome challenges such as navigation, avoiding and/or climbing over obstacles and moving objects. Control the robot with the NXT programming language. Get your brain in gear and your robots moving!

**Location:** WCC Multi-Purpose C **Min/Max:** 6/10  
**Fee:** \$104R/\$130NR

RW21234-01 M 2/25-3/18 6-7:30pm

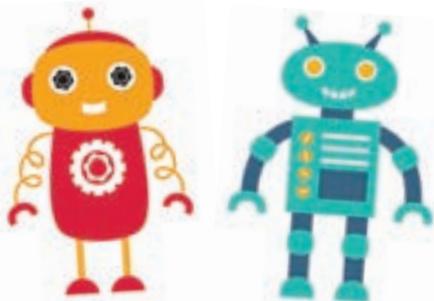
**Computer Explorers: Project Animation - Look Who's Talking**

*Ages 8-12*

Do you have what it takes to develop the next Disney/Pixar animated blockbuster? Work with a partner and learn what it takes to be a 3D animator as you explore the software that brings characters and images to life. Discover how E-Trade Baby talks, how Annoying Orange was created, and other animation secrets.

**Location:** WCC Multi-Purpose C **Min/Max:** 6/12  
**Fee:** \$104R/\$130NR

RW21235-01 M 4/1-4/22 6-7:30pm



**WE CHANGE THE WAY YOU SMILE**

**Alpine Creek DENTAL**

**630-941-9299**  
www.alpinecreekdental.com

360 North York Street,  
Elmhurst, IL 60126

### TinkRworks: 3D Design & Printing

*Ages 7-10*

Imagination meets production in this hands-on course. Learn skills of design and digital making to take a design from idea to product before your very eyes. Class activities will focus on prototyping technologies including 3D printing. Freehand sketch and edit design dimensions before converting your sketches to software for fabrication. Learn and perfect your TinkerCAD skills to create 3D printable models. By the end of the session, you will create a diorama using your own elements and will watch your creations come to life in 3D. TinkRers will take home what they create.

**Location:** WCC Multi-Purpose C

**Min/Max:** 8/16

**Fee:** \$352R/\$440NR

RW21237-01      W      1/9-3/20      5:15-6:15pm

### TinkRworks: Game Design with Scratch

*Ages 9-12*

Learn all about computer programming using Scratch, a drag-and-drop programming language developed by MIT. Discover the basics of computer programming, including how to use loops and develop algorithms, while creating unique and amazing animation and game projects that you can share with your family and friends online. Develop anything from retro games such as pong and quiz games or games where players have to solve a maze. Join us to scratch that coding itch!

**Location:** WCC Multi-Purpose C

**Min/Max:** 8/16

**Fee:** \$352R/\$440NR

RW21238-01      W      1/9-3/20      6:20-7:20pm

### CEO Critical Thinking Lab

*Ages 7-12*

Through highly motivating dramatizations and games like Toothpaste Turtle, Corner Office, Cotton Candy Catastrophe, and The Case of the Balloon Bouquet Robber, children will learn how to problem solve using many unique methods. Critical thinking is the foundation of education and life skills development. This is an important executive function to foster in children to help them make decisions independently with confidence. Being able to identify a problem and evaluate when something is right or wrong is one of the best gifts you can offer your child. While critical thinking skills may take many years to develop, this will be a transformational kick-off. This Lisa Lombardi Coaching Inc. class can boost self-esteem, confident communication, creativity, and a child's group dynamic skills. All levels of critical thinkers are welcome.

**Location:** WCC Multi-Purpose C

**Min/Max:** 6/15

**Fee:** \$23R/\$29NR

RW21241-01      Th      3/7      6-7pm



# FAMILY OPEN SWIM



**FREE TO ALL SEASON POOL PASS HOLDERS & COURTS PLUS MEMBERS**

Bring your family for a fun-filled time at York High School's swimming pools! This FREE program is part of a cooperative agreement between Elmhurst School District 205 and the Elmhurst Park District. Lap swimming, open swim and diving boards will be available!

**SUNDAYS 1-4PM**  
YORK HIGH SCHOOL

**DECEMBER 2**  
**JANUARY 13 & 27**  
**FEBRUARY 10 & 24**  
**MARCH 3 & 24**  
**APRIL 7**

**Few friendly reminders:**

- Children under the age of 9, or those in a life jacket, must be supervised by an adult (ages 16 yrs or older). The adult must be in a bathing suit, in the water, within an arm's length of the child at all times.
- No groups over 20 will be permitted without prior approval.
- Must present valid Courts Plus ID/Season Pool Pass/Punch Pass to enter.

For more information, call (630) 993-4724 or email [jkalwat@epd.org](mailto:jkalwat@epd.org)

**COURTS PLUS**  
MY COMMUNITY. MY FITNESS CENTER.

**ELMHURST PARK DISTRICT**  
**AQUATICS**



#elmhurstparkdistrict #havingfun



## FUN FOR ADULTS 🔍

### Recreating the Masters

*Ages 18 and up*

Art Schools have for many years encouraged students to copy the works of Masters as a way to experience the techniques and colors they used. We will be doing the same! Everyone can do this and you will amaze yourself! We will work in acrylics, on canvas. All materials will be provided, as well as information about the artist, their life and other works. January's painting will be a winter landscape by Mikel Wintermantel, February's will be *Rose* by Georgia O'Keeffe and in March you'll recreate *The Pond of the Jas de Bouffan* by Paul Cezanne.

**Location:** The Abbey

**Min/Max:** 8/14

**Fee:** \$16R/\$21NR

|            |   |      |              |
|------------|---|------|--------------|
| RW01308-01 | M | 1/14 | 9:30-11:30am |
| RW01309-01 | M | 2/11 | 9:30-11:30am |
| RW01310-01 | M | 3/18 | 9:30-11:30am |



### Sip & Sew - Beginner Sewing for Adults

*Ages 21 and up*

If you want to learn to sew or refresh your sewing skills in a positive, fun, stress-free and creative environment, this class is for you! At Shawn Sargent

Designs you will learn machine basics, get comfy using different stitches and guides, play with materials to create simple projects and build a nice foundation to use on your own for any project. Projects may include pillow covers, bags, table linens, piecing and upcycling. No experience necessary. All supplies included. Bring your favorite beverage (optional) and your sewing machine (we'll store it) or use one of ours. This is a cooperative program with the Glen Ellyn Park District and will be held at Shawn Sargent Designs (501 Pennsylvania Ave., Glen Ellyn).

**Location:** Shawn Sargent Designs

**Min/Max:** 4/4

**Fee:** \$230R/\$298NR

|            |    |          |          |
|------------|----|----------|----------|
| RW01318-01 | Tu | 2/5-3/12 | 7-8:30pm |
|------------|----|----------|----------|



### Learn Your Letters: Intro to Hand Lettering

*Ages 18 and up*

Want to learn the art of beautiful hand lettering? Learn to use a variety of tools, the correct way to hold your markers and much more! You will

receive a 20-page workbook, 2 Tombow Dual Brush markers, one Crayola marker and a digital download of the workbook to print and practice over and over again! We will also create a piece of art using watercolor effects. This is a cooperative program with the Glen Ellyn Park District and class will be held at Spring Ave. Recreation Center (185 Spring Ave., Glen Ellyn).

**Location:** Spring Ave. Recreation Center

**Min/Max:** 4/4

**Fee:** \$63R/\$93NR

|            |    |     |          |
|------------|----|-----|----------|
| RW01319-01 | Sa | 3/9 | 11am-1pm |
|------------|----|-----|----------|



### Learn Your Letters: Crayola Lettering

*Ages 18 and up*

You can create beautiful works of art using Crayola! In this workshop, you will be introduced to brush lettering and receive simple Crayolas, a 10-page workbook to practice your lettering skills and your final piece of art to take home. This is a cooperative program with the Glen Ellyn Park District and class will be held at Spring Ave. Recreation Center (185 Spring Ave., Glen Ellyn).

**Location:** Spring Ave. Recreation Center

**Min/Max:** 4/4

**Fee:** \$50R/\$75NR

|            |    |     |       |
|------------|----|-----|-------|
| RW01320-01 | Sa | 3/9 | 2-4pm |
|------------|----|-----|-------|



### Healthy Living for Your Brain and Body: Tips from the Latest Research

*Ages 50 and up*

For centuries, we've known that the health of the brain and the body are connected. But now, science is able to provide insights into how to make lifestyle choices that may help you keep your brain and body healthy as you age. Join us to learn about research in the areas of diet and nutrition, exercise, cognitive activity and social engagement, and hands-on tools to help you incorporate these recommendations into a plan for healthy aging. Presented by the Alzheimer's Association, this program is FREE to attend but pre-registration is required. Please visit [alz.org/illinois](http://alz.org/illinois) or call 847-933-2413 to reserve your spot.

**Location:** The Abbey



|   |      |                  |
|---|------|------------------|
| F | 1/18 | 10:30-11:30 a.m. |
|---|------|------------------|

### American Heart Association Heartsaver CPR

Heartsaver CPR will cover first responder as a lay rescuer. This class will cover skills needed for adult, child and infant CPR. You will gain a two year certification through the successful completion of this class.

**Location:** Courts Plus

**Min/Max:** 4/7

**Fee:** \$45M/\$55NM

|            |    |      |              |
|------------|----|------|--------------|
| EW11209-01 | Sa | 2/23 | 10am-12:30pm |
|------------|----|------|--------------|

## REGISTER FOR fun TODAY! 🔍

Find your fun! Register for a program or paid special event through our online registration system at [www.epd.org](http://www.epd.org). Simply log in, click on the category you are looking for or search using the first seven digits of the program code and you are on your way. Register today!



# LAPIDARY ARTS

Classes in lapidary instruction are staffed by members of the West Suburban Lapidary Club. Members of the WSLC receive resident rates on programs and must show their membership card at registration. For additional information, visit: [WestSuburbanLapidaryClub.com](http://WestSuburbanLapidaryClub.com). For complete supply lists visit: [www.epd.org/programs/arts-lapidary](http://www.epd.org/programs/arts-lapidary).

## Silversmithing

*Ages 16 and up*

The beginner silversmith will work with copper and sterling silver to learn techniques including chasing, sawing, filing, soldering and polishing. Each student has the opportunity to complete a band ring, pair of earrings or pendant. Returning students who have satisfactorily completed the beginning course requirements may work on other projects with the approval of the instructors. Silver, extra copper and stones must be purchased, as needed, for each project at an additional fee. Students may be permitted to repeat classes provided their activity is consistent with regular class routine. Students must furnish their own basic tools or purchase (\$37) them the first night of class. Please go to [www.WestSuburbanLapidaryClub.com](http://www.WestSuburbanLapidaryClub.com) (click on School) for more information on projects and required tools. A detailed supply list can also be found at [www.epd.org/programs/adult](http://www.epd.org/programs/adult).

**Location:** Crestview Park Recreation Building

**Min/Max:** 5/10

**Fee:** \$45R/\$56NR

RW01300-01 M 2/4-3/4 7-9pm

## Cutting & Polishing Stones

*Ages 16 and up*

This class is designed for all levels of experience. Beginners will learn to cut and polish various shapes. Returning students who have satisfactorily completed the beginning course requirements may work on other projects with the approval of the instructors. Some material will be available for purchase. The fee includes a protective apron and stones. Please go to [www.WestSuburbanLapidaryClub.org](http://www.WestSuburbanLapidaryClub.org) (click on School) for more information on projects and required tools.

**Location:** Crestview Park Recreation Building

**Min/Max:** 5/8

**Fee:** \$45R/\$56NR

RW01301-01 Tu 2/5-3/5 7-9pm

## Wire Jewelry

*Ages 16 and up*

Create beautiful custom jewelry using wire, beads and cabochons. No solder, glue, fire, machinery or dangerous chemicals will be used. You will learn basic wire jewelry techniques including hand tool usage, wirewrap, use of wire jig, making components, adding beads and cabochons. You will create rings, chains, bracelets and earrings with and without stones or beads. Wire, stones and beads must be purchased, as needed, for each project at an additional fee. Students may be permitted to repeat classes and work on more advanced techniques provided their activity is consistent with regular class routine. Students must furnish their own basic tools (file, pliers, etc.) or purchase (\$36) them the first night of class. Please go to [www.WestSuburbanLapidaryClub.org](http://www.WestSuburbanLapidaryClub.org) (click on School) for more information on projects and required tools. A detailed supply list can also be found at [www.epd.org/programs/adult](http://www.epd.org/programs/adult).

**Location:** Crestview Park Recreation Building

**Min/Max:** 5/10

**Fee:** \$40R/\$50NR

RW01302-01 W 2/6-3/6 7-9pm

## ADOPT PARK

The Adopt-A-Park Program is designed to encourage the community to work hands-on to help keep Elmhurst's parks clean, safe, and attractive through debris pick-up and landscape suggestion. This program offers the opportunity for people to get more involved in their community in a way that promotes civic pride, appreciation and awareness. **For more info, contact Pat O'Neill at (630) 993-8924.**



## ENVIRONMENTAL SERVICE PROJECTS

Perfect for a family member or group that needs service hour credits or would just like to help preserve and protect Elmhurst's natural heritage. Work may include cleanups, invasive plant removal, planting, monitoring, animal habitat construction, and seed collection. Opportunities exist at Berens, Eldridge, Wild Meadows Trace Parks and the Salt Creek Greenway. **For more information call (630) 993-8909.**

## THE GREAT WESTERN PRAIRIE NEEDS YOU!



Located between Spring Road and Salt Creek, just north of the Prairie Path, this remnant of an early Illinois grass prairie survives with the efforts of local stewards and community support. Keep this part of Elmhurst's and Illinois' natural history thriving! Activities include invasive weed and brush control, planting and seed collection.

Individuals and groups are welcome. Join the team Saturday mornings on the third Saturday of each month. **For more information please visit [www.epd.org/volunteer](http://www.epd.org/volunteer).**







# HAVE *fun* THIS SUMMER!

- Be part of a great team
- Learn valuable skills
- Competitive pay
- Free Courts Plus membership
- Free pool membership
- Training reimbursement available and bonuses/incentives
- Flexible scheduling
- Great addition to your college application and resume
- Most importantly...MAKE A DIFFERENCE!

We're hiring:

- Lifeguards
- Swim Instructors
- Guest Services Staff

*Visit [www.epd.org](http://www.epd.org) to apply today!*



For more information, call (630) 993-4724 or e-mail [aquatics@epd.org](mailto:aquatics@epd.org)



# EXPLORE!

Find your fun on a trip! Trip registration is taken on a first-come, first-served basis. You may register for trips at any time. Refunds are made only if the space can be filled. If enrollment is low or if trips are cancelled, participants are notified and all money is refunded. All trips depart from The Abbey, 407 W. St. Charles Rd., unless indicated otherwise. Please park in the west lot. Come a few minutes early to check in inside The Abbey and receive any materials needed for the day. Staff reserves the right to change the type of bus used on the trip. Return times are approximate.

## WALKING KEY



### Extended Travel with American Classic Tours

The Elmhurst Park District has partnered with American Classic Tours to offer a variety of overnight travel options throughout the year. All trips are available for travelers ages 55 and older and pricing includes home pick up and drop off service, transportation, deluxe hotel accommodations, most meals, all attractions, sightseeing tours & admission charges, taxes, gratuities, luggage handling, trip insurance and the services of an experienced American Classic Tour director. A detailed itinerary including pricing and a registration form for each trip is available at The Abbey and online at: [www.epd.org/programs/trips](http://www.epd.org/programs/trips). All registration and payments will be handled directly by American Classic Tours.

#### Southern Caribbean Cruise with Holland America

January 22-February 3, 2019

#### Kentucky Bluegrass Beauty & Ark Encounter

April 8-12, 2019

#### Lake Michigan Summer: Ferry, Blueberries & Dunes

July 30-August 1, 2019

#### Agawa Canyon

September 24-28, 2019

#### Hallmark Christmas & Kansas City Holiday Lights

December 3-6, 2019

### Mike Valentine & The Heartbeats

*Ages 18 and up*

**Thursday, January 31, 11 am-3:30 pm**

Warm up this winter with this rockin' oldies tribute show with an open dance floor. Lunch will be served before the show and will consist of homemade cheese ravioli, meatballs, bread and a cannoli for dessert. Water, soda, tea and coffee are included with the meal. Fee includes transportation to The Arcada Theatre in Saint Charles, lunch and show. This is a cooperative trip with the Glen Ellyn Park District and we will be using their bus for transportation. Registration deadline is December 19.

**Code:** RW20315-01

**Fee:** \$64R/\$69NR

### Starved Rock - Discover the Eagles Trolley Tour

*Ages 18 and up*

**Tuesday, February 5, 9 am-5 pm**

Each year, the American Bald Eagle flocks to Starved Rock to feed on fish at the Lock and Dam. Illinois is second only to Alaska for eagle watching! Grab your binoculars and warm clothes and join us as we try to get a glimpse of these majestic birds in their natural environment. We'll begin our day with a delicious hot lunch at the Starved Rock Lodge. Next, we'll board a trolley with our own tour guide for a scenic ride in search of eagles. An eagle presentation at the Illinois Waterway Visitor Center is also included. Fee includes bus transportation, lunch, trolley tour, guide and presentation. This is a cooperative trip with the Glen Ellyn Park District. Registration deadline is January 18.

**Code:** RW20317-01

**Fee:** \$69R/\$74NR



## The Producers

*Ages 21 and up*

**Wednesday, February 20, Noon-5 pm**

Under the right circumstances, a producer could make more money with a flop than he could with a hit. And so begins one of the most hilarious cons in musical theatre history. Max Bialystock used to be the king of Broadway, but after producing one too many flops, he's now just a has-been. After an off the cuff comment from his accountant Leo Bloom, dollar signs go off over his head. With the reluctant help from Bloom, Max goes in search of the worst musical ever. Will it be a flop? It better, or they might find themselves in prison. The Producers is an uproariously funny musical with hilarious songs that will have you grinning from ear to ear throughout. Nobody does comedy like Mel Brooks, and nobody does shows like the Paramount. Fee includes ticket to the show at Paramount Theatre and transportation. This is a cooperative trip with Glen Ellyn Park District and we will be using their bus. Registration deadline is February 6.

**Code:** RW20316-01

**Fee:** \$48R/\$53NR



## Hollywood Casino Joliet

*Ages 21 and up*

**Tuesday, February 26, 9:30 am-4 pm**

If you're looking for the latest games in all of your favorite denominations, you'll love playing at Hollywood Casino. With over 1,100 slot machines, as well as a fantastic selection of table games and video poker, you're sure to walk away a winner. Participants can stop for lunch at The Epic Buffet or grab a quick bite at Take Two Deli or 99 Hops House. This is a cooperative trip with the Glen Ellyn Park District and we will be using their bus for transportation. Registration fee includes transportation only. All gambling and food/beverage purchases are on your own. Bus will depart from and return to MaryKnoll Park (845 Pershing Ave., Glen Ellyn). Registration deadline is February 19. Valid photo ID required at the casino.

**Code:** RW20320-01

**Fee:** \$10R/\$15NR



## The Chocolate Sanctuary

*Ages 21 and up*

**Tuesday, March 5, 10:30 am-2 pm**

Celebrate Fat Tuesday with a trip to The Chocolate Sanctuary in Gurnee. Opened in 2015, The Chocolate Sanctuary celebrates the cocoa bean in its many forms. Menu selections include a variety of beautifully plated main courses, appetizers, drinks and desserts that incorporate the restaurant's namesake ingredient. We will be enjoying a salad to start our lunch (complete with cocoa-candied bacon and chocolate vinaigrette dressing). You'll then select your entree from a menu created just for our visit. Finally, we'll indulge in the Chef's choice of mini desserts, all with a chocolate flair. There will also be time to check out the boutique with cocoa-inspired gift items including housemade chocolates, handcrafted jewelry with freshwater pearls, massage oils, candles, and much more. Fee includes transportation, lunch and coffee or hot tea. Registration deadline is February 15.

**Code:** RW20319-01

**Fee:** \$44R/\$49NR



## Milwaukee Fish Fry Tour

*Ages 21 and up*

**Friday, March 29, 9 am-5 pm**

We'll begin our day with a docent-led tour of one of Milwaukee's beautiful Catholic Churches. Afterwards, we'll take to the streets with two stops for generously portioned half-sized classic Milwaukee fish fries, along with all of the sides and fixings. We'll also visit a brewery for a tour and two beers to celebrate the original Milwaukee beer brewers that helped make the fish fry what we know today. Our last stop will include celebrating another staple - frozen custard! This trip involves a significant amount of walking and getting on and off of the bus. Fee includes transportation, tour guide, church and brewery tours, and all samples (fish fry, beer and custard). This is a cooperative trip with the Glen Ellyn Park District. Registration deadline is March 17.

**Code:** RW20318-01

**Fee:** \$99R/\$104NR



## STAY UP TO DATE

Keep connected with  
Park District news and updates!

Sign up at [epd.org](http://epd.org) or email us at  
[communication@epd.org](mailto:communication@epd.org)






# BIRTHDAY PARTIES

The Elmhurst Park District offers many birthday party options for your child. With party packages available at many of our facilities and locations, you can relax while we create an unforgettable party experience. Leave the mess to us!

All parties include a staff leader who will supervise. Bring your cake and you're done! We can even cater your party experience with fun and healthy food.

**Be sure to visit our website at [www.epd.org](http://www.epd.org) for up-to-date pricing and full package descriptions.**

- Tee Party**  
This package includes one round of mini golf for each guest. For ages 3 and older. Available April-October.
- Splash Splash Bash**  
For ages 3 and older. This admission package includes admission into the spray ground for each guest. Available Memorial-Labor Day.
- Home Run Party**  
This party includes three batting cage tokens for each guest. For ages 6 and older. Available April-October.

## PARTIES AT COURTS PLUS

(630) 993-8186 or [rentals@epd.org](mailto:rentals@epd.org)

- Climbing Wall Party**  
Climb Mt. Endeavor and enjoy the view, then have fun in your private party room at Courts Plus. This two-hour party for ages 6 and up features one hour on the climbing wall and one hour in the party room with games.

## PARTIES AT THE HUB

(630) 993-8967 or [ajuricic@epd.org](mailto:ajuricic@epd.org)

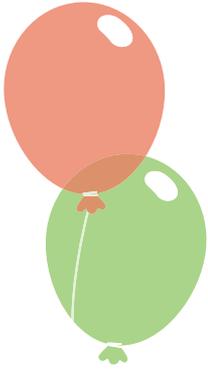
**All parties include use of the multipurpose room and a pizza or hot dog meal for each guest.**

### The Mega Bash

This package includes a round of mini golf, time to splash around in the spray ground and two tokens for the batting cages for each guest. For ages 6 and older. Available Memorial-Labor Day.

### Tee Party & Home Run Party

This two-hour party includes two batting cage tokens and one round of mini golf for each guest. For ages 6 and older. Available April-October.



- Kids Plus Party**  
Have your themed party with crafts, games and fun in our kid-friendly space at Courts Plus. Choose from one of our party themes, such as Princess Pizzazz, Super Hero Adventure, Creative Adventure, and Muscle Magic, or create your own theme. Two-hour party is geared towards ages 1-6.

## SWIMMING POOL PARTIES

(630) 993-4724 or [aquatics@epd.org](mailto:aquatics@epd.org)

### Outdoor Pool Party

A birthday party at Norman P. Smalley or East End Pool will be a party your child will never forget! Pool birthday parties include unlimited open swim time, t-shirt for the birthday child, and two hours in a reserved area for eating and gifts. Call for information on available food packages. Available June 10-August 11, 2019.

# CREATIVE PLAY

## Tinker Toddler Time

*Ages 12-27 mos. (adult/child)*

Tinker Toddler Time provides the perfect semi-structured environment for your child to learn and explore with the comfort of a parent or caregiver guiding the way. Activities include arts & crafts, music & movement, stories, songs and individualized play. The Tinker Toddler Time program is carefully designed to provide age-appropriate experiences that enhance gross and fine motor development and social skills. Family handbook available online. No class January 21, February 18 and March 25-29.

**Location:** WCC Classroom 1

**Min/Max:** 10/12

|            |    |           |              |                |
|------------|----|-----------|--------------|----------------|
| RW07100-01 | M  | 1/7-5/13  | 9-10:30am    | \$173R/\$216NR |
| RW07100-02 | Tu | 1/8-5/14  | 9:15-10:45am | \$194R/\$243NR |
| RW07100-03 | W  | 1/9-5/15  | 9:15-10:45am | \$194R/\$243NR |
| RW07100-04 | Th | 1/10-5/16 | 9:15-10:45am | \$194R/\$243NR |
| RW07100-05 | F  | 1/11-5/17 | 9:15-10:45am | \$194R/\$243NR |

## Huggy Bear Twos

*Ages 22-34 mos. (adult/child)*

Huggy Bear Twos encourages children and their caring adults to enjoy a unique learning and play experience. Weekly themes capture the interest of children and adults as they explore the Huggy Bear Twos classroom. Activities include arts & crafts, music, movement, games, songs, stories and imaginative play. Family handbook available online. No class March 26-29.

**Location:** WCC Classroom 4

**Min/Max:** 10/12

**Fee:** \$194R/\$243NR

|            |    |           |           |
|------------|----|-----------|-----------|
| RW07101-01 | Tu | 1/8-5/14  | 9:30-11am |
| RW07101-02 | Th | 1/10-5/16 | 9:30-11am |
| RW07101-03 | F  | 1/11-5/17 | 9:30-11am |

## Amazing Animals

*Ages 12-22 mos. (adult/child)*

Alligators, birds, elephants, zebras! Discover the animal world through arts & crafts, sensory play, stories, music and movement. Develop gross motor skills as we move like animals throughout the classroom. Expand your vocabulary as we hear and mimic animal sounds. Explore animal textures like rough, smooth, furry, or hairy with touch and feel sensory experiences. Celebrate what makes animals unique. Different animals will be explored each week without the presence of live animals. No class March 28.

**Location:** WCC Classroom 1

**Min/Max:** 10/12

**Fee:** \$142R/\$178NR

|            |    |           |              |
|------------|----|-----------|--------------|
| RW07116-01 | Th | 1/10-5/16 | 12:15-1:15pm |
|------------|----|-----------|--------------|



## Color My World

*Ages 22-34 mos. (adult/child)*

Color recognition is one of the first educational concepts children learn. This colorful program will enhance your child's appreciation for color as they create unique, colorful artwork and explore the color wheel through stories, songs and games. Each class celebrates a new color. The schedule of color days is provided at the first class. No class February 18 and March 25.

**Location:** WCC Classroom 4

**Min/Max:** 10/12

**Fee:** \$94R/\$118NR

|            |   |           |              |
|------------|---|-----------|--------------|
| RW07115-01 | M | 1/28-4/29 | 12:15-1:15pm |
|------------|---|-----------|--------------|

## Just Me Alone

*Ages 24-32 mos.*

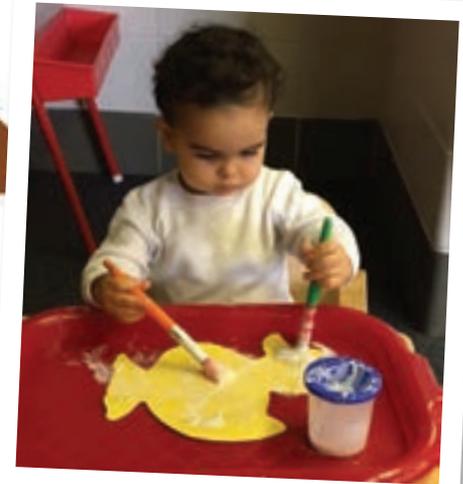
Paint, play and explore! Just Me Alone allows children to take the leap from adult/child classes to taking classes independently. Children will dabble in art, move and groove to music, partake in sensory experiences and enjoy story time. Pull-ups are permitted; parent/caregiver must be available to change within fifteen minutes. Family handbook and student information forms available online. No class March 26.

**Location:** WCC Classroom 3

**Min/Max:** 10/12

**Fee:** \$95R/\$119NR

|            |    |          |              |
|------------|----|----------|--------------|
| RW07124-01 | Tu | 2/5-4/30 | 12:15-1:15pm |
|------------|----|----------|--------------|



## REGISTER FOR fun TODAY!

Find your fun! Register for a program or paid special event through our online registration system at [www.epd.org](http://www.epd.org). Simply log in, click on the category you are looking for or search using the first seven digits of the program code and you are on your way. Register today!



ENRICHMENT & EDUCATION 🔍

**Wee Threes**

32-40 mos. as of September 1, 2018

Children will explore, discover, and learn as they partake in individual, small and large group experiences. Classroom centers and activities are carefully designed and selected to encourage learning through play, socialization, and the development of gross and fine motor skills. Pull-ups are permitted; however, a parent/caregiver must be available to change within fifteen minutes. Family handbook and student information forms available online. No class January 21, February 18, and March 25-28. *Please call for availability. Registration is now open at the Wagner Community Center.*

**Location:** WCC Classroom 2 **Min/Max:** 12/14

|            |    |           |         |                   |
|------------|----|-----------|---------|-------------------|
| RF07114-01 | M  | 1/7-5/20  | 9-11 am | \$258.40R/\$323NR |
| RF07114-02 | Tu | 1/8-5/14  | 9-11 am | \$273.38R/\$342NR |
| RF07114-04 | Th | 1/10-5/16 | 9-11 am | \$273.38R/\$342NR |

**Superhero Academy**

Ages 3-5

Dress as your favorite superhero and perfect your powers at Superhero Academy. Develop x-ray vision, complete the superhero dash, pass the Kryptonite, and catch villains to protect the Wagner Community Center. Visit the superhero refueling station to fill your belly with pizza and juice before earning your superhero cape and completing the final rescue mission of the evening.

**Location:** WCC Sunbeams & Rainbows Room **Min/Max:** 12/16

**Fee:** \$25R/\$31NR

|            |   |     |             |
|------------|---|-----|-------------|
| RW07109-01 | F | 2/1 | 5:30-7:30pm |
|------------|---|-----|-------------|

**Enchanted Princess Party**

Ages 3-5

Dress as your favorite princess and experience royal life at the Enchanted Princess Party. Pass the magic wand, find Cinderella's glass slipper, decorate a crown and hunt for princess jewels. Dine on pizza and juice before dancing the night away at the royal freeze dance ball.

**Location:** WCC Sunbeams & Rainbows Room **Min/Max:** 12/16

**Fee:** \$25R/\$31NR

|            |   |     |             |
|------------|---|-----|-------------|
| RW07110-01 | F | 3/8 | 5:30-7:30pm |
|------------|---|-----|-------------|

**Pirate Adventures**

Ages 3-5

Walk the plank, pin the patch on the pirate, play musical islands and sink the ship to earn your pirate eye patch and bandanna. Fill your pirate belly with pizza and juice before embarking on a treasure hunt throughout the Wagner Community Center. Come aboard me pirate ship and sail into some fun.

**Location:** WCC Sunbeams & Rainbows Room **Min/Max:** 12/16

**Fee:** \$25R/\$31NR

|            |   |     |             |
|------------|---|-----|-------------|
| RW07108-01 | F | 4/5 | 5:30-7:30pm |
|------------|---|-----|-------------|

**S.T.E.M. Factory**

Create, arrange and explore with gears. Set off a chain reaction of fun using ramps, pendulums, hammers and unique objects. Get firsthand practice with S.T.E.M. concepts such as gravity, force and momentum. This action packed class will encourage avid S.T.E.M. investigators to explore, invent and conduct basic science experiments. No class March 5, 7, 26 and 28.

**Location:** WCC Sunbeams & Rainbows Room

**Min/Max:** 12/14

**Fee:** \$127R/\$159NR

Ages 3-4

|            |    |           |              |
|------------|----|-----------|--------------|
| RW07122-01 | Tu | 1/15-4/16 | 12:15-1:30pm |
|------------|----|-----------|--------------|

Ages 4-5

|            |    |           |              |
|------------|----|-----------|--------------|
| RW07122-02 | Th | 1/17-4/18 | 12:15-1:30pm |
|------------|----|-----------|--------------|

**WINTER fun!**  
SLED HILLS & ICE SKATING

Three lighted sled hills are available for use at Berens Park, Crestview Park and Eldridge Park, depending on appropriate snow conditions. A newly-renovated accessible junior sled hill is also available at Ben Allison Park. Plastic sleds, tubes, saucers and toboggans are permitted on the hills. Outdoor skating is allowed at Eldridge Lagoon when the ice reaches thickness of 8". Signs and a green flag are posted when lagoon is suitable for ice skating.

**BERENS PARK**  
493 N. OAKLAWN AVENUE

ACCESSIBLE JUNIOR HILL:  
**BEN ALLISON PARK**  
444 S. WEST AVENUE

**CRESTVIEW PARK**  
245 E. CRESTVIEW AVENUE

**ELDRIDGE PARK**  
363 W. COMMONWEALTH LANE

**Status of each of the sled hills and lagoon will be communicated via the Rainout Hotline.**

Go to [www.epd.org](http://www.epd.org) for information on how to download the app, call for information or sign up for text/email alerts.

# MUSIC & MOVEMENT

## Snowy Day Princess Dance Camp

*Ages 3.5-6*

Let it Snow! Keep your dancing princesses moving and singing in this winter-themed camp. Send your little dancer dressed as their favorite princess to learn a dance, build a crafty snowman and sing her heart out in a special sing-along. Join us for a performance of the dance at Noon. Dancers should wear ballet shoes or clean sneakers and bring a water bottle and a movie time snack.

**Location:** Wagner Community Center **Min/Max:** 6/14  
**Fee:** \$25R/\$31NR

|            |    |       |          |
|------------|----|-------|----------|
| RW06101-01 | Th | 12/27 | 9am-Noon |
|------------|----|-------|----------|

## Zumbini

*Ages 3 mos.-3 yrs.*

Perfect for our youngest Zumba® fans and their parent/caregivers who are looking to have some fun with their little ones! Take your tots on a musical journey filled with global rhythms and memorable lyrics they'll love to learn. Class is fun and energetic, with clapping, tapping, jumping, wiggling and giggling. Children sing, dance and move using their bodies, rhythmic instruments and scarves to encourage, develop and enhance their natural rhythm and musicality.

**Location:** Wagner Community Center **Min/Max:** 6/12  
**Fee:** \$88R/\$105NR

|            |    |           |               |
|------------|----|-----------|---------------|
| RW13107-01 | Th | 1/10-3/21 | 9:30-10:15am  |
| RW13107-02 | Th | 1/10-3/21 | 10:20-11:05am |
| RW13107-03 | Th | 1/10-3/21 | 11:15am-Noon  |
| RW13107-04 | Sa | 1/12-3/23 | 9:30-10:15am  |
| RW13107-05 | Sa | 1/12-3/23 | 10:20-11:05am |

## Tiny Tunes

Babies and toddlers, bring your favorite grown-up to our music and movement program to sing, learn finger play songs and dance. Whether your child wiggles, crawls or walks, we'll help stimulate musicality, language, physical and social development through age-appropriate activities with tambourines, maracas and jingle bells. Adults, look forward to a lively class led by an instructor who plays guitar and sings. You'll groove to the beat, make new friends and enjoy musical time with your tiny one!

**Location:** Wagner Community Center **Min/Max:** 5/12  
**Fee:** 77R/\$92NR

*Ages 11-24 mos.*

|            |    |          |              |
|------------|----|----------|--------------|
| RW13101-01 | Tu | 1/8-3/19 | 9:30-10:10am |
|------------|----|----------|--------------|

*Ages 20-36 mos.*

|            |    |          |               |
|------------|----|----------|---------------|
| RW13101-02 | Tu | 1/8-3/19 | 10:15-10:55am |
|------------|----|----------|---------------|

*Ages 6 mos.-5 yrs. (sibling class)*

|            |    |          |               |
|------------|----|----------|---------------|
| RW13101-03 | Tu | 1/8-3/19 | 11:00-11:40am |
|------------|----|----------|---------------|

## Tot Rock

*Ages 12-24 mos.*

Maracas and clackers and tambourines too; it's musical fun just for you! Tot Rock is a unique music and learning program designed specifically for 1 year olds. Each session focuses on a new educational theme that incorporates hand held instruments, play props, sensory integration, coordination exercises and socialization. Structured and unstructured time is included in each class. Sing, dance and play today!

**Location:** Wagner Community Center **Min/Max:** 4/14

|            |   |           |             |              |
|------------|---|-----------|-------------|--------------|
| RW13105-01 | F | 1/18-2/15 | 9:15-9:55am | \$42R/\$50NR |
| RW13105-02 | F | 3/1-3/22  | 9:15-9:55am | \$34R/\$41NR |

## Kid Rock

Make it a musical day! Kid Rock is a music and movement program designed to stimulate development through interactive play. Fine and gross motor skills are improved through imagination exercises, and by using rhythm instruments and movement props such as tambourines, maracas, scarves and a parachute. Presented in a structured format, Kid Rock encourages cooperation and following directions. Each session focuses on a new educational theme. Sing, dance and play today! (Kid Rock I is for 2 year olds with adult, Kid Rock II is for 3-5 year old without adult, Kid Rock III is for siblings ages 18 mos.-5 yrs. with adult.)

**Location:** Wagner Community Center **Min/Max:** 4/12

*Kid Rock I - Ages 24-36 mos. (adult/child)*

|            |   |           |            |              |
|------------|---|-----------|------------|--------------|
| RW13102-01 | F | 1/18-2/15 | 10-10:40am | \$42R/\$50NR |
| RW13102-02 | F | 3/1-3/22  | 10-10:40am | \$34R/\$41NR |

*Kid Rock II - Ages 3-5*

|            |   |           |               |              |
|------------|---|-----------|---------------|--------------|
| RW13103-01 | F | 1/18-2/15 | 10:45-11:25am | \$42R/\$50NR |
| RW13103-02 | F | 3/1-3/22  | 10:45-11:25am | \$34R/\$41NR |

*Kid Rock III - Ages 18 mos.-5 yrs. (adult/child)*

|            |   |           |                 |              |
|------------|---|-----------|-----------------|--------------|
| RW13104-01 | F | 1/18-2/15 | 11:30am-12:10pm | \$42R/\$50NR |
| RW13104-02 | F | 3/1-3/22  | 11:30am-12:10pm | \$34R/\$41NR |





# SUNBEAMS & RAINBOWS

## Our Preschool Philosophy & Curriculum

Sunbeams & Rainbows preschool provides a safe and nurturing learning environment that embraces all children and their diverse learning styles, needs and interests. Our instructors offer unique learning experiences that are play-based, developmentally appropriate, and respectful of social, cultural, and linguistic diversity. We prepare preschoolers for elementary school and beyond by incorporating activities that promote social-emotional, physical, language and cognitive development.

Our curriculum is guided by The Creative Curriculum for Preschool by Teaching Strategies<sup>®</sup>, the Illinois Early Learning Guidelines for Children Birth to Age 3, and by the Illinois Early Learning and Development Standards with special attention to literacy, mathematics, science & technology, social studies, the arts and English language acquisition.



### TWO-YEAR-OLD PRESCHOOL

Sunbeams & Rainbows two-year-old preschool introduces children to developmentally appropriate, theme-based concepts through fun and exciting group and individual experiences. With an emphasis on social interaction, emotional growth and learning through play, children will explore, discover, and learn about the world around them. Pull-ups are permitted - parent/caregiver must be available to change within fifteen minutes.



### THREE-YEAR-OLD PRESCHOOL

Sunbeams & Rainbows three-year-old preschool introduces children to developmentally appropriate, theme-based concepts and unique learning studies. Cognitive, social, emotional as well as gross and fine motor skill development are emphasized through play-based activities. Child must be able to use the restroom independently; pull-ups not permitted.



### FOUR-YEAR-OLD PRESCHOOL

Sunbeams & Rainbows three-year-old preschool introduces children to developmentally appropriate, theme-based concepts and unique learning studies. Cognitive, social, emotional as well as gross and fine motor skill development are emphasized through play-based activities. Child must be able to use the restroom independently; pull-ups not permitted.



## 2019/2020 PROSPECTIVE FAMILY OPEN HOUSE WEDNESDAY, JANUARY 9 6:30-7:30 PM

Bring your child for hands-on activities, meet the teachers, view our six unique classrooms, learn about our philosophy and curriculum, and ask questions about the registration process. Each Sunbeams & Rainbows site will be hosting an Open House - visit one or all!

| Age as of 9/1/2019 | Location                | Days/Dates     | Time         | Annual Fee or Nine Installments                                |
|--------------------|-------------------------|----------------|--------------|--|
| 2                  | Eldridge Park           | MW, 9/4-5/13   | 9:30-11:30am | \$954R/\$1197NR Annually, or \$106R/\$133NR Nine Installments  |
| 2                  | Eldridge Park           | TuTh, 9/5-5/14 | 9:30-11:30am | \$954R/\$1197NR Annually, or \$106R/\$133NR Nine Installments  |
| 2                  | Wagner Community Center | MW, 9/4-5/13   | 9:30-11:30am | \$954R/\$1197NR Annually, or \$106R/\$133NR Nine Installments  |
| 2                  | Wagner Community Center | TuTh, 9/5-5/14 | 9:30-11:30am | \$954R/\$1197NR Annually, or \$106R/\$133NR Nine Installments  |
| 3                  | Butterfield Park        | TuTh, 9/3-5/14 | 9-11:15am    | \$1098R/\$1377NR Annually, or \$122R/\$153NR Nine Installments |
| 3                  | Crestview Park          | TuTh, 9/3-5/14 | 9-11:15am    | \$1098R/\$1377NR Annually, or \$122R/\$153NR Nine Installments |
| 3                  | Wagner Community Center | TuTh, 9/3-5/14 | 9-11:15am    | \$1098R/\$1377NR Annually, or \$122R/\$153NR Nine Installments |
| 3                  | Wilder Park             | TuTh, 9/3-5/14 | 9-11:15am    | \$1098R/\$1377NR Annually, or \$122R/\$153NR Nine Installments |
| 4                  | Butterfield Park        | MWF, 9/4-5/15  | 8:45-11:15am | \$1836R/\$2295NR Annually, or \$204R/\$255NR Nine Installments |
| 4                  | Crestview Park          | MWF, 9/4-5/15  | 8:45-11:15am | \$1836R/\$2295NR Annually, or \$204R/\$255NR Nine Installments |
| 4                  | Wagner Community Center | MWF, 9/4-5/15  | 8:45-11:15am | \$1836R/\$2295NR Annually, or \$204R/\$255NR Nine Installments |
| 4                  | Wilder Park             | MWF, 9/4-5/15  | 8:45-11:15am | \$1836R/\$2295NR Annually, or \$204R/\$255NR Nine Installments |

### FALL 2019/2020 REGISTRATION AND PAYMENT

Sunbeams & Rainbows 2019/2020 Registration Form is available online at [www.epd.org/programs/preschool](http://www.epd.org/programs/preschool).

|                      |     |   |
|----------------------|-----|---|
| Saturday, January 19 | 5pm | Registration application & fee deadline (lottery) |
| Monday, February 4   | 8am | Registration opens for all remaining spots        |

A copy of the child's birth certificate, DHS State of IL Certificate of Child Health Examination, a Student Information Form, and an Authorization & Consent Form must be submitted prior to the first day of class. Visit [www.epd.org](http://www.epd.org) after July 15 for Sunbeams & Rainbows class calendar, family handbook, required student paperwork, and orientation meeting schedule.



### FOR MORE INFORMATION

Contact the Early Childhood Coordinator at (630) 993-8922 ext. 5 or email [earlychildhood@epd.org](mailto:earlychildhood@epd.org).

### CURRENT 2018/2019 SCHOOL YEAR INFORMATION

If you are interested in preschool for the remainder of the 2018/2019 school year, please call (630) 993-8933 ext. 5 or email [earlychildhood@epd.org](mailto:earlychildhood@epd.org) to discuss availability.



## Before & After School Care

*Offered at All District #205 Elementary Schools*



**Conrad Fischer School**  
888 N. Wilson



**Edison School**  
246 Fair



**Emerson School**  
400 N. West



**Field School**  
295 Emroy



**Hawthorne School**  
145 Arthur



**Jackson School**  
925 Swain



**Jefferson School**  
360 E. Crescent



**Lincoln School**  
565 S. Fairfield

Rec Station is a cooperative program between the Elmhurst Park District and School District #205 for kindergarten through fifth graders needing before and after school care in a supervised setting. Kindergarteners will be accepted for either before school care (for morning sessions) or after school care (for afternoon sessions).

District #205 and the Elmhurst Park District are committed to providing quality care for your child, working together to make the school to day-care transition easy and fun.

Rec Station is relaxed and recreational in nature, providing a safe and fun environment. The experienced staff plans daily activities including arts and crafts, active games, group games and tournaments in addition to afternoon quiet time for homework.

To enroll your child, simply complete and return the Rec Station Registration Form (found online at [www.epd.org](http://www.epd.org)) to Wagner Community Center, 615 N. West Ave., Elmhurst, IL 60126.

### CONVENIENT

Available every school day right in your child's school.

### SAFE

Qualified Park District educational staff trained in CPR/AED who work in partnership with District #205.

### AFFORDABLE

Monthly billing with credit card auto-pay.

**For more information about Rec Station, or to inquire about current openings, please contact Angela Perry at [aperry@epd.org](mailto:aperry@epd.org) or call (630) 993-8678.**

*Imagine your event*



*at Wilder Mansion*

Take a vivid step back in time as you host an event amongst the elegance of the 1800s with the latest in 21st century amenities and comforts. With over 9,000 square feet of space, Wilder Mansion can entertain up to 250 guests and is available seven days a week, with rental packages that include use of the entire mansion or just specific rooms. Four ballrooms are available, plus adjoining lounges and a bride's room. This historic venue is the perfect location for your wedding, party, birthday, anniversary, corporate meetings, or special event.

**Schedule your visit today!**

Contact us at (630) 993-8186 or visit [wildermansion.org](http://wildermansion.org).  
211 S. Prospect, Elmhurst, Illinois

- 9,000 square feet of space
- Up to 250 guests
- Tables & Chairs
- Bride's Room
- Lounges
- Beautiful Formal Gardens
- On-Site Parking
- Audio & Visual Equipment
- Dance Floor
- Food Prep Area
- ADA Accessible






WILDER PARK  
**Conservatory**  
 ELMHURST PARK DISTRICT



225 PROSPECT AVENUE, ELMHURST, IL

**UPCOMING SHOWS**

Holiday Flower Show: December 1-January 6, 2019  
 Spring Flower Show: April 13-28, 2019

Since 1923 the Wilder Park Conservatory has served as a visual and verifiable link to our past, taking on an iconic and symbolic place in the history of Elmhurst and the hearts and minds of its residents. The newly-restored Conservatory logs approximately 13,000 visits annually and is a memorable place for the marking of life events such as weddings, proms, graduations, and holidays. The Conservatory was the very first Elmhurst Park District capital project and serves as a symbol of the longtime commitment of the community to horticultural programs.

**CONSERVATORY HOURS**

April-December: 8 am-6 pm daily  
 January-March: 8 am-2:30 pm daily

**YOUTH EDUCATION**

(March through July)  
 Have some plant fun when you and your school-age group attend one of the Conservatory's youth programs. Open to preschool through elementary ages. Talks can be geared towards school curriculum. Programs are one hour long. Each participant plants a pot to take home and enjoy. Permission slips needed for each student. Call (630) 993-8909 to make a reservation or for more information.

# Lake View Nature Center Winter Programs 2019



## Animal Adventures

Children will learn facts and features of an animal each week. Discover more about our animals through stories, role play and creative exercises. Dress your child in weather appropriate clothing.

**Age:** 4-6 (through kindergarten)

| Program # | Day | Date          | Time         | Fee  | Register by |
|-----------|-----|---------------|--------------|------|-------------|
| N1003-101 | Tu  | Jan 15-Jan 29 | 9:00-11:00am | \$48 | Jan 8       |
| N1003-102 | Tu  | Jan 15-Jan 29 | 12:30-2:30pm | \$48 | Jan 8       |
| N1003-102 | Tu  | Feb 12-Feb 26 | 9:00-11:00am | \$48 | Feb 5       |
| N1003-104 | Tu  | Feb 12-Feb 26 | 12:30-2:30pm | \$48 | Feb 5       |
| N1003-105 | Tu  | Mar 12-Mar 26 | 9:00-11:00am | \$48 | Mar 5       |
| N1003-106 | Tu  | Mar 12-Mar 26 | 12:30-2:30pm | \$48 | Mar 5       |

**Location:** Lake View Nature Center

## Nature Tots

Your little one can learn the joys of a natural play-scape while learning teamwork and sharing skills. We will play outside each class, so please dress for the weather.

**Age:** 18 months-3 with adult

| Program # | Day | Date   | Time         | Fee R/NR | Register By |
|-----------|-----|--------|--------------|----------|-------------|
| N1001-101 | F   | Jan 18 | 9:30-10:30am | \$10     | Jan 11      |
| N1001-102 | F   | Feb 1  | 9:30-10:30am | \$10     | Jan 25      |
| N1001-103 | F   | Feb 15 | 9:30-10:30am | \$10     | Feb 8       |
| N1001-104 | F   | Mar 1  | 9:30-10:30am | \$10     | Feb 22      |
| N1001-105 | F   | Mar 15 | 9:30-10:30am | \$10     | Mar 8       |
| N1001-106 | F   | Mar 29 | 9:30-10:30am | \$10     | Mar 22      |

**Location:** Lake View Nature Center

## Out the Door, Let's Explore!

Let's go outside! Your child will learn and investigate amazing things like bugs, trees, birds, and weather! Please dress your child in weather appropriate clothing.

**Age:** 3-6

| Program # | Day | Date   | Time         | Fee R/NR | Register By |
|-----------|-----|--------|--------------|----------|-------------|
| N1017-101 | F   | Jan 18 | 12:30-2:30pm | \$19     | Jan 11      |
| N1017-102 | F   | Feb 1  | 12:30-2:30pm | \$19     | Jan 25      |
| N1017-103 | F   | Feb 15 | 12:30-2:30pm | \$19     | Feb 8       |
| N1017-104 | F   | Mar 1  | 12:30-2:30pm | \$19     | Feb 22      |
| N1017-105 | F   | Mar 15 | 12:30-2:30pm | \$19     | Mar 8       |
| N1017-106 | F   | Mar 29 | 12:30-2:30pm | \$19     | Mar 22      |

**Location:** Lake View Nature Center



**Now you can register for these programs directly through Oakbrook Terrace Park District (OBTPD)!**

Elmhurst Park District is no longer accepting registration for these programs. You can register online at [obtpd.org](http://obtpd.org) or by stopping in to any OBTPD facility.

**Please contact us at 630-627-6100 for assistance.**



## Lake View Nature Center Winter Programs 2019

### Family & School Age Programing

**New!** **Nature Book Club for Kids**

Gather around to hear stories and poetry inspired by nature. We will begin each class with a reading from works like "The Giving Tree", "The Lorax", and more. Children will then participate in creative exercises like arts, crafts, and story writing of their own. We may even go outside and watch real stories of nature unfold, so please dress for the weather.

**Age:** 6-10

| Program # | Day | Date  | Time        | Fee  | Register by |
|-----------|-----|-------|-------------|------|-------------|
| N2043-101 | F   | Feb 8 | 4:00-5:30pm | \$15 | Feb 1       |
| N2043-102 | F   | Mar 8 | 4:00-5:30pm | \$15 | Mar 1       |

**Location:** Lake View Nature Center

### Nature Journaling for Kids

Learning how to use a journal is at the heart of becoming a naturalist. Your school age child will discover more about nature as they learn how to hone their observation skills inside and outside of the Nature Center with live animal subjects and nature hikes. They will document their findings in their very own journal they can make and take with them. A different theme each class!

**Age:** 8-12

| Program # | Day | Date   | Time        | Fee  | Register by |
|-----------|-----|--------|-------------|------|-------------|
| N2039-101 | Sa  | Jan 26 | 1:30-3:00pm | \$15 | Jan 19      |
| N2039-102 | Sa  | Feb 23 | 1:30-3:00pm | \$15 | Feb 16      |
| N2039-103 | Sa  | Mar 16 | 1:30-3:00pm | \$15 | Mar 9       |

**Location:** Lake View Nature Center

### Imagination Gardens

Create your own miniature world in a dish! All you need are hearty plants and tiny decorations. Our gardening enthusiast will show children how to build and take care of their own garden they will make to take home. All supplies will be provided.

**Age:** 4-8

| Program # | Day | Date   | Time        | Fee  | Register by |
|-----------|-----|--------|-------------|------|-------------|
| N2040-101 | Sa  | Mar 23 | 1:30-3:00pm | \$18 | Mar 16      |

**Location:** Lake View Nature Center



### Parents Night Out – Kids Fun Night!

Drop your kids off and enjoy a fun evening out – child free. Children will enjoy nature activities and games, meet animals, go on a hike (weather permitting), and have a pizza party. Craft time and story time will round out the night. You will pick them up ready for a good night's sleep.

**Age:** 4-12

| Program # | Day | Date   | Time        | Fee  | Register by |
|-----------|-----|--------|-------------|------|-------------|
| N2022-101 | F   | Feb 15 | 5:30-8:30pm | \$25 | Feb 8       |

**Location:** Lake View Nature Center

### Open House Hours at the

### Lake View Nature Center

Would you like to learn about the programs and events at the Nature Center? Do you want visit really cool critters? Check out our open houses as we offer fun nature-themed activities all day. No registration required and all ages are welcome.

| Day | Date   | Time           |
|-----|--------|----------------|
| M   | Jan 21 | 11:00am-2:00pm |
| M   | Feb 18 | 11:00am-2:00pm |
| F   | Mar 21 | 4:00-7:00pm    |

**Location:** Lake View Nature Center



# dance

elmhurst park district

## EARLY CHILDHOOD DANCE 🔍

Our early childhood dance classes introduce the fun and technique of dance in a positive environment. For ages infant-36 mos. with parent and 2-6 year olds without parent. January 7-March 25, 2019. No class on President's Day, February 18.



### Me & My Shadow

Ages 18-36 mos. (adult/child)

Join your toddler and discover the joy of music and dance while meeting new friends. We will focus on movement as we 'hop like a frog' and 'spin like a helicopter' so dress to dance. Large motor skills and coordination will be developed as our young students learn to follow direction with age-appropriate and familiar music. This is an adult/child class; an adult must attend. No class February 18.

**Location:** Wagner Community Center **Min/Max:** 5/10

|            |    |           |               |              |
|------------|----|-----------|---------------|--------------|
| RW06106-01 | M  | 1/7-3/18  | 9- 9:30am     | \$70R/\$84NR |
| RW06106-02 | Tu | 1/8-3/19  | 10:30-11am    | \$77R/\$92NR |
| RW06106-03 | F  | 1/11-3/22 | 10:10-10:40am | \$77R/\$92NR |
| RW06106-04 | Sa | 1/12-3/23 | 10-10:30am    | \$77R/\$92NR |

### Itty Bitty Ballerinas

Ages 2-3

New! With a focus on developing creativity, coordination, balance and self-expression, Itty Bitty Ballerinas provides a fun environment for your young dancer. Basic ballet steps skills will be explored through imaginative exercises. Students will perform for parents and caregivers on the last day of class. Participants attend without parent. Pull ups are permitted-parent/caregiver must remain in the lobby and be available to change their child. Proper dance attire is required. Girls - leotard & tights, pink leather ballet shoes. Boys - shorts & t-shirt, black leather ballet shoes.

**Location:** Wagner Community Center

**Min/Max:** 5/8

**Fee:** \$77R/\$92NR

|            |    |           |                 |
|------------|----|-----------|-----------------|
| RW06104-01 | Tu | 1/8-3/19  | 9-9:30am        |
| RW06104-02 | Tu | 1/8-3/19  | 6:15-6:45pm     |
| RW06104-03 | W  | 1/9-3/20  | 10:40-11:10am   |
| RW06104-04 | Th | 1/10-3/21 | 10:35-11:05am   |
| RW06104-05 | F  | 1/11-3/22 | 10:45-11:15am   |
| RW06104-06 | F  | 1/11-3/22 | 11:20-11:50am   |
| RW06104-07 | Sa | 1/12-3/23 | 11:35am-12:05pm |



### Bitty Ballerinas

Ages 3-4

Young dancers will learn the basics of ballet with an emphasis on developing creativity and self-expression in a fun environment. Basic ballet vocabulary and music skills will be explored through imaginative exercises. Participants attend without parent and must be potty trained. Students will perform for parents and caregivers on the last day of class. Proper dance attire is required for Bitty Ballerinas. Girls - leotard & tights, pink leather ballet shoes. Boys - shorts & t-shirt, black leather ballet shoes. No class February 18.

**Location:** Wagner Community Center

**Min/Max:** 6/12

|            |    |           |                 |              |
|------------|----|-----------|-----------------|--------------|
| RW06100-01 | M  | 1/7-3/18  | 10:30-11am      | \$70R/\$84NR |
| RW06100-02 | Tu | 1/8-3/19  | 11:10-11:40am   | \$77R/\$92NR |
| RW06100-03 | Tu | 1/8-3/19  | 6:20-6:50pm     | \$77R/\$92NR |
| RW06100-04 | W  | 1/9-3/20  | 9:05-9:35am     | \$77R/\$92NR |
| RW06100-05 | F  | 1/11-3/22 | 9:35-10:05am    | \$77R/\$92NR |
| RW06100-06 | Sa | 1/12-3/23 | 10:35-11:05am   | \$77R/\$92NR |
| RW06100-07 | Sa | 1/12-3/23 | 11:35am-12:05pm | \$77R/\$92NR |

### Hippity Hop

Ages 3-4

This class introduces young dancers to movement in a fun, high-energy setting. It offers hip hop as well as jazz with a little funk set to age-appropriate, wholesome music. No class February 18.

**Location:** Wagner Community Center

**Min/Max:** 5/10

|            |    |           |              |              |
|------------|----|-----------|--------------|--------------|
| RW06103-01 | M  | 1/7-3/18  | 9:50-10:20am | \$70R/\$84NR |
| RW06103-02 | Tu | 1/8-3/19  | 10:30-11am   | \$77R/\$92NR |
| RW06103-03 | Th | 1/10-3/21 | 10-10:30am   | \$77R/\$92NR |
| RW06103-04 | Sa | 1/12-3/23 | 10-10:30am   | \$77R/\$92NR |



**Junior Ballet & Tap**

*Ages 4-6*

Elements of dance, body and space will be explored while learning tap and ballet on alternating weeks in a fun atmosphere. The best of both worlds, ballet and tap! No class February 18.

**Location:** Wagner Community Center **Min/Max:** 6/10

|            |    |           |                 |               |
|------------|----|-----------|-----------------|---------------|
| RW06102-01 | M  | 1/7-3/18  | 11:30am-12:10pm | \$90R/\$108NR |
| RW06102-02 | M  | 1/7-3/18  | 1:10-1:50pm     | \$90R/\$108NR |
| RW06102-03 | W  | 1/9-3/20  | 11:30am-12:10pm | \$99R/\$119NR |
| RW06102-04 | Th | 1/10-3/21 | 11:30am-12:10pm | \$99R/\$119NR |
| RW06102-05 | F  | 1/11-3/22 | 1:30-2:10pm     | \$99R/\$119NR |

**Poms PreK/K**

*Ages 4-6*

Dancers will be introduced to the fun and exciting movements of poms. We will focus on sharpness, technique and have fun while learning new moves and expanding our dance knowledge. Poms is a new early childhood option for your child to learn muscle control, stamina, self motivation and determination, all while smiling and having a great time! No class February 18.

**Location:** Wagner Community Center **Min/Max:** 5/12

**Fee:** \$80R/\$96NR

|            |   |          |               |
|------------|---|----------|---------------|
| RW06112-01 | M | 1/7-3/18 | 10:30-11:05am |
|------------|---|----------|---------------|



**Weber Irish Dance**

*Ages 5-17*

The Elmhurst Park District is proud to welcome the Weber School of Irish Dance, one of Chicagoland's largest Irish dancing institutions. The Weber School of Irish Dance works with each individual student, teaching determination, discipline, precision and control. The Weber faculty is composed of highly trained professionals who work with the students to motivate, train and enhance style through the use of creative teaching techniques. All levels and ages are taught at the same time so siblings can attend together. Students will learn Celtic Jigs, Reels, Hornpipes, Tipping Reels and Set dances. The Weber School focuses not only on the steps, but on the entirety of the dance experience, teaching underlying values of friendship and integrity. No class March 16.

**Location:** Wagner Community Center **Min/Max:** 10/25

**Fee:** \$88R/\$105NR

|            |    |           |             |
|------------|----|-----------|-------------|
| RW06200-01 | Sa | 1/12-3/23 | 1:45-2:30pm |
|------------|----|-----------|-------------|



**YOUTH RECITAL DANCE** 

The Recital Dance program is offering opportunities for dancers to begin in the winter session! This year, parents can join the show by Dancing with their Star! These classes continue through May and perform in our "Dancing to the Sound of Musicals" annual recital at York High School on Sunday, June 2, 2019. Course fees include recital costumes.

**Ballet**

Students will study the beautiful art of ballet in a fun, structured atmosphere. Focus is on barre exercises, turns, jumps and center work. There will be an emphasis on correct principles of posture, strength, flexibility, grace and rhythm. These classes perform in the annual dance recital in June. No class March 27. Ages as of 9/1/18.

**Location:** Wagner Community Center **Min/Max:** 4/6

**Fee:** \$243R/\$285NR

*Ballet I - Ages 5-6*

|            |   |          |            |
|------------|---|----------|------------|
| RW06213-02 | W | 1/9-5/29 | 10-10:50am |
|------------|---|----------|------------|

*Ballet II - Ages 7-9*

|            |   |          |             |
|------------|---|----------|-------------|
| RW06110-01 | W | 1/9-5/29 | 4:30-5:25pm |
|------------|---|----------|-------------|

 **SPRING BREAK PRINCESS DANCE CAMP**

*Ages 3-6*

Spring Break Princess Dance Camp will keep your dancing princess moving all week long! Your little dancer can come dressed as their favorite princess and will learn a princess themed dance throughout the week worthy of Cinderella's Ball. Each day we will have a new princess themed craft. Participants should wear ballet shoes or clean sneakers and bring a water bottle along with a movie-time snack. Join us on the final day for a performance by all our dancing princesses!

**Location:** Wagner Community Center

**Min/Max:** 6/14

**Fee:** \$72R/\$86NR

|            |     |           |          |
|------------|-----|-----------|----------|
| RW06105-01 | M-W | 3/25-3/27 | 9am-Noon |
|------------|-----|-----------|----------|



**Combo II - Ballet & Tap**

*Ages 5-6*

Dancers will enjoy this combination class that builds on basic movements. Proper warm ups, stretches, across-the-floor progressions and combinations will be united into a dance that will be performed at the annual recital in June. No class February 18, March 25 and 30. Age 5 by 9/1/18.

**Location:** Wagner Community Center **Min/Max:** 4/6

**Fee:** \$227R/\$272NR

|            |    |           |               |
|------------|----|-----------|---------------|
| RW06108-01 | M  | 1/7-5/20  | 12:15-1:05pm  |
| RW06108-02 | Sa | 1/12-5/18 | 10:35-11:30am |

**Hip Hop I**

*Ages 5-6*

Hip Hop is a perfect class for any student who enjoys high-energy, modern music and dance! Dancers will work on techniques like breaking, popping & locking, funk and popular dances. Class begins with stretches and isolations followed by basic exercises in technique and combinations. Dancers will learn to identify footwork and gain knowledge of hip hop steps. This class performs in the annual dance recital on June 2, 2019. No class March 28 and 30. Age 5 by 9/1/18.

**Location:** Wagner Community Center **Min/Max:** 4/6

|            |    |           |          |                |
|------------|----|-----------|----------|----------------|
| RW06109-01 | Th | 1/10-5/30 | 9-9:55am | \$243R/\$285NR |
| RW06109-02 | Sa | 1/12-5/18 | 9-9:55am | \$227R/\$272NR |

**Dancing With Your Star**

At our June recital, we are now offering parents and their children a chance to perform together onstage! This is a wonderful opportunity for a duo to spend quality time together. Couples can choose either the "Daddy & Daughter" option or the "Dancing Duos" class for pairings that include Mother & Son, Mother & Daughter, or Father & Son. Dancers must be currently enrolled in a recital dance class and they will perform their duo dance in the same showtime as their regular class. Dancers may take the course with any significant adult in their lives such as a grandparent, step-parent, aunt or uncle! Adult attire for the show will be discussed in class. Attendance at the dress rehearsal on Saturday, June 1 is mandatory. Course fee includes costume for the child dancer. Register both the child and the adult.

**Location:** Wagner Community Center **Min/Max:** 6/8

**Fee:** \$65R/\$80NR

**Class meets on March 22, April 12, May 3 and May 17.**

*Dancing With Your Star - Duos*

|            |   |          |                   |
|------------|---|----------|-------------------|
| RW06412-01 | F | 6-6:45pm | Child (Ages 5-17) |
| RW06412-02 | F | 6-6:45pm | Adult             |

*Dancing With Your Star*

|            |   |          |                      |
|------------|---|----------|----------------------|
| RW06412-03 | F | 7-7:45pm | Daughter (Ages 5-10) |
| RW06412-04 | F | 7-7:45pm | Dad                  |



 **ADULT DANCE**

Did you dance growing up? Do you dance currently? Have you never danced? Now is the time to get moving! The Elmhurst Park District offers classes for adult dancers at all levels. Join one of our sensational classes in tap, belly dance, dance fitness or Social and Ballroom Dance. We even offer Hula Dance and, Daytime Adult Tap, our new low impact dance class for adults!

**Daytime Adult Tap**

*Ages 18 and up*

This low-impact adult tap class offers active older adults the opportunity to learn joint-friendly tap steps, combinations, and a recital dance. Improve your balance, coordination and memory in a fun and friendly atmosphere. The class is designed for students with varying levels of experience. No class March 28.

**Location:** Wagner Community Center **Min/Max:** 5/10

**Fee:** \$130R/\$156NR

|            |    |           |               |
|------------|----|-----------|---------------|
| RW06403-01 | Th | 1/10-5/30 | 10:30-11:20am |
|------------|----|-----------|---------------|





**Adult Tap**

*Ages 18 and up*

Have you always wanted to learn to tap dance, used to tap and would like to again or just want to keep on tapping? Adult Tap classes provide great exercise and improve coordination, balance and rhythm, all while having fun and providing an opportunity to meet new people. Adult Tap classes are offered at three levels: Beginning, Intermediate, and Advanced. Dancers at all levels work on technique, review basic tap steps and vocabulary, learn combinations and a recital dance. No class March 26-28.

**Location:** Wagner Community Center **Min/Max:** 5/14  
**Fee:** \$130R/\$156NR

*Beginning*

RW06408-01 Th 1/10-5/30 7:05-8pm

*Intermediate*

RW06402-01 Tu 1/8-5/28 7:05-7:55pm  
 RW06402-02 W 1/9-5/29 6:30-7:25pm

*Advanced*

RW06404-01 Tu 1/8-5/28 8-8:50pm

**Adult Performing Tap Company**

*Ages 18 and up*

Also known as the "Tree Town Tappers" this class is for Adult Tap students who like to perform. Routines will be rehearsed in class for community performances and the annual Dance Recital. Participants require instructor permission in order to register for class. No class March 27.

**Location:** Wagner Community Center **Min/Max:** 6/14  
**Fee:** \$130R/\$156NR

RW06401-01 W 1/9-5/29 7:30-8:30pm

**Belly Dance**

*Ages 18 and up*

This ancient dance form is the perfect exercise for women of any shape and age. It brings out your creative side, releases tension and is very fun! Students will learn a variety of belly dance steps and dance combinations and use those skills in a choreographed dance routine. This class is designed for the student of any level - from beginner to very advanced. No special equipment required. Just bring an open mind and the desire to move in ways you never thought possible! No class March 26.

**Location:** Wagner Community Center **Min/Max:** 6/14  
**Fee:** \$120R/\$144NR

RW06405-01 Tu 1/8-3/12 7-8:30pm

RW06405-02 Tu 3/19-5/28 7-8:30pm



**Hula Dancing**

*Ages 18 and up*

Hula is a gentler form of exercise and dance perfect for all body types and ages. The hands tell the story of the song as the body moves and sways to the beautiful rhythms of the music. Wear comfortable clothes and bring your beautiful smile and Aloha spirit. No class February 18 and March 25.

**Location:** Wagner Community Center **Min/Max:** 5/12  
**Fee:** \$130R/\$156NR

RW06406-01 M 1/7-5/20 7-8pm

**Let's Dance! Ballroom & Social Dance**

*Ages 16 and up*

If you are preparing for a wedding or looking for a fun night out, this class is for you! Learn the most popular variations in Swing, Salsa, Foxtrot, Waltz, Cha-Cha and more. Andy Fuzak, instructor for the popular Elmhurst Middle School dance program, Let's Dance, is known for making dance easy to learn and fun! A partner is required, both partners must register. Wear smooth-soled non-marking (i.e. no soles that are black in color) shoes that allow you to slide and spin freely. No class March 28.

**Location:** Wagner Community Center **Min/Max:** 20/80  
**Fee:** \$60R/\$70NR

RW06411-01 Th 1/10-2/21 7:30-8:45pm

RW06411-02 Th 2/28-4/18 7:30-8:45pm

**PHOTOGRAPHY**



**Capturing the fun!** Photos and videos are periodically taken of people participating in Park District programs and activities, or using Park District property, thereby agree that any photo or video taken by the Park District may be used by Park District for promotional purposes, including its electronic media, video, brochures, flyers, and other publications without additional, prior notice or permission and without compensation to the participant.



# music

elmhurst park district

## Show Choir Studio

*Ages 7-13*

5, 6, 7, 8! Performers of all ages, get your jazz hands ready! The Show Choir Studio is here to provide a fun environment where you will learn vocals and choreography to some of music's greatest hits. This program will help you learn the basics of putting a Show Choir performance together while preparing for our own show at the same time! Performers will get to show off their singing and dancing skills on the last day of class. Wear something comfortable and get ready to bust a move!

**Location:** Wagner Community Center

**Min/Max:** 8/20

**Fee:** \$132R/\$158NR

RW19202-01 Tu 1/8-3/19 6:45- 8:15pm



## Preschool Piano - Music for Little Mozarts

*Ages 4-6*

In a stimulating small group environment, your child will develop musical skills that are fundamental to beginning music lessons on piano and other instruments. Utilizing the Music for Little Mozarts instructional program, these thirty-minute, fast-paced, fun classes include singing, dancing, ear training, pre-note reading, rhythm training and keyboard skills. Creative visual aids are employed to capture students' attention and help them remember the concepts more easily. Music lesson and workbooks are sold at the Wagner Community Center. On the first day of class, your instructor will let you know which book to purchase. No class February 18 and March 25-30.

**Location:** Wagner Community Center

**Min/Max:** 3/4

**Fee:** \$135R/\$162NR

|            |    |           |              |
|------------|----|-----------|--------------|
| RW13100-01 | M  | 1/7-5/13  | 4-4:30pm     |
| RW13100-02 | M  | 1/7-5/13  | 6-6:30pm     |
| RW13100-03 | Tu | 1/8-5/14  | 9:30-10am    |
| RW13100-04 | Tu | 1/8-5/14  | 10-10:30am   |
| RW13100-05 | W  | 1/9-5/15  | Noon-12:30pm |
| RW13100-06 | W  | 1/9-5/15  | 12:30-1pm    |
| RW13100-07 | W  | 1/9-5/15  | 5-5:30pm     |
| RW13100-08 | W  | 1/9-5/15  | 5:30-6pm     |
| RW13100-09 | Th | 1/10-5/16 | 9:30-10am    |
| RW13100-10 | Th | 1/10-5/16 | 10-10:30am   |
| RW13100-11 | Th | 1/10-5/16 | 5:30-6pm     |
| RW13100-12 | F  | 1/11-5/17 | 9:30-10am    |
| RW13100-13 | F  | 1/11-5/17 | 10-10:30am   |
| RW13100-14 | Sa | 1/12-5/18 | 9:30-10am    |

## Intro to Voice & Continuing Voice

*Ages 7-11*

Experience music in a fun setting, from Baroque to Beatles and beyond! Learn about music and singing with a group. Class will work on reading music and singing harmony. Students will have the opportunity to perform at the Music Recital in May, at Elmhurst College, for family and friends. We will be utilizing ukuleles to incorporate theory and learning how to read music. Ukuleles will be available for use in the classroom. Previous students may continue and new students may join the group. Music theory book required for class and available for purchase at front desk. No class February 18 and March 25.

**Location:** Wagner Community Center

**Min/Max:** 6/12

**Fee:** \$144R/\$172NR

RW13200-01 M 1/7-5/13 5-5:55pm

## Beginning Violin Class

*Ages 5-12*

Get started on learning violin fundamentals! Group violin classes provide a great introduction and foundation for future music instruction. Students will learn proper violin technique and music-reading skills in a group setting, where they will receive proper personal attention while allowing for small ensemble playing. Students must bring an instrument.

**Location:** Wagner Community Center

**Min/Max:** 3/6

**Fee:** \$132R/\$158NR

RW13202-01 W 1/9-3/20 5:35-6:25pm

## Ukulele Class

*Ages 7-11*

Ideal for complete beginners, this course is an introduction to playing the ukulele! Students will learn to strum a tune in the first class, building confidence and skills throughout the course. No experience necessary, just a desire to sing and try out a fun, simple, yet versatile musical instrument. Required instructional book will be available for purchase at the Wagner Community Center. Ukuleles will be available for use in class, but it is highly recommended that you have your own instrument to practice outside of class. Information on purchasing your own is downloadable at [www.epd.org/programs/music](http://www.epd.org/programs/music) or contact Susan Smentek at [ssmentek@epd.org](mailto:ssmentek@epd.org).

**Location:** Wagner Community Center

**Min/Max:** 6/12

**Fee:** \$92R/\$108NR

RW13203-01 Th 1/10-3/21 4:30-5:25pm

## Guitar 101

*Ages 6-12*

American Music Institute presents Guitar 101, a great introductory guitar class for all styles of guitar playing for beginning students as well as those with some experience. Whether you eventually want to focus on jazz, electric, classical or acoustic guitar, this class is a great way to start and establish the basic techniques of playing the guitar. Students learn basic concepts of guitar playing including posture, correct left-hand technique, use of the pick and basic note reading skills. Students will learn songs, scales and fundamental technique exercises. The group setting of Guitar 101 offers students a wonderful way to play with other musicians while learning a new instrument. For instrument rental/purchase information, contact American Music Institute at [AMI@amimusic.org](mailto:AMI@amimusic.org) or (630) 850-8505.

**Location:** Wagner Community Center

**Min/Max:** 6/12

**Fee:** \$120R/\$144NR

RW13201-01 Tu 1/15-3/19 5:15-6:05pm



## Guitar 102

*Ages 6-12*

Students who have taken one or more sessions of Guitar 101 and have some experience playing chords will work with American Music Institute staff in this small group lesson. Students learn basic concepts of guitar playing including posture, correct left-hand technique, use of the pick and basic note reading skills. Playing with other musicians while learning songs, scales and fundamental technique exercises is a wonderful way to learn an instrument!

**Location:** Wagner Community Center

**Min/Max:** 3/5

**Fee:** \$120R/\$144NR

RW13204-01 Tu 1/15-3/19 6:05-6:35pm





# PRIVATE LESSONS

Private lessons occur September-May and are paid via one payment due at registration followed by Auto-Pay monthly payments through April 1. New students are accepted throughout the year. The tuition will be pro-rated to reflect the actual starting date of your lessons. Piano, Voice, Violin and Guitar students have recital opportunities in May. To request a lesson, please fill out, sign and return the Music Private Lesson Request Form. Forms are available for download at <http://www.epd.org/programs/music>, in person at the Wagner Center registration desk, or by contacting Susan Smentek at [ssmentek@epd.org](mailto:ssmentek@epd.org). No lessons Feb. 18, and Mar. 25-30. (Not available for online registration.)

## Piano Lessons

*Ages 6 and up*

Piano lessons are designed for beginning through advanced piano players. Students are taught to read music and perform pieces in a progressive manner. Practice "homework" will be assigned each week. All lessons are private to ensure greater learning. Each student is instructed based on completion of previous levels and instructor's approval. A keyboard or piano is necessary for practice at home. Participants currently registered in lessons have priority to retain their lesson time. Classes are 25 minutes in length.

**Fee per lesson:** \$26R/\$28NR

**Lesson dates:** Mondays-Saturdays through May 18

**Location:** Wagner Community Center

## Drum Lessons

*Ages 6 and up*

These are one-on-one professional private Drum-set / Percussion lessons for beginning, intermediate and advanced students as well as students with special needs. Lessons are 25-minutes in length and designed for the individual needs of each student. All styles are taught, including Rock, Jazz, Pop, Latin, Funk and Blues. Learn technique, timing, stick control, soloing, chart reading, beats and fills. Students are prepared to play as soloists as well as in groups, bands, recitals, auditions, live performances or just for fun. Ongoing band consultation and band placement. Instructor will collaborate with school band directors with the purpose of preparing students for auditions and live performances.

**Fee per lesson:** \$26R/\$28NR

**Lesson dates:** Tuesdays or Thursdays through May 16

**Location:** Wagner Community Center



## Guitar Lessons

*Ages 8 and up*

This program is designed for beginner through intermediate guitar students. Private 25 minute lessons will emphasize basic chords and songs in a relaxed and enjoyable atmosphere. Finger picking patterns, bass runs, rudiments of music theory will also be covered. Guitar students must provide their own guitar.

**Fee per lesson:** \$26R/\$28NR

**Lesson dates:** Thursdays and Fridays, through May 17

**Location:** Wagner Community Center

## Voice Lessons

*Ages 8 and up*

Learn to sing with the very best voice possible. Breath control, pitch, articulation, use of vibrato and other skills will be taught in this program. Participants will be allowed to focus on almost any style of music, from classical and opera to jazz, show tunes, pop, country, and more. In addition to the program fee, sheet music will need to be purchased by the student.

**Fee per lesson:** \$26R/\$28NR

**Lesson dates:** Monday-Thursday through May 18

**Location:** Wagner Community Center

## Violin Lessons

*Ages 6 and up*

Violin instruction incorporates a sequential-based curriculum focused on instrumental technique, musical knowledge, musical skills and etiquette. Beginning students will learn the proper way to hold their instrument and bow, while beginning to play their first notes; to read notes and rhythms on the staff, and to apply their instrumental technique and musical knowledge to basic repertoire. Intermediate students will learn basic scales and arpeggios, more advanced finger positions, to refine their technique and facility on the instrument and to become more comfortable reading notes and rhythms.

**Fee per lesson:** \$26R/\$28NR

**Lesson dates:** Wednesdays through May 15

**Location:** Wagner Community Center



# theatre

elmhurst park district

### StagePlay Pre-K: Musical Theater for Kids!

*Ages 3-5*

Let your child use their creative energy to explore theater! StagePlay aims to develop a love for music and performance, in a fun environment where kids can stretch their dramatic wings. StagePlay Pre-K is a program for children ages 3-5. Participants will learn the fundamentals of stage movement and performance, simple songs, play theater games, and much more. A performance of *Music & Me* on the last day of class will give these future stars a chance to show off all that they have learned in only eight weeks.

**Location:** Wagner Community Center      **Min/Max:** 8/15  
**Fee:** \$96R/\$108NR

RW19100-01    W    1/30-3/20    9:45-10:30am

### StagePlay: Musical Theater for Kids!

Does your child love to sing, dance, and perform for others? This entertaining program emphasizes the journey toward producing a show from start to finish, while creating a fun environment to stretch dramatic wings. *The Snow White Musicapalooza*, our 59th production, is a fast-paced, musical extravaganza with something for everyone. The audience becomes the live studio audience on a talk show called Real Talk with Fairytale Legends where the Seven Dwarfs tell the story of Snow White, as the Fairytale Players bring it to life. Performances at 1 p.m. and 5 p.m. on Saturday, May 11 will give the cast a chance to show friends and family all that they have learned in only fourteen weeks. Please note: The strict attendance policy states that only two classes can be missed in order to receive a speaking part. Absences must be communicated to the director prior to casting on February 16. Leaving more than 15 minutes early will be considered an absence. No refunds after the second class. No class March 29.

**Location:** Wagner Community Center      **Min/Max:** 15/35

*Ages 5-8*

1:00 pm performance

RW19200-01    F    2/8-5/10    3:30-4:20pm    \$124R/\$154NR

5:00 pm performance

RW19200-02    F    2/8-5/10    4:30-5:20pm    \$124R/\$154NR

*Ages 9-15*

RW19201-01    F    2/8-5/10    5:30-7pm    \$154R/\$176NR



### Intro to Improv

*Ages 7-10*

This six-week introductory course will teach students the basics of Improv through games and scene work. Improv can be used to develop personal skills like teamwork, collaboration, listening, reacting and adapting in real time. Improv is great for leadership, public speaking, being in the moment and so much more! This class is taught by Jennifer Louise La Voie Productions. No class February 18.

**Location:** Wagner Community Center      **Min/Max:** 6/12  
**Fee:** \$100R/\$120NR

RW19203-01    M    1/14-3/4    4-4:55pm

### Commercial Technique

*Ages 8-12*

Come learn performance and audition technique with a casting professional who has worked in film and with TV productions, for networks including Disney, ABC, and Nickelodeon's Noggin. Taught by Jennifer Louise La Voie Productions, Jennifer knows what it takes in Hollywood and is ready to teach the next generation of entertainers. This six-week course will cover all aspects of the commercial audition. Students will learn how to slate and interview properly. Plus, learn techniques for a variety of commercial styles from scripted to improvised and more. Students will walk through the acting process from auditioning all the way to set etiquette. No class February 18.

**Location:** Wagner Community Center      **Min/Max:** 6/12  
**Fee:** \$100R/\$120NR

RW19204-01    M    1/14-3/4    5-5:55pm

### Audition Technique

*Ages 9-15*

The six-week course will be designed to prepare the actor to audition on camera. They will learn how to break down sides, work the camera and hit their mark. Students will also learn how to create a professional acting resume. Taught by Jennifer Louise La Voie Productions, students will walk through the acting process from auditioning all the way to set etiquette. No class February 18.

**Location:** Wagner Community Center      **Min/Max:** 6/12  
**Fee:** \$100R/\$120NR

RW19205-01    M    1/14-3/4    6-6:55pm

# ELMHURST ART MUSEUM

150 S. Cottage Hill Avenue, Elmhurst, Illinois 60126 | (630) 834-0202

## EXHIBITIONS



### Assaf Evron & Claudia Weber

February 16 - April 14, 2019

In the Spring of 2019, Mies van der Rohe's McCormick House will be the site of a two-person show of Chicago-based artists Assaf Evron and Claudia Weber. The Israeli-born Evron will create an installation inspired by Mies's handmade collages to connect features of architecture with ideas about immigration, including his own personal experiences. The German-born Weber will live in the other half of the McCormick House, treating it simultaneously as an experimental home, studio and exhibition space. The international dialogue between the two artists will be on view during the museum's main exhibition "The Whole World a Bauhaus".

*Image: Preparatory collage by Assaf Evron for the McCormick House*



### The Whole World a Bauhaus

Curated by Boris Friedewald

February 16 - April 21, 2019

The exhibition title, *The Whole World a Bauhaus*, taken from Bauhaus student and teacher Fritz Kuhr (1928), is in many ways programmatic. It alludes to the fact that the Bauhaus redefined the parameters of art, the crafts, and technology, when Walter Gropius declared the aim of design to include the whole spectrum of design and also social practice in every sense. In just a few years, the Bauhaus addressed many of the pressing issues associated with the fast pace of industrialisation in Germany. Influential modernist artists taught at the Bauhaus, and many of them emigrated and spread its heritage all over the world. This exhibition shows photographs, works on paper, documents, films, texts, and objects that present the emergence and development of the Bauhaus, all of which later served as a source for understanding the history and appeal of modernism.

*Image: Institut für Auslandsbeziehungen*

These exhibitions are part of the Year of German-American Friendship initiated by the German Federal Foreign Office and the Goethe-Institut, and supported by the Federation of German Industries (BDI).



### Admission

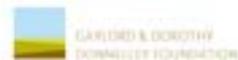
|                   |      |
|-------------------|------|
| Adults            | \$12 |
| Seniors (65+)     | \$10 |
| Students          | Free |
| Ages 18 and under | Free |

*Free First Fridays!*

### Museum Hours

|                   |            |
|-------------------|------------|
| Tuesday - Sunday: | 11AM - 5PM |
| Monday:           | CLOSED     |

Additional support provided by grants from the Explore Elmhurst Grant Program, the City of Elmhurst Community Grant Program, the Illinois Arts Council, the National Endowment for the Arts, McDonald's Corporation, Landmarks Illinois' Preservation Heritage Fund, Gaylord and Dorothy Donnelley Foundation, and our many donors and friends.



**Become a Member!**  
Receive **15% OFF** all classes and much more! Please visit our website [www.elmhurstartmuseum.org](http://www.elmhurstartmuseum.org).

# PUBLIC PROGRAMS



All public programs are free with museum admission or current membership, unless otherwise noted.

## Lecture

**Saturday, February 16 | 1:30 PM**

Guest speaker will give a lecture about the current exhibitions.

## Family Day Workshop

**Saturday, February 23 | 1-4 PM**

We invite you and your family to participate in hands-on art activities inspired by our current exhibitions.

## Artist Lectures: Assaf Evron & Claudia Weber

**Saturday, March 2 | 1:30 PM**

Exhibiting artists Assaf Evron and Claudia Weber will give artist talks about each of their installations.

## Teen Design Competition Workshop

**Saturday, March 16**

In this workshops, teens will work with industry professionals to learn about different ways to render their ideas for the Teen Design Competition. For more information please email [education@elmhurstmuseum.org](mailto:education@elmhurstmuseum.org)

## Community Event: Oral Histories of the McCormick House

**Saturday, March 30**

## Family Day Workshop

**Saturday, April 6 | 1-4 PM**

We invite you and your family to participate in hands-on art activities inspired by our current exhibitions

## Scholar Talk: Regina Bittner

**Sunday, April 7**

Dr. Regina Bittner will give a talk to contextualize our current exhibitions.

## Teen Design Competition

**Saturday, April 13**

Morning drop-off, afternoon reception

# Tours

EAM's guided group tours and projects engage and inspire your class, social club, business group or art-minded friends. Our education team tailors each tour to meet your group's needs and objectives, whether educational, recreational or professional. Hands-on projects and coordinated tours between local museums can be arranged.

## Adult Group Tours

Adults: \$15/person  
Seniors: \$13/person  
(Minimum group size 7 people)

## School & Troop Tours

Provide an enriched learning experience with a field trip to EAM. Compelling exhibitions of contemporary art, modern architecture including one of only three Mies van der Rohe's houses in the United States, access to Wilder Park and the ability to coordinate with other Elmhurst museums. To schedule a school tour complete the form on our website. Some school groups may be eligible for free tour admission through the Art is for Everyone Program (see below).

Tour & Activity: \$10/child (18 & under)  
Tour Only: \$6/child (18 & under)

## Art is for Everyone Program

For many schools, the cost of transportation is the single largest hurdle in providing the benefits of culturally enriching field trips. The Elmhurst Art Museum's Art is for Everyone Program provides free transportation, free docent led tours, instructor guided workshops, and free Family Memberships for over 1,000 school children every year. To schedule a Museum visit through the Art is for Everyone Program please complete the school tour request on our website and email [education@elmhurstmuseum.org](mailto:education@elmhurstmuseum.org).

*The Art is Everyone Program is generously sponsored by McDonald's.*

To schedule a tour, or to find out if you qualify for the Art is for Everyone program, please call 630.834.0202 or email [education@elmhurstmuseum.org](mailto:education@elmhurstmuseum.org)

# MEMBERSHIP

Membership is your connection to Elmhurst Art Museum. Your tax-deductible contribution provides a year's worth of benefits including Members Previews, Family Days and more. For membership questions, please contact us at 630-834-0202 or [membership@elmhurstmuseum.org](mailto:membership@elmhurstmuseum.org)

## Individual | \$35

- Free admission
- 15% discount on classes and programs
- 10% discount on items in the Museum Shop and Cafe
- Members-only previews and events

## Senior | \$25

- All Individual Membership benefits

## Family | \$60

- Free admission for each family member
- 15% discount on classes and programs (including kids classes)
- 10% discount on items in the Museum Shop and Cafe
- Members-only previews and events

## Friend | \$250

- Free admission for all family members and up to four guests
- 15% discount on classes and programs (including kids classes)
- 10% discount on items in the Museum Shop and Cafe
- Members-only previews and events
- Reciprocal membership at more than 900+ museums nationwide

# KIDS CLASSES

Refunds will not be accepted within 48 hrs of the start of any class or camp. \$10 administration fee is charged for all refund requests before 48 hrs of the start of this program or to switch to another class. \$15 late fee will be applied to registrations made after the first class. For questions call **630.834.0202** or email [education@elmhurstmuseum.org](mailto:education@elmhurstmuseum.org).

## Painting Studio for Kids

**AGES 8-12**

Non-Member Fee: \$125

Member Fee: \$106.25 (15% off)

Young painters of all levels from beginning to advanced working in all 2D media (oil, acrylic, gouache, watercolor, etc.) are invited to join our professional teaching artist for this intimate class which explores a variety of painting effects such as underpainting, layering, blending and glazing. All supplies included with class fee.

Sa Jan 12 - Feb 16 12 - 1:30 PM

Sa Mar 2 - Apr 13\* 12 - 1:30 PM

\*No class March 30 for Spring Break

## Drawing & Cartooning

**AGES 8-12**

Non-Member Fee: \$120

Member Fee: \$102 (15% off)

Love to draw? Crazy about anime? From doodles to graphic novels, charge-up your self-expression and discover new techniques with Drawing & Cartooning! Kids will have the opportunity to experiment with character design and sequential narratives while learning about: line, shading, perspective, texture and color. Traditional media such as pencil, pen, crayon, marker and the like will be used to create your own wacky cartoons! All supplies included.

Sa Jan 12 - Feb 16 9 - 10 AM

Sa Mar 2 - Apr 13\* 9 - 10 AM

\*No class March 30 for Spring Break



## Youth Ceramics

**AGES 7-11**

Non-Member Fee: \$115

Member Fee: \$97.75 (15% off)

Take a lump of clay, put it in your hands, and experience endless creative possibilities. You'll learn pottery basics and new hand-building skills to create functional or expressive ceramics to take home and enjoy. Class includes clay, glazes, and firing. No prior experience necessary. All supplies included.

Tu Jan 8 - Feb 12 4:15-5:15 pm

Tu Feb 26 - Apr 9\* 4:15-5:15 pm

\*No class March 26 for Spring Break

## Let's Play with Clay

**AGES 4-6**

Non-Member Fee: \$112

Member Fee: \$95.20 (15% off)

Clay is perfect for kids who love to touch everything. Learn basic pottery techniques to create artwork using everyday tools, and colorful glazes. Tactile playtime encouraged! All supplies included.

M Jan 7 - Feb 11\* 4:30-5:30 pm

M Feb 25 - Apr 8\*\* 4:30-5:30 pm

\*No class Jan 21 for MLK Day

\*\* No class March 25 for Spring Break

## Arty Party

**Birthdays are special at EAM! With an Arty Party, one of our creative and experienced art teachers will customize fun art projects based on your child's interest.**

AGES 4+ | \$23/person, (additional fee for ceramics projects)

\$100 Deposit is required to reserve the date. The remaining payment can be made on the day of the event. To request a party at EAM complete the form on our website. For further questions please call 630-834-0202.

# ADULT & TEEN CLASSES

Refunds will not be accepted within 48 hrs of the start of any class. \$10 administration fee is charged for all refunds requests before 48 hrs of the start of this program or to switch to another class. \$15 late fee will be applied to registrations made after the first class. For questions call **630.834.0202** or email [education@elmhurstmuseum.org](mailto:education@elmhurstmuseum.org)

## Beginning Printmaking

### TEENS & ADULTS 3 SESSIONS

Non Member Fee: \$85  
Member Fee: \$72.25 (15% off)

In this hands-on class you will be learning the complete process of creating your own woodblock carving and ink prints - understanding of different woods, carving tools, transferring of images and proper ink application. All skill levels welcome. All materials will be supplied.

Tu Jan 8 - Feb 12 7 - 8:30 PM

## Intermediate Printmaking

### TEENS & ADULTS

Non Member Fee: \$120  
Member Fee: \$102 (15% off)

In this class you will be learning the process of creating your own multicolored woodblock prints. You will build upon knowledge and skills of different woods, carving tools, transferring of images, and proper ink application. Some experience suggested but not required. All materials will be supplied.

Tu Feb 26 - Apr 9\* 7 - 8:30 PM  
\*No Class March 26 for Spring Break

## Painting Studio

### TEENS & ADULTS 13 & OLDER

Non Member Fee: \$120  
Member Fee: \$102 (15% off)

Painters of all levels from beginning to advanced working in all 2D media (oil, acrylic, gouache, watercolor, etc.) are invited to join our professional teaching artist for this intimate class which explores a variety of painting effects.

Th Jan 10 - Feb 14 7 - 9 pm  
Th Feb 28 - Apr 11\* 7 - 9 pm

\*No class March 28 for Spring Break

## Intermediate Drawing & Cartooning

### TEENS & ADULTS 13 & OLDER

Non Member Fee: \$120  
Member Fee: \$102 (15% off)

Teens and adults will have the opportunity to experiment with character design and sequential narratives while learning about: line, shading, perspective, texture and color. Traditional media such as pencil, pen, crayon, marker and the like will be used to create your own cartoons.

Sa Jan 12 - Feb 16 10:30 - 11:30 AM  
Sa Mar 2 - Apr 13\* 10:30 - 11:30 AM  
\*No class March 30 for Spring Break

## Life Drawing

### TEENS & ADULTS 16 & OLDER

Non Member Fee: \$145  
Member Fee: \$123.25 (15% off)  
Drop-in Fee: \$25 per class for both Members and Non-Members

Figure drawing is an opportunity for adult artists and AP art students who paint and draw to increase skills and comfort while learning to capture the complexity of the human figure. Students will draw from nude and draped models with emphasis on gesture, proportion, volume, contour line, and composition.

M Jan 7 - Feb 11 7 - 9 pm  
M Feb 25 - Apr 8\* 7 - 9 pm  
\*No class March 25 for Spring Break

## Drawing Studio

### TEENS & ADULTS 13 & OLDER

Non Member Fee: \$120  
Member Fee: \$102 (15% off)

Experiment with a variety of drawing media and papers and learn how to "see" while developing the skills to reach your creative goals. Learn about proportion, value, line, blending, visual texture and composition through group and individual instruction.

W Jan 9 - Feb 13 7 - 9 pm  
W Feb 27 - Apr 10 7 - 9 pm  
\*No class March 26 for Spring Break

## Beginning Pottery

### TEENS & ADULTS 14 & OLDER

Non Member Fee: \$150  
Member Fee: \$127.50 (15% off)

Explore a variety of clay techniques from hand-building to wheel throwing. Learn to center clay on the wheel and hand-build with pinching, coils and slabs. Make mugs, bowls, plates and platters, containers and boxes to glaze, fire and take home to enjoy.

Tu Jan 8 - Feb 12 6:30 - 9 pm  
Tu Feb 26 - Apr 9\* 6:30 - 9 pm  
\*No class March 26 for Spring Break

## Watercolor Studio

### TEENS & ADULTS

Non Member Fee: \$112  
Member Fee: \$95.20 (15% off)

Learn techniques of blending color and glazing plus fun, special effects with the medium. Classes will consist of weekly demonstrations and step-by-step instruction.

Tu Jan 8 - Feb 12 9:30am - 12:30pm  
Tu Feb 26 - Apr 9\* 9:30am - 12:30pm  
\*No class March 26 for Spring Break

## Teen Art Council

**Artists, change-makers, and innovative thinkers are encouraged to join our Teen Art Council. This group is composed of high school students that are excited to amplify their own creative and curious voices. Working directly with museum professionals, members of the council will learn more about art of their time, plan their own events, and voice opinions on things they would like to see in the community.**

Meetings are held at the museum every Thursday at 4pm during the school year. If interested, please email [education@elmhurstmuseum.org](mailto:education@elmhurstmuseum.org)

## Customized Art Studio

**Perfect for a graduation, birthday, or any other adult gathering! You provide the guests and one of our talented art instructors will customize an art project to your group's interests. Price includes up to 3 hours in the Education Center with art instruction and all necessary supplies. All group programs are for 10 or more people.**

\$40 per person, minimum of 10 or more people



**Our gymnastics classes incorporate aspects of physical fitness, motor development, hand-eye coordination, strength and flexibility. In the beginning, the focus is teaching spatial awareness, socialization and gymnastics skills. As the gymnast grows, the focus moves to skill development in a fun yet safe atmosphere. In our attempt to maintain a safe environment for both children and coaches, we must insist that parents remain outside of the gym during class time.**

## EARLY CHILDHOOD 🔍

### Meteorites

*Ages 12-36 mos. (walking)*

Join your toddler and discover the world of gymnastics through songs, obstacle courses and group activities. Tots will build self-confidence, gross motor skills, balance and a sense of accomplishment while learning how to follow directions. Participants must be accompanied by an adult. No class February 18.

**Location:** Wagner Community Center **Min/Max:** 4/12  
**Fee:** \$66R/\$79NR

|            |    |           |               |
|------------|----|-----------|---------------|
| RW09101-01 | M  | 1/7-3/4   | 9-9:40am      |
| RW09101-02 | W  | 1/9-2/27  | 9-9:40am      |
| RW09101-03 | W  | 1/9-2/27  | 10:30-11:10am |
| RW09101-04 | Th | 1/10-2/28 | 9-9:40am      |
| RW09101-05 | Th | 1/10-2/28 | 10:40-11:20am |
| RW09101-06 | F  | 1/11-3/1  | 9-9:40am      |
| RW09101-07 | F  | 1/11-3/1  | 9:45-10:25am  |
| RW09101-08 | Sa | 1/12-3/2  | 9-9:40am      |
| RW09101-09 | Sa | 1/12-3/2  | 9:45-10:25am  |

### Asteroids

*Ages 3-4*

This class is designed for children independent from their parents. Traditional gymnastics equipment along with obstacle courses are used to teach skills, allow for experimentation and development of coordination. Participants must be toilet trained. No class February 18.

**Location:** Wagner Community Center **Min/Max:** 4/6  
**Fee:** \$74R/\$89NR

|            |   |         |               |
|------------|---|---------|---------------|
| RW09103-01 | M | 1/7-3/4 | 9:45-10:25am  |
| RW09103-02 | M | 1/7-3/4 | 10:30-11:10am |



|            |    |           |                 |
|------------|----|-----------|-----------------|
| RW09103-03 | M  | 1/7-3/4   | 1:30-2:10pm     |
| RW09103-04 | Tu | 1/8-2/26  | 10:45-11:25am   |
| RW09103-05 | Tu | 1/8-2/26  | 11:30am-12:10pm |
| RW09103-06 | Tu | 1/8-2/26  | 4-4:40pm        |
| RW09103-07 | W  | 1/9-2/27  | 9:45-10:25am    |
| RW09103-08 | W  | 1/9-2/27  | 10:30-11:10am   |
| RW09103-09 | W  | 1/9-2/27  | 11:15-11:55am   |
| RW09103-10 | W  | 1/9-2/27  | 1:15-1:55pm     |
| RW09103-11 | Th | 1/10-2/28 | 11:30am-12:10pm |
| RW09103-12 | Th | 1/10-2/28 | 12:30-1:10pm    |
| RW09103-13 | Th | 1/10-2/28 | 3:30-4:10pm     |
| RW09103-14 | F  | 1/11-3/1  | 10:30-11:10am   |
| RW09103-15 | F  | 1/11-3/1  | 11:15-11:55am   |
| RW09103-16 | Sa | 1/12-3/2  | 10:30-11:10am   |
| RW09103-17 | Sa | 1/12-3/2  | 11:15-11:55am   |
| RW09103-18 | Sa | 1/12-3/2  | Noon-12:40pm    |
| RW09103-19 | Sa | 1/12-3/2  | 12:45-1:25pm    |
| RW09103-20 | Sa | 1/12-3/2  | 1:30-2:10pm     |

### Twinkle Stars

*Ages 4-5*

Boys and girls will learn proper gymnastics progressions while developing at their own pace in this fun 45 minute class. Introduction to traditional gymnastics equipment and events will develop motor skills, coordination and flexibility. No class February 18.

**Location:** Wagner Community Center **Min/Max:** 4/6  
**Fee:** \$74R/\$89NR

|            |    |           |                 |
|------------|----|-----------|-----------------|
| RW09104-01 | M  | 1/7-3/4   | 9:45-10:30am    |
| RW09104-02 | M  | 1/7-3/4   | 11:15am-Noon    |
| RW09104-03 | M  | 1/7-3/4   | 3:30-4:15pm     |
| RW09104-04 | M  | 1/7-3/4   | 5:20-6:05pm     |
| RW09104-05 | Tu | 1/8-2/26  | 10:30-11:15am   |
| RW09104-06 | Tu | 1/8-2/26  | 11:45am-12:30pm |
| RW09104-07 | Tu | 1/8-2/26  | 12:45-1:30pm    |
| RW09104-08 | Tu | 1/8-2/26  | 4:45-5:30pm     |
| RW09104-09 | Tu | 1/8-2/26  | 5:35-6:20pm     |
| RW09104-10 | W  | 1/9-2/27  | 9:45-10:30am    |
| RW09104-11 | W  | 1/9-2/27  | 11:15am-Noon    |
| RW09104-12 | W  | 1/9-2/27  | 12:15-1pm       |
| RW09104-13 | W  | 1/9-2/27  | 4-4:45pm        |
| RW09104-14 | W  | 1/9-2/27  | 5:50-6:35pm     |
| RW09104-15 | Th | 1/10-2/28 | 9:45-10:30am    |
| RW09104-16 | Th | 1/10-2/28 | 11:30am-12:15pm |
| RW09104-17 | Th | 1/10-2/28 | 12:30-1:15pm    |
| RW09104-18 | Th | 1/10-2/28 | 4:30-5:15pm     |
| RW09104-19 | Th | 1/10-2/28 | 5:20-6:05pm     |
| RW09104-20 | F  | 1/11-3/1  | 11:15am-Noon    |
| RW09104-21 | F  | 1/11-3/1  | 3:45-4:30pm     |
| RW09104-22 | Sa | 1/12-3/2  | 10:30-11:15am   |
| RW09104-23 | Sa | 1/12-3/2  | 12:30-1:15pm    |



**WHAT DO I WEAR?**

**GIRLS:** Leotard (without skirt) & form fitting shorts. Hair **MUST** be tied back. No jewelry.

**BOYS:** T-shirt & shorts or sweatpants. *No socks-barefoot is best!*



SPECIALTY PROGRAM 🔍

**Homeschool Gymnastics**

*Ages 4-12*

Children will learn developmental sports skills and gymnastics skills in this 55 minute weekly class designed exclusively for home-schooled students. It is exciting to learn to control your body upside-down and sideways, and gymnastics offers benefits unlike any other sport. Strength, flexibility, coordination, balance, kinesthetic awareness, body control and agility are some of the benefits which will carry over to a lifetime of sports participation. Participants will be split into age appropriate groups.

**Location:** Wagner Community Center **Min/Max:** 6/12  
**Fee:** \$63R/\$76NR

RW09231-01 W 1/9-2/27 1:30-2:25pm

PRE-SCHOOL GYM TIME

*Ages up to 6 years with an Adult*

Kids have cabin fever? Our gymnastics facility is open to our youngest gymnasts to explore and have fun. Staff will be on hand to ensure safety and proper usage of the facility and equipment. Due to safety reasons, the age requirements will be strictly enforced. An adult parent/guardian must complete and sign a waiver and be present the duration of the activity.

*\$5 charge per visit or purchase a punch card at \$25 for six visits.*  
 Tuesday 9-10:30 am 1/8, 1/15, 1/22, 1/29, 2/5, 2/12, 2/19, 2/26  
 Friday Noon-1:30 pm 1/11, 1/18, 1/25, 2/1, 2/8, 2/15, 2/22, 3/1

BOYS PROGRAMS

**Lasers - Boys Gymnastics**

*Ages 4-5*

Great for boys transitioning out of Asteroids. Swinging, climbing, jumping and building confidence is what Lasers is all about! Gymnastics will be introduced on the six men's events as well as development of basic skills and body positions. Classes are 45 minutes in length. No class February 18.

**Location:** Wagner Community Center **Min/Max:** 4/6  
**Fee:** \$74R/\$89NR

|            |    |           |                 |
|------------|----|-----------|-----------------|
| RW09105-01 | M  | 1/7-3/4   | 9:45-10:30am    |
| RW09105-02 | M  | 1/7-3/4   | 11:30am-12:15pm |
| RW09105-03 | M  | 1/7-3/4   | 3:30-4:15pm     |
| RW09105-04 | Tu | 1/8-2/26  | 11:45am-12:30pm |
| RW09105-05 | Tu | 1/8-2/26  | 5:30-6:15pm     |
| RW09105-06 | W  | 1/9-2/27  | 9:45-10:30am    |
| RW09105-07 | W  | 1/9-2/27  | 11:15am-Noon    |
| RW09105-08 | W  | 1/9-2/27  | 3:30-4:15pm     |
| RW09105-09 | Th | 1/10-2/28 | 12:30-1:15pm    |
| RW09105-10 | Th | 1/10-2/28 | 6-6:45pm        |
| RW09105-11 | F  | 1/11-3/1  | 3:45-4:30pm     |
| RW09105-12 | Sa | 1/12-3/2  | 12:15-1pm       |

**Boys Beginner Gymnastics**

*Ages 6-8*

Beginner boys gymnastics skills and body positions will be taught on traditional men's events; focus will be on basic skills such as rolls, handstands and cartwheels on floor, support swings, proper running & hurdle on vault and basic swinging on high bar. Prerequisite: Lasers, Twinkle Stars or instructor approval if not age appropriate for class. No class February 18.

**Location:** Wagner Community Center **Min/Max:** 4/6  
**Fee:** \$78R/\$94NR

|            |    |           |                 |
|------------|----|-----------|-----------------|
| RW09200-01 | M  | 1/7-3/4   | 10:30-11:25am   |
| RW09200-02 | M  | 1/7-3/4   | 12:15-1:10pm    |
| RW09200-03 | M  | 1/7-3/4   | 4:15-5:10pm     |
| RW09200-04 | M  | 1/7-3/4   | 5:15-6:10pm     |
| RW09200-05 | Tu | 1/8-2/26  | 10:30-11:25am   |
| RW09200-06 | Tu | 1/8-2/26  | 12:30-1:25pm    |
| RW09200-07 | Tu | 1/8-2/26  | 3:30-4:25pm     |
| RW09200-08 | W  | 1/9-2/27  | 12:15-1:10pm    |
| RW09200-09 | W  | 1/9-2/27  | 4:20-5:15pm     |
| RW09200-10 | Th | 1/10-2/28 | 9:40-10:35am    |
| RW09200-11 | Th | 1/10-2/28 | 4-4:55pm        |
| RW09200-12 | F  | 1/11-3/1  | 4:30-5:25pm     |
| RW09200-13 | Sa | 1/12-3/2  | 11:15am-12:10pm |
| RW09200-14 | Sa | 1/12-3/2  | 1:15-2:10pm     |





## Boys Intermediate/Advanced Gymnastics

*Ages 7-11*

Boys Intermediate/Advanced Gymnastics is for students who have mastered the basic skills covered in Beginner Gymnastics. Boys focus on flexibility and strength. Round offs and flip flops over barrels will be introduced on floor. Leg cuts on pommel horse, swings on rings, dive rolls using a spring board on vault, support swings on parallel bars and tap swings on high bar will also be introduced. Prerequisite: Beginner or instructor approval if not age appropriate for class. No class February 18.

**Location:** Wagner Community Center

**Min/Max:** 4/6

**Fee:** \$78R/\$94NR

|            |    |           |               |
|------------|----|-----------|---------------|
| RW09201-01 | M  | 1/7-3/4   | 6:15-7:10pm   |
| RW09201-02 | Tu | 1/8-2/26  | 4:30-5:25pm   |
| RW09201-03 | W  | 1/9-2/27  | 5:15-6:10pm   |
| RW09201-04 | Th | 1/10-2/28 | 5-5:55pm      |
| RW09201-05 | F  | 1/11-3/1  | 5:30-6:25pm   |
| RW09201-06 | Sa | 1/12-3/2  | 10:15-11:10am |



## GIRLS PROGRAMS 🔍

### Girls Beginner Gymnastics

*Ages 6-8*

The focus of this 55-minute class is on the development of gymnastics skills on vault, bars, beam and floor. On vault, students will learn how to run and jump on the springboard, working on a good stick landing. On bars the focus is basic hanging and support skills. On balance beam, posture, balance and a variety of basic skills will be introduced. On floor the focus will be rolls, cartwheels, handstands and jumps. Prerequisite: Twinkle Stars or instructor approval if not age appropriate. No class February 18.

**Location:** Wagner Community Center

**Min/Max:** 4/6

**Fee:** \$78R/\$94NR

|            |    |           |                 |
|------------|----|-----------|-----------------|
| RW09210-01 | M  | 1/7-3/4   | 10:30-11:25am   |
| RW09210-02 | M  | 1/7-3/4   | 12:15-1:10pm    |
| RW09210-03 | M  | 1/7-3/4   | 4-4:55pm        |
| RW09210-04 | M  | 1/7-3/4   | 5-5:55pm        |
| RW09210-05 | Tu | 1/8-2/26  | 12:45-1:40pm    |
| RW09210-06 | Tu | 1/8-2/26  | 3:30-4:25pm     |
| RW09210-07 | Tu | 1/8-2/26  | 4:30-5:25pm     |
| RW09210-08 | W  | 1/9-2/27  | 1:15-2:10pm     |
| RW09210-09 | W  | 1/9-2/27  | 4-4:55pm        |
| RW09210-10 | W  | 1/9-2/27  | 5-5:55pm        |
| RW09210-11 | W  | 1/9-2/27  | 6:15-7:10pm     |
| RW09210-12 | Th | 1/10-2/28 | 9:40-10:35am    |
| RW09210-13 | Th | 1/10-2/28 | 11:20am-12:15pm |
| RW09210-14 | Th | 1/10-2/28 | 3:30-4:25pm     |
| RW09210-15 | Th | 1/10-2/28 | 4:30-5:25pm     |
| RW09210-16 | F  | 1/11-3/1  | 10:30-11:25am   |
| RW09210-17 | F  | 1/11-3/1  | 3:30-4:25pm     |
| RW09210-18 | F  | 1/11-3/1  | 5-5:55pm        |
| RW09210-19 | Sa | 1/12-3/2  | 10:30-11:25am   |
| RW09210-20 | Sa | 1/12-3/2  | 11:30am-12:25pm |
| RW09210-21 | Sa | 1/12-3/2  | 12:30-1:25pm    |



## PRIVATE LESSONS

*One on one instruction can dramatically improve your gymnastics skills. If interested a private lesson request form must be completed and lesson paid in full prior to an instructor contacting you to schedule. Private lesson forms can be found online at [epd.org/gymnastics](http://epd.org/gymnastics)*

**\$25 per half hour, \$50 per hour**



**Girls Intermediate Gymnastics**

*Ages 7-11*

Girls Intermediate Gymnastics is for girls who have mastered Beginner skills and would like to develop new skills. On vault, students will learn dive rolls and handstand positions using the springboard. On bars the emphasis will be placed on swinging skills such as back hip circles. Scales, leaps and turns will be introduced on balance beam. Back bends, kick overs, round offs and handstand forward rolls will be the focus on floor. Classes are 55 minutes in length. Prerequisite: Girls Beginner or instructor approval if not age appropriate for class. No class February 18.

**Location:** Wagner Community Center **Min/Max:** 4/6  
**Fee:** \$78R/\$94NR

|            |    |           |                 |
|------------|----|-----------|-----------------|
| RW09209-01 | M  | 1/7-3/4   | 3:30-4:25pm     |
| RW09209-02 | M  | 1/7-3/4   | 4:20-5:15pm     |
| RW09209-03 | Tu | 1/8-2/26  | 5:30-6:25pm     |
| RW09209-04 | W  | 1/9-2/27  | 3:30-4:25pm     |
| RW09209-05 | W  | 1/9-2/27  | 4:50-5:45pm     |
| RW09209-06 | Th | 1/10-2/28 | 4-4:55pm        |
| RW09209-07 | Th | 1/10-2/28 | 5-5:55pm        |
| RW09209-08 | F  | 1/11-3/1  | 4-4:55pm        |
| RW09209-09 | F  | 1/11-3/1  | 4:30-5:25pm     |
| RW09209-10 | F  | 1/11-3/1  | 6-6:55pm        |
| RW09209-11 | Sa | 1/12-3/2  | 10:30-11:25am   |
| RW09209-12 | Sa | 1/12-3/2  | 11:30am-12:25pm |
| RW09209-13 | Sa | 1/12-3/2  | 1:30-2:25pm     |

**Girls Advanced Gymnastics**

*Ages 8-12*

Girls Advanced is for gymnasts who have mastered Intermediate skills. Emphasis will be on perfecting the skills learned, the introduction of more difficult skills on each event and increasing flexibility and strength on floor, bars, beam and vault. Gymnasts will begin working on connecting skills as well as flip flops, back walkovers and limbers. Classes are one hour twenty-five minutes in length. Prerequisite: Girls Intermediate or instructor approval if not age appropriate. No class February 18.

**Location:** Wagner Community Center **Min/Max:** 4/6  
**Fee:** \$102R/\$122NR

|            |    |           |                 |
|------------|----|-----------|-----------------|
| RW09213-03 | Tu | 1/8-2/26  | 5:30-6:55pm     |
| RW09213-04 | Th | 1/10-2/28 | 5:30-6:55pm     |
| RW09213-05 | F  | 1/11-3/1  | 4:30-5:55pm     |
| RW09213-06 | Sa | 1/12-3/2  | 11:30am-12:55pm |
| RW09213-07 | Sa | 1/12-3/2  | 1-2:25pm        |

*Girls Advanced – 2 Days A Week \$204R/\$244NR*

|            |      |          |             |
|------------|------|----------|-------------|
| RW09213-01 | MW   | 1/7-3/4  | 4:30-5:55pm |
| RW09213-02 | TuTh | 1/8-2/28 | 4-5:25pm    |



**Girls Newcomer**

*Ages 8-12*

This class is for girls that are new or have limited experience in gymnastics. Coaches will adapt to the group and focus on a mix of basic and progressive skills. No class February 18.

**Location:** Wagner Community Center **Min/Max:** 4/6  
**Fee:** \$78R/\$94NR

|            |   |          |             |
|------------|---|----------|-------------|
| RW09211-01 | M | 1/7-3/4  | 6:10-7:05pm |
| RW09211-02 | F | 1/11-3/1 | 5:30-6:25pm |



**ELMHURST GYMNASTICS CENTER**

**GYMNASTICS REGISTRATION**

Saturday, December 1  
at 8 am

Mark your calendars!



Turn to page 80 for information on Winter Registration changes.



# BIDDY SPORTS

We've scaled these popular sports down! These fun and energetic classes will give your little one a chance to experience participating in a structured environment with others. Simple drills and games are designed to give each participant a broad overview of the rules and fundamentals of the sport.



## MONDAY

| PROGRAM                | CODE       | DATES     | TIME          | AGES  | LOCATION | FEE          | NO CLASS |
|------------------------|------------|-----------|---------------|-------|----------|--------------|----------|
| Biddy Baseball         | RW17105-01 | 1/7-2/4   | 9:40-10:25am  | 3-5   | WCC      | \$60R/\$72NR |          |
| Biddy Soccer           | RW17105-02 | 1/7-2/4   | 10:30-11:15am | 3-4   | WCC      | \$60R/\$72NR |          |
| Biddy Multi-Sport      | RW17105-03 | 1/7-2/4   | 11:15am-Noon  | 3-5   | WCC      | \$60R/\$72NR |          |
| Biddy Basketball       | RW17105-04 | 1/7-2/4   | 4-4:45pm      | 3-5   | WCC      | \$60R/\$72NR |          |
| Parent-Tot Multi Sport | RW17105-05 | 1/7-2/4   | 5:45-6:30pm   | 2-4.5 | WCC      | \$60R/\$72NR |          |
| Biddy Baseball         | RW17105-06 | 2/11-3/18 | 9:40-10:25am  | 3-5   | WCC      | \$60R/\$72NR | 2/18     |
| Biddy Soccer           | RW17105-07 | 2/11-3/18 | 10:30-11:15am | 3-5   | WCC      | \$60R/\$72NR | 2/18     |
| Biddy Multi-Sport      | RW17105-08 | 2/11-3/18 | 11:15am-Noon  | 3-5   | WCC      | \$60R/\$72NR | 2/18     |
| Biddy Basketball       | RW17105-09 | 2/11-3/18 | 4-4:45pm      | 3-5   | WCC      | \$60R/\$72NR | 2/18     |
| Parent-Tot Multi-Sport | RW17105-10 | 2/11-3/18 | 5:45-6:30pm   | 2-4.5 | WCC      | \$60R/\$72NR | 2/18     |

## TUESDAY

| PROGRAM                 | CODE       | DATES     | TIME            | AGES | LOCATION | FEE          | NO CLASS |
|-------------------------|------------|-----------|-----------------|------|----------|--------------|----------|
| Biddy Baseball          | RW17106-01 | 1/8-2/5   | 9:40-10:25am    | 3-5  | WCC      | \$72R/\$86NR |          |
| Biddy Soccer            | RW17106-02 | 1/8-2/5   | 10:30-11:15am   | 3-5  | WCC      | \$72R/\$86NR |          |
| Parent-Tot Multi- Sport | RW17106-03 | 1/8-2/5   | 11:15am-Noon    | 2-4  | WCC      | \$72R/\$86NR |          |
| Biddy Basketball        | RW17106-04 | 1/8-2/5   | 4-4:45pm        | 3-5  | WCC      | \$72R/\$86NR |          |
| Parent-Tot Multi-Sport  | RW17106-05 | 1/8-2/5   | 5:40-6:25pm     | 3-5  | WCC      | \$72R/\$86NR |          |
| Parent-Tot Multi-Sport  | RW17106-06 | 2/12-3/19 | 9:40-10:25am    | 2-3  | WCC      | \$72R/\$86NR |          |
| Biddy Baseball          | RW17106-07 | 2/12-3/19 | 10:30-11:15am   | 3-5  | WCC      | \$72R/\$86NR |          |
| Biddy Multi-Sport       | RW17106-08 | 2/12-3/19 | 11:20am-12:05pm | 3-5  | WCC      | \$72R/\$86NR |          |
| Biddy Soccer            | RW17106-09 | 2/12-3/19 | 4-4:45pm        | 3-5  | WCC      | \$72R/\$86NR |          |
| Parent-Tot Multi-Sport  | RW17106-10 | 2/12-3/19 | 5:40-6:25pm     | 3-5  | WCC      | \$72R/\$86NR |          |



FIND MORE SPORTS *fun*  
ON THE NEXT PAGE!



## THURSDAY

| PROGRAM                | CODE       | DATES     | TIME        | AGES | LOCATION | FEE          | NO CLASS |
|------------------------|------------|-----------|-------------|------|----------|--------------|----------|
| Biddy Basketball       | RW17107-01 | 1/3-2/7   | 3:45-4:30pm | 3-5  | WCC      | \$72R/\$86NR |          |
| Biddy Multi-Sport      | RW17107-02 | 1/3-2/7   | 4:35-5:20pm | 3-5  | WCC      | \$72R/\$86NR |          |
| Parent-Tot Multi-Sport | RW17107-03 | 1/3-2/7   | 6:15-7pm    | 2-3  | WCC      | \$72R/\$86NR |          |
| Biddy Soccer           | RW17107-04 | 2/14-3/21 | 3:45-4:30pm | 3-5  | WCC      | \$72R/\$86NR |          |
| Biddy Basketball       | RW17107-05 | 2/14-3/21 | 4:35-5:20pm | 3-5  | WCC      | \$72R/\$86NR |          |
| Parent-Tot Multi Sport | RW17107-06 | 2/14-3/21 | 6:15-7pm    | 2-3  | WCC      | \$72R/\$86NR |          |

## FRIDAY

| PROGRAM                | CODE       | DATES     | TIME         | AGES | LOCATION | FEE          | NO CLASS |
|------------------------|------------|-----------|--------------|------|----------|--------------|----------|
| Parent-Tot Multi Sport | RW17114-01 | 1/4-2/8   | 8:30-9:15am  | 2-3  | WCC      | \$72R/\$86NR |          |
| Biddy Bsktbl & Soccer  | RW17114-02 | 1/4-2/8   | 9:20-10:05am | 3-4  | WCC      | \$72R/\$86NR |          |
| Parent-Tot Multi Sport | RW17114-03 | 2/15-3/22 | 8:30-9:15am  | 2-3  | WCC      | \$72R/\$86NR |          |
| Biddy Multi-Sport      | RW17114-04 | 2/15-3/22 | 9:20-10:05am | 3-4  | WCC      | \$72R/\$86NR |          |

## SATURDAY

| PROGRAM                | CODE       | DATES     | TIME          | AGES | LOCATION       | FEE          | NO CLASS |
|------------------------|------------|-----------|---------------|------|----------------|--------------|----------|
| Parent-Tot Multi-Sport | RW17116-01 | 1/5-2/9   | 8:15-9am      | 2-4  | Jackson School | \$81R/\$97NR |          |
| Parent Tot Multi-Sport | RW17116-02 | 1/5-2/9   | 9:05-9:50am   | 3-5  | Jackson School | \$81R/\$97NR |          |
| Biddy Soccer           | RW17116-03 | 1/5-2/9   | 10:45-11:30am | 3-4  | Jackson School | \$81R/\$97NR |          |
| Parent-Tot Multi-Sport | RW17116-04 | 2/16-3/23 | 8:15-9am      | 2-4  | Jackson School | \$81R/\$97NR |          |
| Biddy Soccer           | RW17116-05 | 2/16-3/23 | 9:05-9:50am   | 3-4  | Jackson School | \$81R/\$97NR |          |
| Biddy Basketball       | RW17116-06 | 2/16-3/23 | 10:45-11:30am | 3-4  | Jackson School | \$81R/\$97NR |          |



**PARTY!**

**YOU'RE INVITED TO HOST YOUR NEXT PARTY AT THE HUB!**

Visit [www.epd.org](http://www.epd.org) or call (630) 993-8967!

**BATTING CAGES**  
**SPRAY GROUND**

**THE HUB**  
AT BENSVILLE PARK  
Elmhurst Park District

**MINIATURE GOLF PARTY ROOM**

**493 OAKLAWN AVENUE • ELMHURST, ILLINOIS**





# YOUTH SPORTS

Our Youth Sport programs are designed to introduce the fundamentals of the game in a fun, and structured environment. These classes are a great way to build on a knowledge base or to help those who have already played to sharpen their skills.

## MONDAY

| PROGRAM           | CODE       | DATES     | TIME        | AGES | LOCATION | FEE          | NO CLASS |
|-------------------|------------|-----------|-------------|------|----------|--------------|----------|
| Youth Basketball  | RW17109-01 | 1/7-2/4   | 4:50-5:35pm | 4-6  | WCC      | \$60R/\$72NR |          |
| Youth Multi-Sport | RW17109-02 | 2/11-3/18 | 4:50-5:35pm | 4-6  | WCC      | \$60R/\$72NR | 2/18     |

## TUESDAY

| PROGRAM                 | CODE       | DATES     | TIME        | AGES  | LOCATION | FEE          | NO CLASS |
|-------------------------|------------|-----------|-------------|-------|----------|--------------|----------|
| Youth Multi-Sport       | RW17110-01 | 1/8-2/5   | 4:50-5:35pm | 4-6   | WCC      | \$72R/\$86NR |          |
| Youth Soccer            | RW17110-02 | 1/8-2/5   | 6:30-7:15pm | 4-6   | WCC      | \$72R/\$86NR |          |
| Youth Basketball        | RW17110-03 | 2/12-3/19 | 4:50-5:35pm | 4-6   | WCC      | \$72R/\$86NR |          |
| Yth Volleyball & Tennis | RW17110-04 | 2/12-3/19 | 6:30-7:15pm | 5.5-8 | WCC      | \$72R/\$86NR |          |

## THURSDAY

| PROGRAM          | CODE       | DATES     | TIME        | AGES | LOCATION | FEE          | NO CLASS |
|------------------|------------|-----------|-------------|------|----------|--------------|----------|
| Youth Soccer     | RW17111-01 | 1/3-2/7   | 5:25-6:10pm | 4-6  | WCC      | \$72R/\$86NR |          |
| Youth Basketball | RW17111-02 | 2/14-3/21 | 5:25-6:10pm | 4-6  | WCC      | \$72R/\$86NR |          |

## FRIDAY

| PROGRAM           | CODE       | DATES     | TIME          | AGES | LOCATION | FEE          | NO CLASS |
|-------------------|------------|-----------|---------------|------|----------|--------------|----------|
| Youth Multi-Sport | RW17115-01 | 1/4-2/8   | 10:15-11:15am | 4-5  | WCC      | \$72R/\$86NR |          |
| Youth Multi-Sport | RW17115-02 | 2/15-3/22 | 10:15-11:15am | 4-5  | WCC      | \$72R/\$86NR |          |

## SATURDAY

| PROGRAM            | CODE       | DATES     | TIME            | AGES    | LOCATION       | FEE          | NO CLASS |
|--------------------|------------|-----------|-----------------|---------|----------------|--------------|----------|
| Youth Soccer       | RW17117-01 | 1/5-2/9   | 9:55-10:40am    | 4.5-6   | Jackson School | \$81R/\$97NR |          |
| Youth Multi-Sport  | RW17117-02 | 1/5-2/9   | 11:35am-12:20pm | 4.5-6   | Jackson School | \$81R/\$97NR |          |
| Youth Floor Hockey | RW17117-03 | 1/5-2/9   | 12:25-1:10pm    | 5-8     | Jackson School | \$81R/\$97NR |          |
| Youth Soccer       | RW17117-04 | 2/16-3/23 | 9:55-10:40am    | 4.5-6   | Jackson School | \$81R/\$97NR |          |
| Youth Baseball     | RW17117-05 | 2/16-3/23 | 11:35am-12:20pm | 4.5-6.5 | Jackson School | \$81R/\$97NR |          |
| Youth Basketball   | RW17117-06 | 2/16-3/23 | 12:25-1:10pm    | 5-8     | Jackson School | \$81R/\$97NR |          |

# FREE FAMILY OPEN GYM

CHURCHVILLE MIDDLE SCHOOL

**SUNDAYS**  
10:30 am-1:30 pm

**JANUARY 6-FEBRUARY 17**

*A guardian must remain with children at all times.  
This is not a drop off program.*



ELEMENTARY AGE PROGRAMS **Lit'l Dribblers***Ages 5-11 1/2*

Lit'l Dribblers combines skill instruction with game experience for girls and boys. The first few weeks of this eleven-week-long program consist of skills and drills, and after a short holiday break we'll come back with a refresher and get right into games. The remaining weeks are spent learning new skills, improving existing skills and playing games. Reversible jerseys are provided to all participants. Participants who withdraw after December 15 will receive a prorated refund, less \$10 uniform fee. Once the uniforms are handed out, they may not be returned. Per policy, no refunds will be granted after January 19. No class December 22 and 29. *Registration for this program is currently open, and space is available on a limited basis.*

**Location:** Hawthorne School**Min/Max:** 10/30**Fee:** \$130R/\$160NR

|             |    |          |          |               |
|-------------|----|----------|----------|---------------|
| RF171121-01 | Sa | 12/9-3/3 | 8-9am    | Ages 5-6      |
| RF171121-02 | Sa | 12/9-3/3 | 9-10am   | Ages 5 1/2 -7 |
| RF171121-03 | Sa | 12/9-3/3 | 10-11am  | Ages 6 1/2 -8 |
| RF171121-04 | Sa | 12/9-3/3 | Noon-1pm | Ages 8-11 1/2 |

**Lit'l Dribblers Girls**

|             |    |          |           |          |
|-------------|----|----------|-----------|----------|
| RF171121-05 | Sa | 12/9-3/3 | 11am-Noon | Ages 5-8 |
|-------------|----|----------|-----------|----------|

**Edge Ice Arena Tot Ice Skating Lessons***Ages 3-5*

The Edge Ice Arena offers Learn to Skate classes for all ages and abilities from 3 years old to adult. Whether you are an aspiring Olympian, future Blackhawk or just want to skate for fun and exercise, there is a class for you! Each class includes 30 minutes of class time with 10 minutes of practice time. Skate rental is available for \$2 per class. Gloves are required. Helmets are not required, but recommended. A \$20 Annual Registration fee is required and payable to the Edge Ice Arena on the first day of class.

**Location:** Edge Ice Arena-John Street**Min/Max:** 5/20**Fee:** \$90R/\$94NR

|            |    |           |               |
|------------|----|-----------|---------------|
| RW17124-01 | W  | 1/2-2/6   | 4-4:40pm      |
| RW17124-02 | W  | 2/13-3/20 | 4-4:40pm      |
| RW17124-03 | W  | 1/2-2/6   | 4:40- 5:20pm  |
| RW17124-04 | W  | 2/13-3/20 | 4:40- 5:20pm  |
| RW17124-05 | Sa | 1/5-2/9   | 9:30-10:10am  |
| RW17124-06 | Sa | 2/16-3/23 | 9:30-10:10am  |
| RW17124-07 | Sa | 1/5-2/9   | 10:10-10:50am |
| RW17124-08 | Sa | 2/16-3/23 | 10:10-10:50am |

**Edge Ice Arena Beginner & Basic Ice Skating Lessons***Ages 6-12*

The Edge Ice Arena offers Learn to Skate classes for all ages and abilities from 3 years old to adult. Whether you are an aspiring Olympian, future Blackhawk or just want to skate for fun and exercise, there is a class for you! Each class includes 30 minutes of class time with 10 minutes of practice time. Skate rental is available for \$2 per class. Gloves are required. Helmets are not required, but recommended. A \$20 Annual Registration fee is required and payable to the Edge Ice Arena on the first day of class.

**Location:** Edge Ice Arena-John Street**Min/Max:** 5/20**Fee:** \$90R/\$94NR

|            |    |           |               |
|------------|----|-----------|---------------|
| RW17125-01 | W  | 1/2-2/6   | 4-4:40pm      |
| RW17125-02 | W  | 2/13-3/20 | 4-4:40pm      |
| RW17125-03 | W  | 1/2-2/6   | 4:40- 5:20pm  |
| RW17125-04 | W  | 2/13-3/20 | 4:40- 5:20pm  |
| RW17125-05 | Sa | 1/5-2/9   | 9:30-10:10am  |
| RW17125-06 | Sa | 2/16-3/23 | 9:30-10:10am  |
| RW17125-07 | Sa | 1/5-2/6   | 10:10-10:50am |
| RW17125-08 | Sa | 2/16-3/23 | 10:10-10:50am |

## PHOTOGRAPHY



**Capturing the fun!** Photos and videos are periodically taken of people participating in Park District programs and activities, or using Park District property, thereby agree that any photo or video taken by the Park District may be used by Park District for promotional purposes, including its electronic media,

video, brochures, flyers, and other publications without additional, prior notice or permission and without compensation to the participant.



**NERF Battle Royale***Ages 6-9*

Join our Zone Commanders as they guide you through a night of non-stop activities. Sharpen your skills in the target range before the big battle. After your training it's time to enter the arena, consisting of movable obstacles, netting and barricades that players can use as tactical shelter. Pick up a blaster and avoid being tagged by your opponents. Refuel with pizza and drinks before going back in for round 2! Each participant will receive goggles, NERF blaster and ammo to use for the night.

**Fee:** \$32R/\$38NR**Min/Max:** 10/35

|            |   |      |          |                           |
|------------|---|------|----------|---------------------------|
| RW17180-01 | F | 1/18 | 5:30-8pm | WCC                       |
| RW17180-02 | F | 2/15 | 5:30-8pm | Churchville Middle School |

**Minor Hawks Developmental Hockey League***Ages Born 1/1/2011-12/31/2013*

Players born from 1/1/2011 to 12/31/2013 are invited to join the best developmental hockey league in the country. We will be following the USA Hockey Athletic Development Model to provide the best possible experience for your up and coming hockey player. We will be focusing on providing FUN, motivating practices and games, developing reasoning skills through unstructured competition. Classes will build confidence by creating competitive groups, which will allow for a high rate of success and promote individual and group participation. All participants must register at least one week prior to the start of the session. All players are required to attend the evaluation skate on Saturday, January 5, 2019 at 8 a.m. at the Edge Ice Arena. Additional information can be found on the Blues website at [www.chicagoblueshockey.org](http://www.chicagoblueshockey.org). Practices will be split into 4 groups based on ability. We recognize that each player is unique and develops at a different rate. By creating parity within each group we feel that we can better serve the needs of each player on a more individualized basis. Players will have more fun by practicing at their own level and coaches will be able to create a more competitive atmosphere with the games and competitions in practice. Games will consist of half ice games with the new hard board system splitting the ice in two. Competitive matching will be the rule to create parity amongst teams. By splitting the ice into two we will be creating more opportunity for each young player to get involved in the game and thus use their skating, puck-handling, agility, and shooting on a more frequent basis. Game and practice times are typically Saturdays at 10:20 a.m. at the Edge on Jefferson West and Sundays at 9:10 a.m. at the Edge on Jefferson East. For maximum development, we recommend registering for Wednesday pre-hockey to add more repetitions in skills training. This program will be run by hockey director Rick Patrone. Rick has extensive experience in coaching youth hockey.

**Location:** Edge Ice Arena**Min/Max:** 5/20**Fee:** \$300R/\$360NR

|            |      |          |               |
|------------|------|----------|---------------|
| RW17127-01 | SaSu | 1/5-3/30 | 10:20-11:20am |
|------------|------|----------|---------------|

**Minor Hawks Pre-Hockey Program***Ages 4-13*

Pre-Hockey/Learn to Skate classes are structured so your child will have the opportunity to learn the basics of hockey from certified USA Hockey instructors in an atmosphere that is relaxed, non-competitive and fun. No prior skating or hockey experience is needed, however, equipment is required. A starter pack is available for purchase at the Edge Ice Arena for \$126. Each starter pack includes everything except skates and a hockey stick. Hockey sticks are available for \$13.50. To schedule a fitting please contact the Edge Ice Arena at (630) 766-8888. All players will need a valid 2018-19 USA Hockey Insurance Number to register; this is an annual fee of \$53. To register please go to [www.usahockeyregistration.com](http://www.usahockeyregistration.com). The address for the rink is 735 E. Jefferson Street, Bensenville, IL 60106.

**Location:** Edge Ice Arena**Min/Max:** 5/20

|            |    |          |               |                |
|------------|----|----------|---------------|----------------|
| RW17126-01 | W  | 1/2-3/27 | 5:15-6pm      | \$143R/\$170NR |
| RW17126-02 | Sa | 1/5-3/30 | 10:10-10:55am | \$121R/\$145NR |



The sports programs listed here are organized and run by volunteer-led community groups. Games and practices are held at Park District facilities but are not Elmhurst Park District programs. The Elmhurst Park District has formed the Athletic Field Advisory Committee to act as a liaison between the District's staff and the Elmhurst community in order to communicate citizen opinions, making the District more responsive to athletic field users.

**SPECIAL NEEDS**



**Access Sports**

[www.elmhurstaccesssports.org](http://www.elmhurstaccesssports.org)

Access Sports provides young athletes with disabilities in and around Elmhurst, IL access to team sport activities to learn new skills, encourage teamwork, and realize that team sports can be fun, yet competitive.

**BASEBALL & SOFTBALL**



**Elmhurst Baseball & Softball Leagues**

[www.elmhurstbaseball.com](http://www.elmhurstbaseball.com)

suebaseball@comcast.net

A non-profit organization providing a positive baseball experience. We conduct baseball leagues, clinics and camps for boys and girls ages 6-15.



**Elmhurst Youth Baseball**

[www.eybaseball.org](http://www.eybaseball.org)

info@eybaseball.org

Elmhurst Youth Baseball is a non-profit organization offering baseball for boys and girls from Tee Ball for ages 5-6, to leagues against surrounding towns for ages 13-14, 15-16, and 17-18.



**Cougars Baseball & Softball League**

[www.cougarsbaseballsoftball.com](http://www.cougarsbaseballsoftball.com)

baseball@cougarsbaseballsoftball.com  
softball@cougarsbaseballsoftball.com

An organization of traveling teams located in Elmhurst that play in the Chicago metro area, stressing baseball instruction and fun while playing at a more competitive level. Their goal is to prepare athletes for success at the high school level by playing approximately 40-50 games, including tournament play.

**FOOTBALL**



**Elmhurst Eagles Football / Cheerleading**

[www.elmhursteagles.org](http://www.elmhursteagles.org)

eeyfcinfo@gmail.com

A non-profit organization dedicated to the development and instruction of boys and girls ages 7-14. Safety, sportsmanship, teamwork, discipline and camaraderie are emphasized. Games are played on weekends against teams from nearby communities.

**LACROSSE**



**Elmhurst Lacrosse**

[www.elmhurstlacrosse.com](http://www.elmhurstlacrosse.com)

elmhurstlax@gmail.com

Elmhurst Lacrosse is a non-profit organization dedicated to the development and instruction of boys' lacrosse for players in 2nd-8th grade. All teams are divided into equal talent. Season takes place beginning in April and runs through mid-June. Registration takes place the prior November.



**Elmhurst Girls Lacrosse Club**

[www.iglax.org](http://www.iglax.org)

(773) 909-5940 info@iglax.org

Illinois Girls Lacrosse Association (IGLA) is a non-profit organization that exists to promote and educate girls in the skill, knowledge, sportsmanship and love of the sport of lacrosse. We offer spring and fall leagues, clinics and summer camps for girls 3rd-8th grade in the offseason.

**SOCCER**



**American Youth Soccer Organization (AYSO)**

[www.ayso399.org](http://www.ayso399.org)

An all-volunteer organization offering teams for ages 4 ½ - 19 in a safe, fun, and family environment. Teams are gender-specific through eighth grade and co-ed in the high school program.



**Team Elmhurst Soccer Club (TESC)**

[www.elmhurstsoccer.com](http://www.elmhurstsoccer.com)

(630) 417-9191 doc@elmhurstsoccer.com

A non-profit organization providing a soccer program for boys and girls ages 6-18 trained by USSF licensed coaches focused on developing players' skills and knowledge to compete at the highest levels of competitive youth soccer in the Illinois Youth Soccer Association Leagues.



# SUGAR CREEK GOLF COURSE

WWW.SUGARCREEKGOLFCOURSE.ORG

Sugar Creek Golf Course - 500 E. Van Buren, Villa Park, IL 60181  
(630) 834-3325 - Open dawn 'til dusk

## Reservations

Reservations are not required but are accepted up to 7 days in advance. To book a reservation and guarantee your tee time, we require a credit card number. Online reservations are available at [www.sugarcreekgolfcourse.org](http://www.sugarcreekgolfcourse.org) and will also require a credit card number.

## Cancellations & No-Shows

Please notify us at least 24 hours prior to your tee time for changes or cancellations. No-shows and player shortages on your reservation will be charged to you.

## Rain Checks

It is your responsibility to contact Sugar Creek regarding your tee time, course conditions and playability.

No rain checks will be issued for golfers teeing off in questionable weather or if the possibility of threatening weather is forecast. If conditions are deemed playable by management, your decision to play forfeits any right to a rain check.

Rain checks will be issued to golfers who are forced to abandon their play during a round due to unexpected inclement weather. In this case, golfers can receive a credit toward the amount of golf not played, redeemable through the end of the current season. No cash refunds are offered.

## ThorGuard

The lightning detection system will sound automatically upon determining threatening conditions in the area. Golfers are asked to leave the course immediately and return to the clubhouse upon hearing the horn. Please note: The detection system is completely automated. Staff has no control or authority to manipulate the system.

One long horn – Leave the course and/or seek shelter immediately  
Three short horns – All clear to play

## Riding Cart Rental

Sugar Creek will rent riding carts to any golfer 18 years and older. A current driver's license must be provided as collateral and will be returned after the completion of your round. You will be held financially liable for any damage sustained to a cart during your use that requires repair.

## Zero Tolerance Alcohol Policy

Any alcohol not purchased from Sugar Creek is not allowed on the property. No exceptions! Violators will be asked to leave immediately.

## 2019 Rates

| Weekday            | Resident | Non-Resident |
|--------------------|----------|--------------|
| Nine Holes         | \$17*    | \$20         |
| Senior (60 & Up)   | \$16     | \$19         |
| Senior with pass   | \$13**   | \$13**       |
| Youth (17 & Under) | \$16     | \$19         |

| Weekend                  | Resident | Non-Resident |
|--------------------------|----------|--------------|
| Nine Holes               | \$19     | \$22         |
| Youth (Sat. after 11 am) | Free     | Free         |
| Youth (Sun. after 5 pm)  | Free     | Free         |

Each youth ages 17 and under must be accompanied by a paying adult to receive the free round. Not available on holidays, and reservations are required.

\*Villa Park and Elmhurst Residents can choose to purchase a \$15 resident card to qualify for the resident rate.

\*\*Seniors ages 60 and up may purchase a Frequent Player Pass Card for \$50 to receive the special rate of \$13 per nine holes. The special senior rate is available Monday through Friday before 2:00 pm, and you do not need to be a resident to qualify.

## Additional Amenities

|             |                                |
|-------------|--------------------------------|
| Riding Cart | \$20 (must be 18 years of age) |
| Pull Cart   | \$3                            |
| Club Rental | \$12 (ID required for deposit) |

## Driving Range

|   |  |
|---|--|
| Practice Balls (individual pin numbers) |  |
| Small (35 balls) - \$6                  |  |
| Medium (70 balls) - \$10                |  |
| Large (105 balls) - \$14                |  |

**E-Range Key Pricing** – Save money by investing in your range balls in advance. The more you invest, the more you save!

| Buy        | Get              | Cost  |
|------------|------------------|-------|
| 10 buckets | 1 bonus bucket   | \$60  |
| 15 buckets | 3 bonus buckets  | \$90  |
| 20 buckets | 6 bonus buckets  | \$120 |
| 30 buckets | 12 bonus buckets | \$180 |

## Season Membership

(unlimited balls January 1-December 31) - \$450

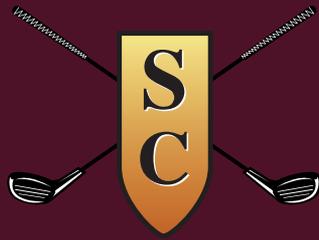
## PGA Private Instruction

Please call 630-834-3325 for pricing.



## Visit us online!

Book tee times, join our e-club, register for programs and get banquet information.  
[www.sugarcreekgolfcourse.org](http://www.sugarcreekgolfcourse.org)



SUGAR CREEK  
GOLF COURSE

# The perfect setting for your special occasion



Beautiful setting with a brand new outdoor deck and dining area. Sugar Creek is surrounded by stunning landscaped golf course views that will truly enhance your special occasion.

### *The perfect setting for:*

- Wedding Receptions
- Bridal Showers
- Baby Showers
- Birthday Parties
- Holiday Parties
- Rehearsal Dinners
- Graduation Parties
- Corporate Meetings/Events

### *Clubhouse features:*

- A private setting with magnificent views of the golf course
- Personalized event planning
- Customized menus catered to fit any occasion
- Full-service bar
- Intimate fireplace
- Brand new outdoor deck and dining area
- Room capacity up to 100 guests



## Illinois Shotokan Karate

Illinois Shotokan Karate Club is Chicagoland's premier karate school taught under the instruction of John DiPasquale, a four-time National Champion, US National Coach and President of the US National Karate Federation. ISKC's karate classes help develop flexibility, strength, and coordination in fun, yet disciplined activities. This program offers a mix of strength training, cardiovascular and flexibility exercises. Students increase their coordination, agility and poise, all while learning lasting personal safety skills. Classes on March 2 will be moved to the Wagner Community Center.

**Location:** Edison School

**Min/Max:** 10/20

### Beginner/Continuing (White Belts) – Ages 4-7

|            |    |          |           |                |
|------------|----|----------|-----------|----------------|
| RW11104-01 | Sa | 1/5-3/16 | 9- 9:45am | \$122R/\$148NR |
|------------|----|----------|-----------|----------------|

### Intermediate/Adv (White w/Stripes-Red) – Ages 4-7

|            |    |          |              |                |
|------------|----|----------|--------------|----------------|
| RW11104-02 | Sa | 1/5-3/16 | 9:45-10:30am | \$122R/\$148NR |
|------------|----|----------|--------------|----------------|

### Beginner/Novice (White-Blue Belts) – Ages 8 and up

|            |    |          |               |                |
|------------|----|----------|---------------|----------------|
| RW11104-03 | Sa | 1/5-3/16 | 10:30-11:30am | \$122R/\$148NR |
|------------|----|----------|---------------|----------------|

### Intermediate (Green-Black Belts) – Ages 8 and up

|            |    |          |                 |                |
|------------|----|----------|-----------------|----------------|
| RW11104-04 | Sa | 1/5-3/16 | 11:30am-12:45pm | \$138R/\$148NR |
|------------|----|----------|-----------------|----------------|

## Kid's Karate & Safety Club

### Ages 4-14

A child's best defense is being prepared. This program is more than just kicking, punching and yelling; this program focuses on teaching children about strangers and avoiding dangerous situations. It also targets many building blocks in the martial arts, including respect, self esteem, self confidence, leadership and family involvement. This progressive martial arts program teaches the basics in karate, self defense, sparring and kata with belt progression through black belt. Uniforms are required and available for purchase from the instructor. Belt testing is offered through Kid's Karate Club on March 6 at an additional fee.

**Location:** Wagner Community Center

**Min/Max:** 10/40

**Fee:** \$60R/\$75NR

### Beginner (white belt)

|            |   |         |             |
|------------|---|---------|-------------|
| RW11201-01 | W | 1/9-3/6 | 5:45-6:30pm |
|------------|---|---------|-------------|

### Intermediate/Advanced (yellow-black belt)

|            |   |         |             |
|------------|---|---------|-------------|
| RW11201-02 | W | 1/9-3/6 | 6:30-7:15pm |
|------------|---|---------|-------------|

## Taekwondo

One of the newest Olympic sports, is a 2000-year-old martial art, offering a variety of benefits for people of all ages and physical abilities. Skills are developed through gentle instruction and appropriate games for age and ability. This class focuses on developing balance, coordination, and respect for the discipline of martial arts training. A \$45 uniform fee is required at the first class. Belt testing is offered through The KH Kim Taekwondo at an additional fee and is held twice a year. No class February 18.

**Location:** Edison School

**Min/Max:** 8/20

### PeeWee Taekwondo – Ages 4-5

|            |   |          |          |                |
|------------|---|----------|----------|----------------|
| RW11202-01 | M | 1/7-3/18 | 6:15-7pm | \$110R/\$130NR |
|------------|---|----------|----------|----------------|

|            |   |          |          |                |
|------------|---|----------|----------|----------------|
| RW11202-02 | W | 1/2-3/20 | 6:15-7pm | \$132R/\$156NR |
|------------|---|----------|----------|----------------|

### Early Taekwondo – Ages 6-7

|            |   |          |          |                |
|------------|---|----------|----------|----------------|
| RW11202-03 | M | 1/7-3/18 | 6:15-7pm | \$110R/\$130NR |
|------------|---|----------|----------|----------------|

|            |   |          |          |                |
|------------|---|----------|----------|----------------|
| RW11202-04 | W | 1/2-3/20 | 6:15-7pm | \$132R/\$156NR |
|------------|---|----------|----------|----------------|

### Youth Taekwondo – Ages 8-13

|            |   |          |             |                |
|------------|---|----------|-------------|----------------|
| RW11202-05 | M | 1/7-3/18 | 7:05-7:55pm | \$110R/\$130NR |
|------------|---|----------|-------------|----------------|

|            |   |          |             |                |
|------------|---|----------|-------------|----------------|
| RW11202-06 | W | 1/2-3/20 | 7:05-7:55pm | \$132R/\$156NR |
|------------|---|----------|-------------|----------------|

### Parent/Child Taekwondo – Ages 7 and up

|            |   |          |             |                |
|------------|---|----------|-------------|----------------|
| RW11202-07 | M | 1/7-3/18 | 7:05-7:55pm | \$110R/\$130NR |
|------------|---|----------|-------------|----------------|

|            |   |          |             |                |
|------------|---|----------|-------------|----------------|
| RW11202-08 | W | 1/2-3/20 | 7:05-7:55pm | \$132R/\$156NR |
|------------|---|----------|-------------|----------------|

### Adult Taekwondo – Ages 14 and up

|            |   |          |          |                |
|------------|---|----------|----------|----------------|
| RW11202-09 | M | 1/7-3/18 | 8-8:50pm | \$110R/\$130NR |
|------------|---|----------|----------|----------------|

|            |   |          |          |                |
|------------|---|----------|----------|----------------|
| RW11202-10 | W | 1/2-3/20 | 8-8:50pm | \$132R/\$156NR |
|------------|---|----------|----------|----------------|

### Deputy Black Belts & Black Belts – Ages 14 and up

|            |   |          |          |                |
|------------|---|----------|----------|----------------|
| RW11202-11 | M | 1/7-3/18 | 8-8:50pm | \$110R/\$130NR |
|------------|---|----------|----------|----------------|

|            |   |          |          |                |
|------------|---|----------|----------|----------------|
| RW11202-12 | W | 1/2-3/20 | 8-8:50pm | \$132R/\$156NR |
|------------|---|----------|----------|----------------|



REGISTER FOR fun TODAY! 

Find your fun! Register for a program or paid special event through our online registration system at [www.epd.org](http://www.epd.org). Simply log in, click on the category you are looking for or search using the first seven digits of the program code and you are on your way. Register today!



**Little Dragons Tang Soo Do Karate\***

*Ages 4-6*

Our children's classes are formatted to teach self-discipline and self-reliance. Classes feature dynamic martial arts activities to promote aerobic fitness, strength, flexibility and balance. Children are taught to overcome challenges in a constructive manner through positive reinforcement. Improved self-esteem enables children to better confront peer pressure and to pursue success in all aspects of their lives.

**Location:** Courts Plus **Min/Max:** 4/20  
**Fee:** \$80M/\$90NM

|            |      |           |             |
|------------|------|-----------|-------------|
| EY11200-01 | TuTh | 1/3-1/24  | 4:30-5:15pm |
| EY11200-02 | TuTh | 1/29-2/21 | 4:30-5:15pm |
| EY11200-03 | TuTh | 2/26-3/21 | 4:30-5:15pm |

**Children & Teen Tang Soo Do Karate\***

*Ages 6-13*

The gift of a long and successful life awaits your children through martial arts training. The study of karate encourages strong mental and physical development, building the foundations of balance, mobility, flexibility and strength that will last a lifetime. Students will also learn respect, confidence and discipline and develop the self-esteem needed in modern life.

**Location:** Courts Plus **Min/Max:** 4/25

*Children & Teen Tang Soo Do Karate*

**Fee:** \$80M/\$90NM

|            |      |           |             |
|------------|------|-----------|-------------|
| EY11201-01 | TuTh | 1/3-1/24  | 5:30-6:30pm |
| EY11201-05 | TuTh | 1/29-2/21 | 5:30-6:30pm |
| EY11201-09 | TuTh | 2/26-3/21 | 5:30-6:30pm |

*Continuing students with Instructors approval and are 8 yrs and above*

**Fee:** \$85M/\$95NM

|            |      |           |             |
|------------|------|-----------|-------------|
| EY11201-02 | MW   | 1/2-1/23  | 5:30-6:30pm |
| EY11201-03 | TuTh | 1/3-1/24  | 6:30-7:30pm |
| EY11201-06 | MW   | 1/28-2/20 | 5:30-6:30pm |
| EY11201-07 | TuTh | 1/29-2/21 | 6:30-7:30pm |
| EY11201-10 | MW   | 2/25-3/20 | 5:30-6:30pm |
| EY11201-11 | TuTh | 2/26-3/21 | 6:30-7:30pm |

*Continuing advanced students ranks brown through black belt*

**Fee:** \$85M/\$95NM

|            |     |           |             |
|------------|-----|-----------|-------------|
| EY11201-04 | MWF | 1/2-1/25  | 6:30-7:30pm |
| EY11201-08 | MWF | 1/28-2/22 | 6:30-7:30pm |
| EY11201-12 | MWF | 2/25-3/22 | 6:30-7:30pm |



**Teen Tang Soo Do Karate**

*Ages 15-17*

Karate encourages both physical and mental development. Tang Soo Do classes develop a strong foundation of balance, mobility, flexibility and strength. You can expect to improve endurance, coordination and power for a great overall workout. Students are recommended to attend two or more classes per week.

**Location:** Courts Plus **Min/Max:** 4/25  
**Fee:** \$85M/\$95NM

|            |     |           |             |
|------------|-----|-----------|-------------|
| EY11301-01 | MWF | 1/2-1/25  | 7:30-8:30pm |
| EY11301-02 | MWF | 1/28-2/22 | 7:30-8:30pm |
| EY11301-03 | MWF | 2/25-3/22 | 7:30-8:30pm |

**Adult Tang Soo Do Karate\***

*Ages 18 and up*

Karate encourages both physical and mental development. Tang Soo Do classes develop a strong foundation of balance, mobility, flexibility and strength. You can expect to improve endurance, coordination and power for a great overall workout. Students are recommended to attend two or more classes per week. Any Adult who is registered for Adult Tang Soo Do will receive 50% off Hapkido.

**Location:** Courts Plus **Min/Max:** 4/25  
**Fee:** \$85M/\$95NM

|            |     |           |             |
|------------|-----|-----------|-------------|
| EY11300-01 | MWF | 1/2-1/25  | 7:30-8:30pm |
| EY11300-02 | MWF | 1/28-2/22 | 7:30-8:30pm |
| EY11300-03 | MWF | 2/25-3/22 | 7:30-8:30pm |

**Hapkido**

*Ages 13 and up*

Hapkido is a form of self-defense that employs joint locks, grappling and throwing techniques, pressure point manipulations, as well as kicks, punches and other striking attacks. Hapkido emphasizes circular motion, redirection of force and control of the opponent. Practitioners seek to gain advantage through footwork and body positioning to incorporate the use of leverage, avoiding the use of strength against strength. Ages 13 and up only, classes are not formatted for children. Instruction provided by Michael Inoshita, a certified 4th degree black belt in Sin Moo Hapkido.

**Location:** Courts Plus **Min/Max:** 4/25  
**Fee:** \$80M/\$90NM

|            |    |          |       |
|------------|----|----------|-------|
| EW11303-01 | Su | 1/6-1/27 | 4-6pm |
| EW11303-02 | Su | 2/3-2/24 | 4-6pm |
| EW11303-03 | Su | 3/3-3/24 | 4-6pm |

# COURTS PLUS

## WHO WE ARE

Courts Plus is your community facility, owned and operated by the Elmhurst Park District. Our facility is here to support your success, your family and your community.

### YOUR SUCCESS

We are here to help you accomplish your goals!

#### MEMBERSHIP

##### SUCCESS PROGRAM:

- 2 free fitness sessions
- Personalized fitness plan
- Free dues (ask us how!)
- Follow up calls
- Courts Plus App with Rewards

##### YOUR MEMBERSHIP INCLUDES:

- Over 75 free weekly group exercise, cycling, and aquatic fitness classes
- Indoor track
- Indoor swimming pool and whirlpool
- Sauna and steam rooms
- Indoor climbing wall
- Tennis and racquetball courts
- Massage therapy
- Two guest passes each month

### YOUR FAMILY

#### FREE CHILDCARE

Take time to focus on your health. Kids Plus at Courts Plus is a supervised child care service provided to Courts Plus members and their guests.

#### FIT 4 LIFE YOUTH GYM

Fit 4 Life, our youth-oriented gym and fitness program for children ages 6-15 helps young people begin a lifelong journey of health and fitness.

#### KIDS PLUS PROGRAMS

Kids Plus is where kids come for fun time while you focus on workout time.

Our programming runs year-round and focuses on creating a fun environment that enriches your child's mind and body.

### YOUR COMMUNITY

#### COURTS PLUS CARES

Courts Plus recognizes the importance of investing in the community it calls home by partnering with local charities.

#### COURTS PLUS PERKS

Enjoy exclusive discounts and savings throughout Elmhurst as our way of saying thank you for being part of the Courts Plus fitness community. For a full list of Perks, visit [courtsplus.com](http://courtsplus.com)

#### COURTS PLUS EVENTS AND FREE SEMINARS

We love being part of the community! Stay up to date on all the fun events on our website at [courts-plus.com/news](http://courts-plus.com/news).

## PERSONAL TRAINING

Working with a Courts Plus personal trainer will help you develop and maintain an effective, safe and individualized program to meet your specific goals. Team specialties include sports-specific enhancement routines, weight loss/fat burning, strength conditioning programs, and a wide range of medical condition programs, such as cardiovascular, range of motion, and flexibility routines. Please contact Courts Plus at (630) 833-5064 or visit our website at [courtsplus.com](http://courtsplus.com) for more information.

Address: 186 S. West Avenue, Elmhurst, IL 60126

Phone: (630) 833-5064

Visit our website: [www.courtsplus.com](http://www.courtsplus.com)

## COURTS PLUS HOURS

|               |             |
|---------------|-------------|
| Monday-Friday | 5am-11pm    |
| Saturday      | 6am-10pm    |
| Sunday        | 6:30am-10pm |

## SWIMMING POOL HOURS

|               |               |
|---------------|---------------|
| Monday-Friday | 5am-10:30pm   |
| Saturday      | 6am-9:30pm    |
| Sunday        | 6:30am-5:30pm |

 STUDENT HOLIDAY MEMBERSHIP

30 days for \$39

Courts Plus is here to support your success, your family, and your community. Sign up with us today!

Limited time only.  
Must be purchased 12/1-12/31.  
For ages 18-22.

www.courtsplus.com (630) 833-5064



 FITNESS

**Functional Fitness**

*Ages 18 and up*

Function Fitness class on the rig will give you the tools to create functional exercises to be set as a circuit and help you maximize body weight exercises for yourself in a safe manner.

**Location:** Courts Plus

**Min/Max:** 4/8

**Fee:** \$45M/\$55NM

|            |    |           |        |
|------------|----|-----------|--------|
| EW08388-01 | M  | 1/14-1/28 | 6-7pm  |
| EW08388-02 | Sa | 1/19-2/2  | 9-10am |

**Golf Fitness**

*Ages 16 and up*

Golf Fitness will help stabilize and challenge the muscle groups used in your golf game. A great way to get in or stay in golf shape to make sure your golf game is on par!

**Location:** Courts Plus

**Min/Max:** 5/10

**Fee:** \$125M/\$135NM

|            |      |            |       |
|------------|------|------------|-------|
| EW08314-01 | TuTh | 12/11-1/17 | 7-8am |
| EW08314-02 | TuTh | 1/22-2/28  | 7-8am |

MIND &  BODY

**Candlelight Yoga At The Mansion**

*Ages 16 and up*

While surrounded by soft candlelight in the scenic Wilder Mansion you will be led by Courts Plus Yoga Instructors in this gentle flowing Yoga class that will leave you feeling relaxed and rejuvenated. Bring a yoga mat and water and leave your worries behind.

**Location:** Wilder Mansion

**Min/Max:** 8/20

**Fee:** \$15M/\$19NM

|            |   |      |          |
|------------|---|------|----------|
| EW12305-01 | M | 1/7  | 7-8:15pm |
| EW12305-02 | M | 2/11 | 7-8:15pm |
| EW12305-03 | M | 3/11 | 7-8:15pm |

**Tai Chi**

*Ages 18 and up*

Tai Chi Chuan is appropriate for participants of any age or fitness level. The exercises are characterized by slow, graceful movements. Through practice you can expect to improve balance, coordination, strength & flexibility, reduce blood pressure, relieve stress and enjoy a feeling of positive energy. Tai Chi Chuan is proven as the most effective way to delay the onset of falling.

**Location:** Courts Plus

**Min/Max:** 4/25

|            |    |          |              |              |
|------------|----|----------|--------------|--------------|
| EW11302-01 | Th | 2/7-3/21 | 12:30-1:30pm | \$73M/\$78NM |
| EW11302-02 | Th | 2/7-3/21 | 12:30-2pm    | \$83M/\$88NM |

**CHANGE YOUR LIFE CHALLENGE**

*Are you ready to make a healthy lifestyle change but don't know where to start?*

**Included in the challenge:**

The 90 day 2019 Change Your Life Challenge is the program designed for you. While competition is based on total percentage of body fat lost, the 90 day focus is primarily on habit change and achieving personal wellness goals. The real reward of this challenge is joining others in discovering a new trajectory for your life!

- A group effort to change your life and a chance to win the grand prize of a FREE YEAR OF DUES!
- Change Your Life 2019 T-Shirt
- 3 Seminars from a health coach about behavior change and nutrition
- Knowledge, accountability, and encouragement from 10 sessions with a personal trainer
- Support from staff and other contestants through weekly emails and private Facebook group

**Register:**

At Courts Plus 2/1 – 2/13

**Member Fee:**

\$476 for 30 min training sessions

\$624 for 60 minute training sessions



## MOM & BABY FITNESS

### Pre/Postnatal Water Exercise

*Ages 16 and up*

Refresh and rejuvenate throughout your pregnancy and postpartum period with a special pre/postnatal water workout. This class is designed to be very effective and comforting to your changing body. It's a great workout for postpartum moms to safely strengthen your pelvic muscles and body after birth. For pregnant moms, you will experience improved circulation and a feeling of 'weightlessness'. Buoyancy also allows you to exercise on your back without restricting oxygen flow to you and baby. Each class includes cardio, strength training, flexibility and labor preparation. Please note that all pregnant participants need doctor's consent to participate.

**Location:** Courts Plus **Min/Max:** 6/12  
**Fee:** \$80M/\$98NM

|            |   |           |             |
|------------|---|-----------|-------------|
| EW08300-01 | M | 1/7-2/11  | 5:45-6:30pm |
| EW08300-02 | M | 2/18-3/25 | 5:45-6:30pm |



### FIT4BABY PRENATAL CLASS

*Ages 18 and up*

Fit4Baby® is one of FIT4MOM®'s flagship programs designed to strengthen the body for all the changes it will experience during pregnancy. The class includes cardio, strength, flexibility and balance training. Fit4Baby is designed to accommodate all stages of pregnancy. Our instructors are certified and trained specifically to lead our pregnant clients through exercises safely and appropriate for her changing body. These classes are for moms only. \$129 per 8-week session. First class is free. Register with Lesley Lehman, Fit4Baby Instructor. Call: (331) 642-0055; E-mail; dupageco@fit4mom.com; or log on to: dupagecounty.fit4mom.com

**Location:** Fitness Studio **Limit:** 14

|                |    |             |        |
|----------------|----|-------------|--------|
| 1/9/18-2/27/19 | W  | 7-8pm       | \$129* |
| 1/12/19-3/2/19 | Sa | 8:30-9:30am | \$129* |
| 3/6/19-4/24/19 | W  | 7-8pm       | \$99   |
| 3/9/19-4/27/19 | Sa | 8:30-9:30am | \$99   |



### BODY BACK TRANSFORMATION CLASS

*Ages 18 and up*

It's time to get your body and yourself back. Body Back® is one of FIT4MOM®'s flagship programs designed to help you restore and transform your body, mind and spirit through high intensity interval training and a complete nutrition program. Our certified instructors guide you through an 8-week session with two workouts per week, a food plan, coaching, and a supportive small group atmosphere to help you get real results. The class is geared toward motherhood but open to anyone. It also doesn't matter how old your kids are. Free trial workout options available. Register with Lesley Lehman, Body Back Instructor. Call: (331) 642-0055; E-mail; dupageco@fit4mom.com; or log on to: dupagecounty.fit4mom.com for participant results and testimonials.

**Location:** MultiPurpose Room **Limit:** 12

|         |      |               |       |
|---------|------|---------------|-------|
| 1/7-3/3 | TuTh | 9:30-10:30 am | \$399 |
|---------|------|---------------|-------|

## KIDS FITNESS

### Acceleration Sports

*Ages 11-13*

This class is geared toward the 11-13 year old who would like to add increased speed, strength and flexibility into their sport's focus. In this small group setting, our personal trainers will have time to work one-on-one to enhance a child's performance. Days, times and ages don't fit your needs? Call Anthony Larocco at (630) 993-4722 to customize your own small group.

**Location:** Courts Plus **Min/Max:** 4/8  
**Fee:** \$42M/\$52NM

|            |   |           |             |
|------------|---|-----------|-------------|
| EW08201-01 | M | 1/7-1/21  | 4:30-5:30pm |
| EW08201-02 | M | 2/4-2/18  | 5:30-6:30pm |
| EW08201-03 | M | 1/28-2/11 | 4:30-5:30pm |
| EW08201-04 | M | 2/25-3/11 | 5:30-6:30pm |
| EW08201-05 | M | 2/11-2/25 | 4:30-5:30pm |

### Fitness Fusion

*Ages 8-10*

This action-packed class incorporates various fun forms of exercise such as cardiovascular and strength intervals. Let us help you get in great shape or prepare for your individual sport. The Fit 4 Life gym and fitness floor will be incorporated into this cross-training type class. Days, times or ages don't match your needs? Call Anthony Larocco at (630) 993-4722 to customize your own small group.

**Location:** Courts Plus **Min/Max:** 4/8  
**Fee:** \$40M/\$48NM

|            |    |           |             |
|------------|----|-----------|-------------|
| EW08203-01 | Tu | 1/8-1/22  | 4:30-5:30pm |
| EW08203-02 | Tu | 2/5-2/19  | 4:30-5:30pm |
| EW08203-03 | Tu | 2/26-3/12 | 4:30-5:30pm |

### Zumba Kids

*Ages 4-8*

Designed exclusively for kids. Zumba® Kids classes are rockin', high-energy fitness parties packed with specially choreographed, kid-friendly routines and all the music kids love, like hip-hop, regaeton, cumbia and more. Parents love Zumba® Kids because of the effects it has on kids, increasing their focus and self-confidence, boosting metabolism and enhancing coordination.

**Location:** Courts Plus **Min/Max:** 5/15  
**Fee:** \$55M/\$68NM

|            |   |            |             |
|------------|---|------------|-------------|
| EW08202-01 | F | 12/21-1/25 | 4:30-5:30pm |
| EW08202-02 | F | 2/1-3/8    | 4:30-5:30pm |

### POUND for Kids

*Ages 8-12*

POUND for Kids takes music and movement and puts them together for a ROCKIN™ fitness experience! Kids will use lightly weighted drumsticks to POUND out like a Rockstar while getting exercise at the same time! Not only will your child have FUN, they will improve focus and coordination while increasing strength and confidence.

**Location:** Courts Plus **Min/Max:** 5/15  
**Fee:** \$55M/\$68NM

|            |   |           |             |
|------------|---|-----------|-------------|
| EW08204-01 | M | 1/7-2/11  | 4:30-5:15pm |
| EW08204-02 | M | 2/18-3/25 | 4:30-5:15pm |

# TENNIS AT COURTS PLUS JUNIOR DEVELOPMENT PATHWAY PROGRAM

Our junior program is the cornerstone of all tennis programming at Courts Plus. Players of all ages develop through the various stages of learning by following our Junior Development Pathway. The Pathway begins with our 10 AND UNDER PROGRAMS (Mighty Mites, Little Athletes, Big Athletes, and Future Stars). These programs use a curriculum based on the highly successful USTA and ITF 10 and Under program, utilizing appropriate court size and equipment while allowing players to develop through the stages at their own pace.

When children have completed the 10 and Under Program or are new to tennis, they move to the Courts Plus DEVELOPMENT PROGRAM and progress at their own pace through the Junior and Senior age levels, with the goal of moving into the ACADEMY PROGRAM and/or High School Tennis.

The ACADEMY PROGRAM is the pathway for the more serious player who has made a commitment to tennis, competing in tournaments and wants to play on Varsity tennis teams. The ACADEMY PROGRAM includes programming at both the junior and senior level.

For players who aspire to play at the top level of competition after the culmination of the Courts Plus Junior Development Program, we offer the ELMHURST ELITE TENNIS PROGRAM (EETP).

## 10 AND UNDER

**Mighty Mites**  
Ages 3-6

**Little Athletes**  
Ages 6-8

**Big Athletes**  
Ages 8-10

**Future Stars**  
Ages 8-11+

### DEVELOPMENT PROGRAM

**Jr. Players**  
Ages 11-14

**Sr. Players**  
Ages 12-17

### ACADEMY PROGRAM

**Jr. Academy**  
Ages 11-14

**Sr. Academy**  
Ages 14-17

### ELMHURST ELITE TENNIS PROGRAM (EETP)





**Big Athletes**

*Ages 8-10*

Big Athletes play with USTA-approved compression balls on a 36'-60' court with a focus on developing proper technique and learning tactics. Players are introduced to the scoring system and, in some cases, can begin to play tennis tournaments.

**Location:** Courts Plus

**Min/Max:** 4/8

**Fee:** \$188M/\$208NM

|            |    |           |             |
|------------|----|-----------|-------------|
| EW18202-01 | M  | 1/7-3/18  | 3:30-4:30pm |
| EW18202-02 | Tu | 1/8-3/19  | 3:30-4:30pm |
| EW18202-03 | W  | 1/9-3/20  | 3:30-4:30pm |
| EW18202-04 | Th | 1/10-3/21 | 4-5pm       |
| EW18202-05 | F  | 1/11-3/22 | 3:30-4:30pm |
| EW18202-06 | Sa | 1/12-3/23 | 9-10am      |
| EW18202-07 | Sa | 1/12-3/23 | 10-11am     |
| EW18202-08 | Su | 1/13-3/24 | Noon-1pm    |

**Future Stars**

*Ages 8-11*

For tennis players who are ready for a bigger challenge and exemplify strong abilities and interest in tennis, we offer a Future Stars class. The class works on footwork and agility training with the option for match play during the session. Attendance in multiple classes is strongly encouraged. Players in this program are to play USTA 10 and Under Tennis Tournaments during the year.

**Location:** Courts Plus

**Min/Max:** 4/16

**Fee:** \$269M/\$295NM

|            |    |           |          |
|------------|----|-----------|----------|
| EW18204-01 | M  | 1/7-3/18  | 4:30-6pm |
| EW18204-02 | Tu | 1/8-3/19  | 4:30-6pm |
| EW18204-03 | W  | 1/9-3/20  | 4:30-6pm |
| EW18204-04 | Th | 1/10-3/21 | 4:30-6pm |
| EW18204-05 | Su | 1/13-3/24 | 3:30-5pm |



1 🔍 AND UNDER

**Mighty Mites**

*Ages 4-6*

The main focus is learning the primary stages of athletic skills such as movement, balance and hand-eye coordination. Individual and team games plus fun activities help develop basic techniques and simple tactics. Mighty Mites use a foam ball and play on a 36' court to maximize learning and fun.

**Location:** Courts Plus

**Min/Max:** 3/10

|            |    |           |              |                |
|------------|----|-----------|--------------|----------------|
| EW18100-01 | M  | 1/7-3/18  | Noon-12:45pm | \$145M/\$163NM |
| EW18100-02 | M  | 1/7-3/18  | 3:30-4pm     | \$117M/\$132NM |
| EW18100-03 | Tu | 1/8-3/19  | 3:30-4pm     | \$117M/\$132NM |
| EW18100-04 | W  | 1/9-3/20  | Noon-12:45pm | \$145M/\$163NM |
| EW18100-05 | Th | 1/10-3/21 | 3:30-4pm     | \$117M/\$132NM |
| EW18100-06 | Sa | 1/12-3/23 | 11-11:30am   | \$117M/\$132NM |
| EW18100-07 | Sa | 1/12-3/23 | 11:30-Noon   | \$117M/\$132NM |

**Little Athletes**

*Ages 6-8*

The basic tennis strokes are further developed; rallying is introduced along with basic match tactics. Little Athletes uses a combination of a foam ball/red ball and play on a 36' court to maximize learning and fun.

**Location:** Courts Plus

**Min/Max:** 4/10

**Fee:** \$188M/\$208NM

|            |    |           |             |
|------------|----|-----------|-------------|
| EW18200-01 | M  | 1/7-3/18  | 3:30-4:30pm |
| EW18200-02 | Tu | 1/8-3/19  | 3:30-4:30pm |
| EW18200-03 | W  | 1/9-3/20  | 3:30-4:30pm |
| EW18200-04 | Th | 1/10-3/21 | 3:30-4:30pm |
| EW18200-05 | F  | 1/11-3/22 | 3:30-4:30pm |
| EW18200-06 | Sa | 1/12-3/23 | 9-10am      |
| EW18200-07 | Sa | 1/12-3/23 | 10-11am     |
| EW18200-08 | Su | 1/13-3/24 | Noon-1pm    |

REGISTER FOR fun TODAY! 🔍

Find your fun! Register for a program or paid special event through our online registration system at [www.epd.org](http://www.epd.org). Simply log in, click on the category you are looking for or search using the first seven digits of the program code and you are on your way. Register today!

## DEVELOPMENT PROGRAM

Players who have graduated from the 10 AND UNDER PROGRAM or who are new to the game of tennis enter the pathway through the Courts Program and progress at their own pace. The Courts Program is designed to groom players and assist in the goal of moving into the Academy Program and/or High School Tennis.

### Junior Players

*Ages 11-15*

Junior Players is for those who have graduated from Big Athletes programs or are new to the game of tennis. The goal of these classes is to prepare students to graduate to a regulation ball by the end of the program.

**Location:** Courts Plus

**Min/Max:** 4/6

|            |    |           |             |                |
|------------|----|-----------|-------------|----------------|
| EWI8206-01 | M  | 1/7-3/18  | 6-7:30pm    | \$269M/\$295NM |
| EWI8206-02 | Tu | 1/8-3/19  | 4:30-6pm    | \$269M/\$295NM |
| EWI8206-03 | Th | 1/10-3/21 | 5-6pm       | \$188M/\$208NM |
| EWI8206-04 | Sa | 1/12-3/23 | 11am-Noon   | \$188M/\$208NM |
| EWI8206-05 | Su | 1/13-3/24 | 2:30-3:30pm | \$188M/\$208NM |
| EWI8206-06 | Su | 1/13-3/24 | 3:30-5:00pm | \$269M/\$295NM |

### Senior Players

*Ages 12-17*

Senior Players is designed for kids 12-17 that are starting to take an interest in tennis. This class focuses on improving techniques, tactics and skill development.

**Location:** Courts Plus

**Min/Max:** 4/6

**Fee:** \$188M/\$208NM

|            |    |           |             |
|------------|----|-----------|-------------|
| EWI8207-01 | Th | 1/10-3/21 | 5-6pm       |
| EWI8207-02 | Sa | 1/12-3/23 | 11am-Noon   |
| EWI8207-03 | Su | 1/14-3/25 | 2:30-3:30pm |



## ACADEMY PROGRAMS

### Junior Academy

*Ages 11-14*

Players in this program are looking to improve their game and are committed to making their Junior Varsity or Varsity teams. Players work hard on footwork, consistency, accuracy and point development as well as participate in an optional off-court physical fitness class. Improvement in discipline, concentration and mental toughness are anticipated. Players can graduate from this program to the Senior Academy and on select occasions straight into the Elmhurst Elite Tennis Program.

**Location:** Courts Plus

**Min/Max:** 6/18

|            |    |           |          |                |
|------------|----|-----------|----------|----------------|
| EWI8213-01 | Tu | 1/8-3/19  | 4-6pm    | \$349M/\$380NM |
| EWI8213-02 | Th | 1/10-3/21 | 4-6pm    | \$349M/\$380NM |
| EWI8213-03 | Su | 1/13-3/24 | 3:30-5pm | \$269M/\$295NM |

### Senior Academy

*Ages 12-18*

The Academy program is designed for the more serious player who has made a commitment to tennis, whether striving to get a USTA ranking or playing JV or Varsity tennis. Our goal is to provide a highly inventive and energetic program. Players work intensively on footwork, consistency, accuracy, point development and tactics as well as off-court physical fitness. "To maintain proper levels of play, students will be assessed by pros for final approval to participate in the class".

**Location:** Courts Plus

**Min/Max:** 5/18

|            |    |           |          |                |
|------------|----|-----------|----------|----------------|
| EWI8214-01 | M  | 1/7-3/18  | 4-6pm    | \$349M/\$380NM |
| EWI8214-02 | W  | 1/9-3/20  | 4-6pm    | \$349M/\$380NM |
| EWI8214-03 | Su | 1/13-3/24 | 1-2:30pm | \$269M/\$295NM |

## TENNIS LESSONS

Courts Plus offers private, semi-private and group private lessons for juniors and adults. For more information and to schedule your lesson, please call **(630) 833-5064**.





## High School Academy

*Ages 13-18*

The Academy program is designed for the more serious player who has made a commitment to tennis, whether striving to get a USTA ranking or playing JV or Varsity tennis. Our goal is to provide a highly inventive and energetic program. Players work intensively on footwork, consistency, accuracy, point development and tactics as well as off-court physical fitness. "To maintain proper levels of play, students will be assessed by pros for final approval to participate in the class".

**Location:** Courts Plus

**Min/Max:** 4/12

**Fee:** \$269M/\$295NM

|            |    |           |          |
|------------|----|-----------|----------|
| EWI8216-01 | Tu | 1/8-3/19  | 6-7:30pm |
| EWI8216-02 | Th | 1/10-3/21 | 6-7:30pm |
| EWI8216-03 | Su | 1/13-3/24 | 1-2:30pm |

## Tournament High School Group

*Ages 13-18*

This program is geared toward juniors who want to continue improving their skills so they can compete at the highest level and raise their ranking. Participants have made their Varsity or High Level JV Team. "To maintain proper levels of play, students will be assessed by pros for final approval to participate in the class". Participants must commit to a two-day-per-week schedule, which will focus on consistency, aggressive play, strategy, footwork and conditioning. Players are expected to be disciplined, dedicated and give 110% effort while on the court.

**Location:** Courts Plus

**Min/Max:** 4/18

**Fee:** \$349M/\$380NM

|            |    |           |       |
|------------|----|-----------|-------|
| EWI8215-01 | Tu | 1/8-3/19  | 6-8pm |
| EWI8215-02 | Th | 1/10-3/21 | 6-8pm |

## Junior Team Tennis

*Ages 7-10*

Junior Team Tennis is all about building your game while enjoying the support of your teammates. Players gain valuable experience from both competing and watching matches, which is vital for improvement. Competitive games and learning official match play rules are a key component of this invitation-only program. Team Tennis is geared toward competitive players who want additional competition, with opportunities to compete against other clubs. Players are invited to participate in this weekly program with pro's recommendation.

**Location:** Courts Plus

**Min/Max:** 5/20

**Fee:** \$269M/\$295NM

### *Junior Team Tennis - 10U Travel Team*

|            |   |           |          |
|------------|---|-----------|----------|
| EWI8208-01 | F | 1/11-3/22 | 4:30-6pm |
|------------|---|-----------|----------|

### *Junior Team Tennis - 12U & 14U Travel Team*

|            |    |           |          |
|------------|----|-----------|----------|
| EWI8208-02 | Sa | 1/12-3/23 | 4-5:30pm |
|------------|----|-----------|----------|



# ADULT PROGRAMS

## Adult Beginner

*Ages 18 and up*

Beginner Adult Lessons are geared toward the player with no prior tennis experience. We'll learn basic strokes, rules and etiquette.

**Location:** Courts Plus

**Min/Max:** 3/5

|            |    |           |              |                |
|------------|----|-----------|--------------|----------------|
| EWI8300-01 | Tu | 1/8-3/19  | Noon-1pm     | \$188M/\$208NM |
| EWI8300-02 | Th | 1/10-3/21 | 10:30am-Noon | \$269M/\$295NM |

## Adult Advanced Beginner

*Ages 18 and up*

This player has limited tennis experience or has completed the skills for Courts Plus Beginner Adult Lessons. Lessons focus on stroke/rally consistency and developing the serve.

**Location:** Courts Plus

**Min/Max:** 4/15

**Fee:** \$269M/\$295NM

|            |    |           |            |
|------------|----|-----------|------------|
| EWI8302-01 | Tu | 1/8-3/19  | 9-10:30am  |
| EWI8302-02 | Su | 1/13-3/24 | 10-11:30am |

## Adult Intermediate

*Ages 18 and up*

This player has had some formal instruction, is able to perform basic strokes and executes serve with proper motion. Consistency will be emphasized along with a more focused sense of footwork and ball placement. Both feeding drills and point play will be used. This class is geared toward players who hit with less power.

**Location:** Courts Plus

**Min/Max:** 3/6

**Fee:** \$269M/\$295NM

|            |    |           |           |
|------------|----|-----------|-----------|
| EWI8303-01 | M  | 1/7-3/18  | 7:30-9pm  |
| EWI8303-02 | Tu | 1/8-3/19  | 9-10:30am |
| EWI8303-03 | Tu | 1/8-3/19  | 7:30-9pm  |
| EWI8303-04 | W  | 1/9-3/20  | 6-7:30pm  |
| EWI8303-05 | Th | 1/10-3/21 | 7:30-9pm  |





**Advanced Adult Lessons**

*Ages 18 and up*

This player has had formal instruction and/or is an avid player with the ability to place shots with ground strokes and volleys, and understands the rules and protocol of match play. The class focuses on footwork, strategy and the ability to hit a variety of shots at different heights and speeds.

**Location:** Courts Plus **Min/Max:** 4/6  
**Fee:** \$269M/\$295NM

|            |    |           |            |
|------------|----|-----------|------------|
| EW18304-01 | Th | 1/10-3/21 | 6-7:30pm   |
| EW18304-02 | Sa | 1/12-3/23 | 10-11:30am |

**Adult Drill and Play**

*Ages 18 and up*

Drill and Play classes are for those who play intermediate to advanced tennis and want to learn strategy for doubles competition.

**Location:** Courts Plus **Min/Max:** 4/6  
**Fee:** \$269M/\$295NM

*Adult Women's Drill and Play*

|            |   |          |          |
|------------|---|----------|----------|
| EW18305-01 | M | 1/7-3/18 | 6-7:30pm |
|------------|---|----------|----------|

*Adult Mixed Doubles Drill and Play*

|            |   |          |             |
|------------|---|----------|-------------|
| EW18305-02 | M | 1/7-3/18 | 6-7:30pm    |
| EW18305-03 | W | 1/9-3/20 | Noon-1:30pm |

**Men's Advanced Drill**

*Ages 18 and up*

Men who play advanced tennis (4.0 and above) and want to work at a higher-paced, competitive level will enjoy this drill. The drill focuses on movement and doubles strategy. You must have approval from the instructor to stay in this class.

**Location:** Courts Plus **Min/Max:** 4/6  
**Fee:** \$269M/\$295NM

|            |   |          |          |
|------------|---|----------|----------|
| EW18307-01 | W | 1/9-3/20 | 6-7:30pm |
|------------|---|----------|----------|

**Cardio Tennis**

*Ages 18 and up*

Cardio Tennis is a fun class featuring drills to give players of all abilities a high-energy workout set to music. Our trained Cardio Tennis instructors will lead you through warm-up, cardio and cool down phases of a heart-pumping workout. This is a great way to get in shape and burn calories.

**Location:** Courts Plus **Min/Max:** 3/9  
**Fee:** \$188M/\$208NM

|            |    |           |               |
|------------|----|-----------|---------------|
| EW18306-01 | M  | 1/7-3/18  | 10:30-11:30am |
| EW18306-02 | Th | 1/10-3/21 | 1:30-2:30pm   |



**GIVE THE GIFT OF fun!**

Gift cards are perfect for families, friends, birthdays, and celebrations! Elmhurst Park District gift cards are available for purchase in any amount you choose.



# Kindergarten kapers

2018-2019 year!

## Ages 4-6

This fun year-round program offers an enrichment supplement to your child's pre-kindergarten or kindergarten program. Progressive curriculum (pre-reading, math and science play) will be introduced. We offer fitness and sports including tennis lessons, Fit 4 Life Gym, bouldering and climbing wall, yoga, nutrition and specialty classes. Supervised lunchtime and aftercare is available for participants. Payment plans are available at Courts Plus.

**Location:** Courts Plus **Min/Max:** 10/15

**Fee:** 1 Day \$900M/\$972NM; 2 Days \$1800M/\$1944NM; 3 Days \$2700M/\$2916NM; 4 Days \$3600M/\$3888NM; 5 Days \$3870M/\$4284NM

### Kindergarten Kapers AM

|            |    |           |           |
|------------|----|-----------|-----------|
| EY10100-10 | M  | 8/20-5/27 | 9-11:30am |
| EY10100-11 | Tu | 8/21-5/28 | 9-11:30am |
| EY10100-12 | W  | 8/22-5/29 | 9-11:30am |
| EY10100-13 | Th | 8/23-5/30 | 9-11:30am |
| EY10100-14 | F  | 8/24-5/31 | 9-11:30am |

### Kindergarten Kapers After Care

|            |    |           |          |
|------------|----|-----------|----------|
| EY10102-10 | M  | 8/20-5/27 | 2:45-6pm |
| EY10102-11 | Tu | 8/21-5/28 | 2:45-6pm |
| EY10102-12 | W  | 8/22-5/29 | 2:45-6pm |
| EY10102-13 | Th | 8/23-5/30 | 2:45-6pm |
| EY10102-14 | F  | 8/24-5/31 | 2:45-6pm |

### Kindergarten Kapers PM

|            |    |           |              |
|------------|----|-----------|--------------|
| EY10101-10 | M  | 8/20-5/27 | 12:15-2:45pm |
| EY10101-11 | Tu | 8/21-5/28 | 12:15-2:45pm |
| EY10101-12 | W  | 8/22-5/29 | 12:15-2:45pm |
| EY10101-13 | Th | 8/23-5/30 | 12:15-2:45pm |
| EY10101-14 | F  | 8/24-5/31 | 12:15-2:45pm |

### Kindergarten Kapers Lunch (meal not included)

**Fee:** 1 Day \$75M/\$80NM; 2 Days \$150M/160NM; 3 Days \$225M/\$240NM; 4 Days \$300M/\$320NM; 5 Days \$325M/\$350NM

|            |    |           |                 |
|------------|----|-----------|-----------------|
| EY10103-10 | M  | 8/20-5/27 | 11:30am-12:15pm |
| EY10103-11 | Tu | 8/21-5/28 | 11:30am-12:15pm |
| EY10103-12 | W  | 8/22-5/29 | 11:30am-12:15pm |
| EY10103-13 | Th | 8/23-5/30 | 11:30am-12:15pm |
| EY10103-14 | F  | 8/24-5/31 | 11:30am-12:15pm |



# kapers for threes

Looking for enrichment for your 3 year old? Come to Courts Plus for fitness, crafts, learning and FUN.

**Location:** Courts Plus

**Min/Max:** 4/10

**Fee:** \$114M/\$124NM

|            |   |           |                 |
|------------|---|-----------|-----------------|
| EWI0211-01 | M | 1/7-2/11  | 10:30am-12:30pm |
| EWI0211-02 | F | 1/11-2/15 | 9:15-11:30am    |
| EWI0211-03 | M | 2/18-3/25 | 9:15-11:30am    |
| EWI0211-04 | F | 2/22-3/29 | 9:15-11:30am    |

# KIDS DAY OFF fun!

## Winter Action Camp

*Ages 35 mos. to 6 yrs.*

Children can spend mornings or afternoons learning themed sports, games, crafts and more in this great winter break camp program. Bring your outdoor winter clothes for snow fun. Pack a bagged lunch and enjoy a meal with friends from 11:30 a.m.-12:30 p.m.

**Location:** Courts Plus

**Min/Max:** 5/20

**Fee:** \$28M/\$34NM Per Day

### Winter Action Camp - AM

EF03100-01 W-F 12/26-12/28 9-11:30am

EF03100-02 W-F 1/2-1/4 9-11:30am

### Winter Action Camp - PM

EF03100-03 W-F 12/26-12/28 12:30-3pm

EF03100-04 W-F 1/2-1/4 12:30-3pm

## Winter Fun Camp

*Ages 5-12*

No school? Join the fun and spend your days off learning about fitness and much more! We provide everything you need for fun-filled winter days. Dress for sports and games. We will provide lunch and a t-shirt and enjoy a weekly field trip. Winter Fun Campers needing additional supervised time are invited to Sunrise or Sunset Camp. No bus needed! Sunrise Camp runs from 7-9 a.m. and Sunset Camp from 3-6 p.m. Fee is \$15 for Courts Plus members; \$18 for non-members for Sunrise/Sunset Camp.

**Location:** Courts Plus

**Min/Max:** 5/35

**Fee:** \$43M/\$47NM Per Day

EF03200-01 W-F 12/26-12/28 9am-3pm

EF03200-02 W-F 1/2-1/4 9am-3pm

## Winter Sunrise Sunset Camp

*Ages 35 mos. to 12 yrs.*

Winter Fun Campers needing additional supervised time are invited to Sunrise or Sunset Camp. No bus needed! Sunrise Camp runs from 7-9 a.m. and Sunset Camp from 3-6 p.m.

**Location:** Courts Plus

**Min/Max:** 10/30

### Courts Plus Winter Camp Extended Care AM

EF03201-01 W-F 12/26-12/28 6:30-9am \$12M/\$14NM Per Day

EF03201-03 W-F 1/2-1/4 6:30-9am \$12M/\$14NM Per Day

### Courts Plus Winter Camp Extended Care PM

EF03201-02 W-F 12/26-12/28 3-6pm \$15M/\$18NM Per Day

EF03201-04 W-F 1/2-1/4 3-6pm \$15M/\$18NM Per Day



**FREE KID-FRIENDLY, FAMILY FUN!**

**SATURDAY, FEBRUARY 2**  
9 A.M.-12 P.M. AT COURTS PLUS

BALLOON TWISTING    TENNIS  
FACE PAINTING    CLIMBING WALL  
CRAFTS    AN OBSTACLE COURSE  
FIT 4 LIFE GYM    AND MORE!

**COURTS PLUS**  
186 S. WEST AVE, ELMHURST

## Courts Plus Santa Run

*Ages 3-12*

Come and run our reindeer route. Enjoy some hot cocoa and make an ornament for our tree to take home. We will supply the Santa hat! Certificates will be awarded for best times.

**Location:** Courts Plus

**Min/Max:** 10/30

**Fee:** \$12M/\$15NM

EF10220-01 Su 12/16 1-3pm



# FITNESS & AGILITY

## Muscle Club for Boys and Girls

*Ages 24-36 months*

Muscle Club provides time for children to enjoy movement, music and art with a focus on developing large motor skills through play and games. Your child will gain social skills in our weekly themed classes. A healthy snack is included. Make sure to bring outdoor clothes.

**Location:** Courts Plus

**Min/Max:** 8/12

**Fee:** \$114M/\$124NM

EW10103-01 M 1/7-2/11 9:15-11:15am 24-36 mos.

EW10103-02 M 2/18-3/25 9:15-11:15am 24-36 mos.

EW10103-03 Tu 1/8-2/5 9:15-11:15am 18 mos.-4 yrs.

EW10103-04 Tu 2/19-3/26 9:15-11:15am 18 mos.-4 yrs.

## Fitness 4 Me

*Ages 3-6*

Your child will be introduced to fitness through self-esteem building games and fun-filled activities. The main focus is providing a full 60 minutes of active movement to increase your child's overall fitness level. We will work on activities to increase balance, coordination and agility through play. Let your child have fun playing while you work out at Courts Plus!

**Location:** Courts Plus

**Min/Max:** 5/10

**Fee:** \$42M/\$48NM

EW10104-01 Tu 1/8-1/29 9:30-10:30am

EW10104-02 Tu 2/19-3/26 9:30-10:30am

EW10104-03 F 1/11-1/25 9:30-10:30am

EW10104-04 F 2/1-3/29 9:30-10:30am

**JUMP IN ON THE fun FOR FAMILY OPEN SWIM!**  
SEE PAGE 17 FOR MORE INFO





## CREATIVE PLAY

### Tiny Art Creations

*Ages 2-3*

Tiny Art Creations offers opportunities for fun with painting, clay and glue. Dabbling in art will help develop your child's small motor skills, social skills and self-expression. Wear messy clothes and be prepared to take home some masterpieces!

**Location:** Courts Plus

**Min/Max:** 5/10

**Fee:** \$42M/\$48NM

|            |   |           |               |
|------------|---|-----------|---------------|
| EW10102-01 | W | 1/9-2/13  | 10:45-11:30am |
| EW10102-02 | W | 2/20-3/27 | 10:45-11:30am |

### *Tiny Art Creations With Parent*

|            |    |           |               |
|------------|----|-----------|---------------|
| EW10102-03 | Su | 2/24-3/24 | 10:45-11:30am |
| EW10102-04 | Su | 1/6-1/27  | 10:45-11:30am |

### Pop Up Art Studio

*Ages 3-6*

Come express your creativity with local artist Rexene Bertolino. We will work with a variety of medias. You'll make some masterpieces to take home, plus enjoy a greater appreciation of art and other's opinions. We will employ VTS (Visual Thinking Strategies) to use art as a way of helping us think and learn in a creative new manner. VTS is a proven method of helping children develop skills that translate into success in other areas of learning.

**Location:** Courts Plus

**Min/Max:** 4/6

**Fee:** \$42M/\$48NM

|            |   |           |              |
|------------|---|-----------|--------------|
| EW10205-01 | W | 1/9-2/6   | 9:30-10:30am |
| EW10205-02 | W | 2/20-3/20 | 9:30-10:30am |

## EDUCATION & ENRICHMENT

### Fun & Active Spanish

*Ages 3-5*

Exercise your child's body and mind with this great class that will introduce and reinforce the Spanish language. English and Spanish will be spoken. We will offer exercise through games, sports, fun equipment and a craft project. Each class will present Spanish language and culture enrichment opportunities.

**Location:** Courts Plus

**Min/Max:** 4/12

**Fee:** \$80M/\$85NM

|            |    |           |             |
|------------|----|-----------|-------------|
| EW10101-01 | Th | 1/10-2/14 | 1-2pm       |
| EW10101-02 | Tu | 1/8-2/12  | 3:30-4:30pm |

### *Fun & Active Spanish 2*

*Ages 6-10*

**Fee:** \$80M/\$85NM

|            |    |           |             |
|------------|----|-----------|-------------|
| EW10101-03 | Th | 2/21-3/28 | 1-2pm       |
| EW10101-04 | Tu | 2/19-3/26 | 3:30-4:30pm |

## COURTS PLUS FITNESS & CREATIVE PLAYTIME



Courts Plus is offering tots an afternoon of fun. Your child can exercise and expend energy in our fitness studio, and then have some play time and craft time. You can pack a water bottle, peanut free snack and a change of clothes, in case needed for your child. This is a drop off program. Diapers and Pull-ups are

permitted; however, you must be available to change within 15 minutes. Session 1 has no class the weeks of Christmas and New Year's Day.

**Location:** Courts Plus

**Min/Max:** 3/5

**Fee:** \$130M/\$144NM per session or \$18M/\$22NM per day

### *Ages 2.5-3*

|            |    |            |       |
|------------|----|------------|-------|
| EW03102-01 | M  | 12/10-1/28 | 1-3pm |
| EW03102-02 | Tu | 12/11-1/29 | 1-3pm |
| EW03102-03 | W  | 12/12-1/30 | 1-3pm |
| EW03102-04 | Th | 12/13-1/31 | 1-3pm |
| EW03102-05 | F  | 12/14-2/1  | 1-3pm |

### *Ages 4-6*

|            |    |            |       |
|------------|----|------------|-------|
| EW03102-06 | M  | 12/10-1/28 | 1-3pm |
| EW03102-07 | Tu | 12/11-1/29 | 1-3pm |
| EW03102-08 | W  | 12/12-1/30 | 1-3pm |
| EW03102-09 | Th | 12/13-1/31 | 1-3pm |
| EW03102-10 | F  | 12/14-2/1  | 1-3pm |

### *Ages 2.5-3*

|            |    |          |       |
|------------|----|----------|-------|
| EW03102-11 | M  | 2/4-3/11 | 1-3pm |
| EW03102-12 | Tu | 2/5-3/12 | 1-3pm |
| EW03102-13 | W  | 2/6-3/13 | 1-3pm |
| EW03102-14 | Th | 2/7-3/14 | 1-3pm |
| EW03102-16 | F  | 2/8-3/15 | 1-3pm |

### *Ages 4-6*

|            |    |          |       |
|------------|----|----------|-------|
| EW03102-17 | M  | 2/4-3/11 | 1-3pm |
| EW03102-18 | Tu | 2/5-3/12 | 1-3pm |
| EW03102-19 | W  | 2/6-3/13 | 1-3pm |
| EW03102-20 | Th | 2/7-3/14 | 1-3pm |
| EW03102-21 | F  | 2/8-3/15 | 1-3pm |



### Princess Pajama Party

We are having a pajama party with all of the fun, but the sleeping part. We will play games, dance, have stories and decorate a sleepover bag. Pizza and lemonade will be served. Be sure to come in your pajamas, we will add some princess accessories.

**Location:** Courts Plus

**Min/Max:** 5/20

**Fee:** \$15M/\$18NM

|           |   |      |             |
|-----------|---|------|-------------|
| EW1010-01 | F | 1/11 | 5:45-7:15pm |
|-----------|---|------|-------------|

**Weekend Warrior Kids**

*Ages 3-10 years*

Come hang out with us on themed Friday nights at Courts Plus. We will offer sports, exercise, crafts, snacks and fun adventures. Ages 7-12 will be able to do some big kid fun on the climbing wall and in the Fit 4 Life gym. This is a great program for busy parents, leave kids of all ages to us. Pizza and lemonade included.

**Location:** Courts Plus

**Fee:** \$18M/\$22NM

**Min/Max:** 10/35

|            |   |      |
|------------|---|------|
| EW10201-01 | F | 1/18 |
| EW10201-02 | F | 2/1  |
| EW10201-03 | F | 3/8  |

|             |
|-------------|
| 5:45-8:30pm |
| 5:45-8:30pm |
| 5:45-8:30pm |

*Valentine Weekend Warrior Kids*

|            |    |      |
|------------|----|------|
| EW10201-04 | Th | 2/14 |
|------------|----|------|

|             |
|-------------|
| 4:30-7:30pm |
|-------------|

**Kids Day Off Club**

*Ages 4-10*

Your child will enjoy fitness, games and other fun activities both indoors and out in the park on their day off school. Lunch is included. We offer before and after care, 7-9 a.m. and 3-6 p.m., for those needing additional hours.

**Location:** Courts Plus

**Fee:** \$43M/\$47NM

**Min/Max:** 5/20

|            |   |      |
|------------|---|------|
| EW10200-01 | M | 1/14 |
| EW10200-02 | M | 1/21 |
| EW10200-03 | M | 2/18 |

|          |
|----------|
| 9am- 3pm |
| 9am- 3pm |
| 9am- 3pm |

*Kids Day Off Club Extended Care*

**Fee:** \$58M/\$62NM

|            |   |      |
|------------|---|------|
| EW10200-04 | M | 1/14 |
| EW10200-05 | M | 1/21 |
| EW10200-06 | M | 2/18 |

|         |
|---------|
| 7am-6pm |
| 7am-6pm |
| 7am-6pm |

**Phitness Beats**

*Ages 3-6*

Your child will enjoy moving and dancing to our upbeat music. We offer play time with a purpose. Your child will gain balance, gross motor skills, dance skills and confidence with Miss Debbie.

**Location:** Courts Plus

**Fee:** \$42M/\$52NM

**Min/Max:** 4/10

|            |   |          |
|------------|---|----------|
| EW10110-01 | M | 1/7-1/28 |
| EW10110-02 | M | 2/4-2/25 |

|          |
|----------|
| 4:15-5pm |
| 4:15-5pm |

**Itsy Bitsy Fitness & Play with Me**

*Ages 1-3 yrs. with Parent*

Move, dance and play in our fun class. We will offer finger plays, props, rhythm and rhymes. Parent Child Class.

**Location:** Courts Plus

**Fee:** \$42M/\$48NM

**Min/Max:** 3/6

*Ages 1-3*

|            |   |          |
|------------|---|----------|
| EW10113-01 | M | 1/7-1/28 |
| EW10113-02 | M | 2/4-3/11 |

|          |
|----------|
| 5:30-6pm |
| 5:30-6pm |

*Ages 2-3*

|            |   |           |
|------------|---|-----------|
| EW10113-03 | W | 2/9-2/13  |
| EW10113-04 | W | 2/20-3/27 |

|            |
|------------|
| 10-10:30am |
| 10-10:30am |

**Babysitting Basics & Beyond**

*Ages 11-14*

Want to become a babysitter? This class provides mentoring for aspiring babysitters with a focus on safety. Participants will get the chance to help with hands-on caring for preschool children. Bring a bagged lunch.

**Location:** Courts Plus

**Fee:** \$59M/\$63NM

**Min/Max:** 4/15

|            |    |      |
|------------|----|------|
| EW10204-01 | Sa | 1/26 |
|------------|----|------|

|         |
|---------|
| 9am-2pm |
|---------|

**CPR and First Aid For Students**

*Ages 11-16*

Your tween will gain CPR and first aid skills to help them feel confident and prepared to respond to an emergency.

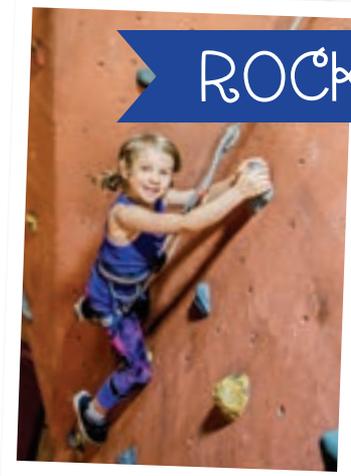
**Location:** Courts Plus

**Fee:** \$25M/\$28NM

**Min/Max:** 4/10

|            |    |     |
|------------|----|-----|
| EW10235-01 | Sa | 1/5 |
|------------|----|-----|

|             |
|-------------|
| 9am-12:30pm |
|-------------|



**ROCK CLIMBING** 

**RockKids**

*Ages 6-10*

During this three week program, climbers will set goals, work on climbing techniques, knots, harness setup and use of climbing commands. Our climbing instructors will emphasize safety and fun. Progressions will be provided to challenge those who have achieved certain skill levels.

**Location:** Courts Plus

**Fee:** \$42M/\$48NM

**Min/Max:** 4/8

|            |    |           |        |
|------------|----|-----------|--------|
| EW04200-01 | M  | 1/7-1/21  | 4-5pm  |
| EW04200-02 | W  | 1/9-1/23  | 6-7pm  |
| EW04200-03 | Sa | 1/12-1/26 | 9-10am |
| EW04200-04 | M  | 2/4-2/18  | 4-5pm  |
| EW04200-05 | W  | 2/6-2/20  | 6-7pm  |
| EW04200-06 | Sa | 2/9-2/23  | 9-10am |

**Friday Fun Climbs**

*Ages 6-13*

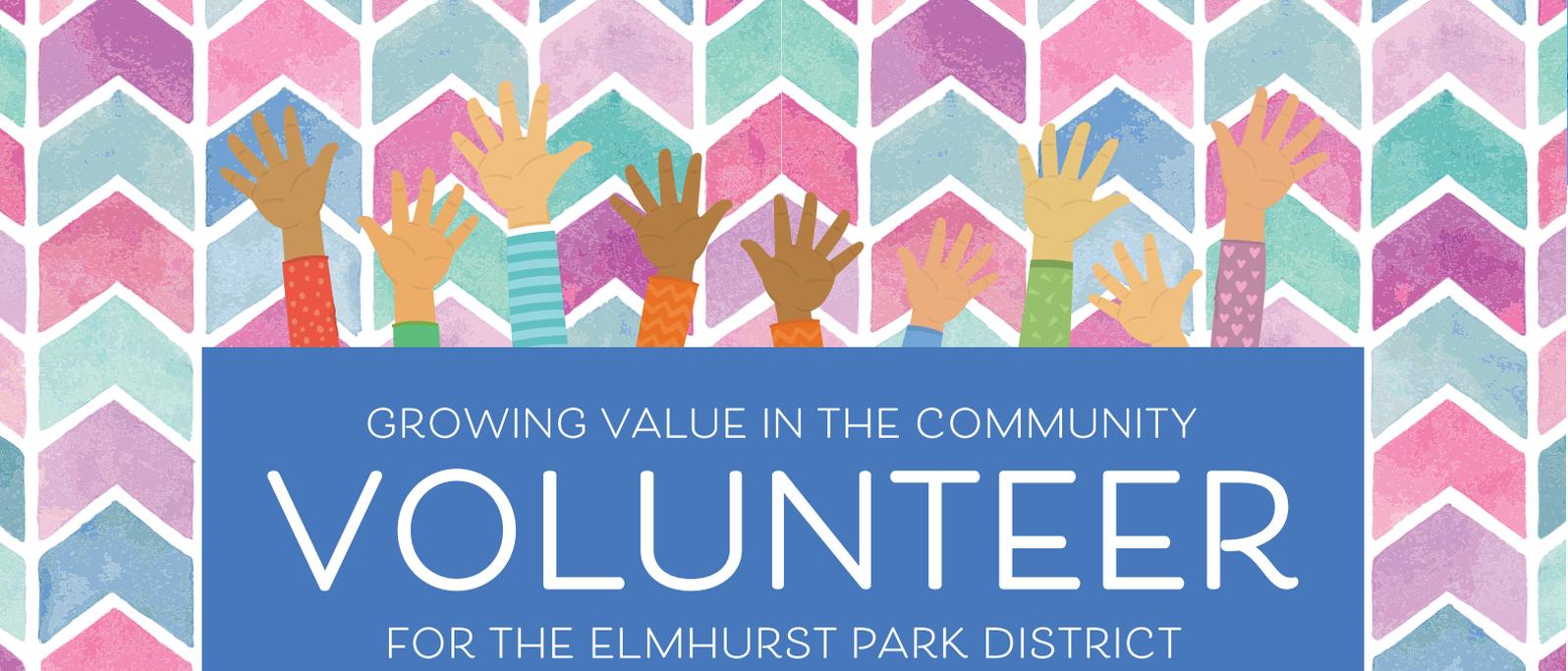
Come have some fun on the climbing wall. Expect to encounter some climbing races and challenges using fun routes on our wall. Bring the whole family!

**Location:** Courts Plus

**Fee:** \$13M/\$19NM

**Min/Max:** 5/10

|            |   |       |       |
|------------|---|-------|-------|
| EW04202-01 | F | 12/28 | 6-7pm |
| EW04202-02 | F | 1/4   | 7-8pm |
| EW04202-03 | F | 1/18  | 6-7pm |
| EW04202-04 | F | 2/1   | 6-7pm |
| EW04202-05 | F | 2/15  | 7-8pm |
| EW04202-06 | F | 3/1   | 6-7pm |



GROWING VALUE IN THE COMMUNITY  
**VOLUNTEER**  
FOR THE ELMHURST PARK DISTRICT

**Come and join our caring group of volunteers and be part of a team that is making a difference.** Volunteers strengthen our community, helping with everything from stuffing envelopes and manning events to caring for children, and contribute to a tradition of over 90 years of community involvement.

**Don't wait - Join us and start making a difference!** Begin by completing and mailing in this Volunteer Application, or you can fill out the form online at [epd.org/volunteer.asp](http://epd.org/volunteer.asp). Contact Pat O'Neill at (630) 993-8924 or [poneill@epd.org](mailto:poneill@epd.org) for more information.

**Elmhurst Park District Volunteer Application Form**

**Full name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip:** \_\_\_\_\_

**Email:** \_\_\_\_\_

**Phone:** \_\_\_\_\_

**Please check areas of interest:**

- Special Events
- Parks
- Office
- Marketing/Customer Service
- Senior Citizen Activities
- Children Activities
- Nature, Parks, Gardening
- Adopt-A-Park
- Other (specify): \_\_\_\_\_

**Please return your completed form to:**

Elmhurst Park District  
Pat O'Neill  
375 W. First Street  
Elmhurst, IL 60126



# THE ABBEY

407 W. St. Charles Road, Elmhurst, IL 60126 (630) 993-8193

**HOURS**  
Monday-Thursday 8:30 am - 3pm  
Friday 8:30 am - Noon

## FREE WEEKLY SOCIAL ACTIVITIES

### MONDAYS

9:45 – 10:45 am Body Dynamics (chair exercise class)  
11:30 am - 2:30 pm Open Pinochle

### TUESDAYS

10 am – 3 pm Quilting Club  
12:30 – 2:30 pm Line Dancing (held 1-2:30 pm on the second Tues. of the month)

### WEDNESDAYS

9:45 – 10:45 am Body Dynamics (chair exercise class)  
11:30 am – 3 pm Red Hats (first Wed. of the month)  
Noon – 3 pm Quilting Club

### THURSDAYS

9 – 11 am T.O.P.S. (Taking Off Pounds Sensibly)  
11 am- 3 pm Duplicate Bridge

### FRIDAYS

Varies Special and monthly events

Look what's happening at The Abbey each week

Drop in or call (630) 993-8193 for more information.



### BECOME AN ABBEY MEMBER!

\$25 for Residents

\$35 for Non-Residents

- Leisure activities
- Clubs
- Social Service Programs
- Informational Seminars
- Parties & Luncheons
- Trips

... for ages 62 and up!

### 2019 MEMBERSHIP INCLUDES:

- Free registration for the 2018 Holiday Gala (dinner, dancing, entertainment, door prizes) when you renew by Noon November 30, 2018.
- Member pricing on select programs & trips
- FREE participation in Bingo (Prize for your birthday month)
- Abbey Newsletter mailed to your home
- Phone registration for Abbey programs
- \$5 OFF all monthly luncheon fees





SPECIAL & MONTHLY EVENTS



*Ages 62 and up*

Join us for a continental breakfast as we enjoy our monthly Bingo game with great prizes for the winners. A special gift for those with a birthday that month.

**Location:** The Abbey **Min/Max:** 30/100  
**Fee:** Free for Abbey Members; \$2R/\$3NR Non-Member

|            |   |     |           |
|------------|---|-----|-----------|
| RW16400-01 | F | 1/4 | 9-10:30am |
| RW16400-02 | F | 2/1 | 9-10:30am |
| RW16400-03 | F | 3/1 | 9-10:30am |

**Trivia Time**

*Ages 62 and up*

Are you a trivia buff? Even if you aren't, you're sure to have fun at our Trivia Challenge so join us for an afternoon of laughter with friends, lunch and interesting facts. We'll test our skills in four different categories and award prizes to the top three people or teams with the most points. You can play on your own or play with a group of friends and form a team. No matter how you decide to play or whether or not you have random knowledge that's useful with trivia-style questions, the day is sure to be fun so why not try it? Trivia questions are different at each event so be sure to sign up more than once! Registration deadline is the Friday before.

**Location:** The Abbey **Min/Max:** 20/35  
**Fee:** \$13 Abbey Member; \$16 Non-Member

|            |   |     |             |
|------------|---|-----|-------------|
| RW16402-01 | F | 3/8 | 11am-1:30pm |
|------------|---|-----|-------------|

**New Year's Luncheon**

*Ages 62 and up*

Celebrate the start of the New Year with friends at our January monthly luncheon. In addition to a catered meal, we'll have great entertainment by Chris Colletti and of course, door and raffle prizes. Registration deadline is the Friday before.

**Location:** The Abbey **Min/Max:** 60/80  
**Fee:** \$16 Abbey Member; \$21 Non-Member



|            |   |      |             |
|------------|---|------|-------------|
| RW16413-01 | F | 1/25 | 11:30am-2pm |
|------------|---|------|-------------|

**Valentine's Day Party**

*Ages 62 and up*

Warm your heart with friends at this party. Bring your sweetheart, friend or just come and enjoy the company of others.

Following the luncheon, you will enjoy music and dancing to the sounds of Joe Sakowski's "Joe's Senior Moments" which will feature some favorite songs in addition to some classic love songs. There will also be Valentine games, raffle and door prizes. Registration deadline is the Friday before.

**Location:** The Abbey **Min/Max:** 60/80  
**Fee:** \$16 Abbey Member; \$21 Non-Member



|            |   |      |             |
|------------|---|------|-------------|
| RW16404-01 | F | 2/22 | 11:30am-2pm |
|------------|---|------|-------------|

**St. Patrick's Day Party**

*Ages 62 and up*

Celebrate the joyful wearing o' the green! We're spending the afternoon with Heather Braoudakis as she entertains us with our favorite Irish tunes in her "Kiss Me, I'm Irish" show. Of course we'll have a catered traditional Irish feast and great door and raffle prizes. So put on some green and spend the afternoon with friends for some great music, food and fun! Registration deadline is the Friday before.

**Location:** The Abbey **Min/Max:** 60/80  
**Fee:** \$16 Abbey Member; \$21 Non-Member

|            |   |      |             |
|------------|---|------|-------------|
| RW16405-01 | F | 3/22 | 11:30am-2pm |
|------------|---|------|-------------|

**Holiday Gala**

*Ages 62 and up*

Our traditional Holiday Gala features new entertainment this year with Sandi Haynes and the Blue Rocket Band. **Our annual Gala will be held at The Diplomat West (681 W. North Avenue, Elmhurst).** Take a chance to win a raffle/door prize. Be sure to sign up early for this gala event. Registration deadline is Noon on November 30. Luncheon is free to 2019 Abbey Members who have signed up before November 30, 2018. Tables of up to 10 may be pre-reserved by calling (630) 993-8193. You must provide the names of all the people at your table when you call.

**Location:** The Diplomat West **Min/Max:** 175/225  
**Fee:** FREE to all 2019 Abbey Members; \$20R/\$25NR Non-Member

|            |   |       |                  |
|------------|---|-------|------------------|
| RF16409-01 | W | 12/12 | 11:30 am-2:30 pm |
|------------|---|-------|------------------|



# SENIOR PROGRAMS



## Beginning Drawing - Woodland Animals

*Ages 50 and up*

Advance your observational and drawing skills as you complete a beautiful pencil drawing of a woodland critter. Contour drawing, proportions and textures will be demonstrated in this informative class. Open to all skill levels. All supplies provided.

**Location:** The Abbey

**Min/Max:** 5/12

**Fee:** \$34R/\$39NR

RW16423-01    W    1/16    9-11am



## Tree of Life Acrylic Painting

*Ages 50 and up*

Inspired by the art of Austrian artist Gustav Klimt, each student will paint their own beautiful tree of life on canvas. Choose from subtle colors or vivid hues and make your painting one of a kind in this creative class. Painting techniques will be demonstrated. Open to all skill levels. All supplies provided.

**Location:** The Abbey

**Min/Max:** 5/12

**Fee:** \$34R/\$39NR

RW16424-01    W    2/13    9-11am



## Printmaking - Spring Cards

*Ages 50 and up*

Get ready for spring by designing and printing your own series of notecards. Carve with a pencil-like stylus onto a foam sheet, apply printing ink to the foam "printing block" with a brayer and transfer the image to a card! Birds and flowers will be our theme, but really, anything goes in this fun and creative class. Open to all skill levels. All supplies provided to make cards with envelopes.

**Location:** The Abbey

**Min/Max:** 5/12

**Fee:** \$34R/\$39NR

RW16425-01    M    3/11    9-11:30am



## What Do I Do With All of this Extra Stuff?

*Ages 50 and up*

You've sorted and downsized, but now you're wondering what you should do with all of your "stuff". Are you wondering how much money (if any) you can get from selling your belongings? Pat Cerny Keplinger will be back give advice on how to "project manage" the process of selling, donating or disposing of household goods. She will be joined by an experienced appraiser and estate sales expert. They will discuss the type of furniture and other items that are "hot" and those that are no longer popular with the younger generations. If you have an item you'd like to know the value of, please bring it in for a verbal appraisal. Weapons & firearms will not be accepted for appraisal. The program is FREE to attend but pre-registration is required.

**Location:** The Abbey

**Min/Max:** 10/18

RW16421-01    W    1/23    1-2pm



## Outsmart the Scammers

*Ages 50 and up*

Incidents of fraud are on the rise and scammer's tactics are becoming more complex. This presentation will help give attendees the information they need to Outsmart the Scammers. During the program, we'll discuss how to spot certain red flags that may indicate a fraudulent encounter, resources individuals can turn to in the event they or loved ones are targeted, and steps attendees can take to help protect themselves and loved ones. Presented by Edward Jones, this program is FREE to attend however, registration is recommended to reserve your space.

**Location:** The Abbey

**Min/Max:** 12/50

RW16420-01    F    2/1    10:45-11:45am

# TAX PREPARATION

*Ages 55 and up*

This program is sponsored by AARP. Registration is required. Be sure to bring a copy of last year's tax return. Also, bring all necessary papers such as tax forms received in the mail, statements of income and all legally deductible expenses. For more information or to schedule an appointment, contact The Abbey at (630) 993-8193 after December 1, 2018. You can also view the tax appointment schedule and make your appointment online by visiting [www.epd.org](http://www.epd.org). Appointments will be held 9 a.m. – Noon on most Monday, Tuesday, Wednesday and Thursdays at The Abbey (407 W. Saint Charles Rd.) beginning February 4 and ending April 11.

**Location:** The Abbey



#elmhurstparkdistrict #havingfun



**Chair Yoga**

*Ages 50 and up*

This hourlong class is specifically designed to provide the full benefit of yoga while being carefully modified for those with osteoporosis, osteoarthritis and back injuries. The focus of the class is on improved breath and lung capacity; improved posture and core strength; joint flexibility and range of motion expansion, as well as moves that work the fitness level of our brains (and exercise our laughter muscles too)! Each class concludes with a short guided relaxation and meditation. Instructor Colleen Koziara has more than 15 years of experience in the senior healthcare industry and is certified in gentle, chair and modified yoga.

**Location:** The Abbey

**Min/Max:** 8/20

**Fee:** \$49 Abbey Member /\$54 Non-Member

|            |   |          |             |
|------------|---|----------|-------------|
| RW16410-01 | M | 1/7-2/11 | 2:30-3:30pm |
| RW16410-02 | M | 2/25-4/1 | 2:30-3:30pm |



**T'ai Chi for Health**

*Ages 50 and up*

T'ai Chi for Health is a gentle, beautiful and flowing exercise routine that is a joy to do. Energizing and deeply relaxing, it brings health and vitality to all who practice it. The movements are all done naturally and gently. The gentle rocking motions and stretching movements improve circulation and digestion and reduce physical tension. The controlled breathing reduces stress and anxiety, helping calm the mind. It helps regulate heart rate and blood pressure, boosting energy. The exercises are very effective and easy to learn. Students may choose to sit or stand as needed, making this class suitable for all ages and abilities.

**Location:** The Abbey

**Min/Max:** 6/40

**Fee:** \$57 Abbey Member/\$62 Non-Member

|            |   |          |           |
|------------|---|----------|-----------|
| RW16408-01 | W | 2/6-3/20 | 11am-Noon |
|------------|---|----------|-----------|

**AARP Smart Driver Course**

*Ages 55 and up*

Tune up your driving skills and drive more safely. Seniors 55+ with clean driving records may be able to get an insurance discount upon course completion. This is an eight-hour course and those registered are required to attend both days. Pre-registration is required. A \$15 fee AARP member/\$20 fee non-AARP member needs to be paid by check payable to AARP and brought to class the first day.

**Location:** The Abbey

**Min/Max:** 10/21

|            |     |         |         |
|------------|-----|---------|---------|
| RW16406-01 | TuW | 3/5-3/6 | 9am-1pm |
|------------|-----|---------|---------|

**Do more your way**



Lexington Square of Elmhurst is a full-service senior living residence serving adults who seek the generous benefits of community living, new friendships, daily meals, regular activities and nurturing care, if needed.



Lexington Square of Elmhurst  
630-832-9922  
400 West Butterfield Road  
Elmhurst, IL 60126  
www.lexingtonsquare.com

**Rules of the Road**

*Ages 62 and up*

If your license is due for renewal this year, be sure to take advantage of this FREE refresher course offered by the Secretary of State's office. Laws change, signs change - do not get caught unprepared. Pre-registration is required.

**Location:** The Abbey

**Min/Max:** 15/21

|            |   |      |           |
|------------|---|------|-----------|
| RW16407-01 | W | 3/13 | 10am-Noon |
|------------|---|------|-----------|



## ELMHURST PARK DISTRICT INCLUSION

The Elmhurst Park District is committed to promoting and encouraging positive interactions among participants with and without disabilities. Staff members are available to assist participants with accommodations needed for success in and enjoyment of our programs.

First, register for the desired program. Then contact Erica Brady at the Elmhurst Park District (630) 993-8676 at least five days prior to the start of the program to discuss the special needs of the participant and ways in which we can accommodate those needs. Please be sure to contact Erica before each program so that a smooth inclusion can occur.

## AEROSLING SWINGS

Call Anne Scheppele at (630) 993-8941 to reserve your portable and adaptable swing. These swings, for preschool to junior high children with special needs, provide easy entry, full body support, safety and comfort for swinging on an existing swing.



Gateway Special Recreation Association (SRA) was formed through an intergovernmental agreement and is an extension of the Park Districts of Elmhurst, Burr Ridge, Oak Brook, Pleasant Dale, Westchester and York Center, the City of Countryside and the Villages of Hinsdale and Willowbrook. Gateway SRA contracts the services of the Ray Graham Association for People with Disabilities, a non-profit agency, to provide recreation programs. Gateway SRA complies with the Americans With Disabilities Act (ADA) to provide equal access and participation for people with disabilities.

www.gatewaysra.com (630) 325-3857 TDD: (630) 628-2352

### PROGRAM LOCATIONS

There are many locations in the seven-community area that act as Gateway program sites including several Elmhurst Park District facilities. The Hanson Center, the headquarters for Gateway, operates a 12.5-acre site and fully handicapped-accessible building in addition to a barn and riding arenas.

### TRANSPORTATION

The Elmhurst Park District provides transportation for Elmhurst residents from The Abbey, 407 W. St Charles Road, Elmhurst, IL. to programs held at the Hanson Center for a \$3 round-trip fee. Call Maurice Castile from Cook Du Page Transportation at (773) 668-8989 to arrange transportation. Three business days' notice is required.

### REGISTRATION FOR GATEWAY PROGRAMS

A complete guide to all Gateway programming can be found at [www.ray-graham.org](http://www.ray-graham.org); click on Gateway and you can review the entire brochure complete with registration forms. Once registration forms are complete, they can be mailed to or dropped in drop box at:

Ray Graham Association  
901 Warrenville Road, Suite 500  
Lisle, IL 60532

Hanson Center  
15 W 431 59th Street  
Burr Ridge, IL 60527

## Gateway Programs

### Gateway Softball

*Ages 16 yrs and older*

This season looks to be promising as the Gators softball team returns to the field! This season we're re-energized, re-focused, and ready to play one of our great past times!

### Recreation Sensation

*Ages 8-14 years old*

Join the weekly adventures and expand your leisure skills. A combination of sensory, social, music and recreation skill building activities will be offered. This program will be highly structured to meet the needs of individuals who are on the Autism Spectrum.

**Location:** The Hanson Center/Variou Community Outings

### Young Adults- North

*Ages 16-26 years old*

Bring your friends for Friday night fun! Each week an exciting activity is planned especially for you. You will receive a schedule with program details including meeting times prior to the start of the programs.

**Location:** The Abbey/Variou

### Northern Area Social Club

*Adults (over 27)*

Join this Friendly and fun, loving group! Traditional activities and some new stuff are planned. Something different is on the schedule each week. You will receive a schedule with program details including meeting times prior to the start of the program.

**Location:** The Abbey/Variou



## Turn to page 80 for Winter Registration changes!

### WHAT ARE THE AGE REQUIREMENTS?

All program participants must be of the specified age by the first day of class unless otherwise noted.

### CAN I GET A REFUND?

- Full refunds are issued if a program is cancelled.
- A full refund will be issued if a request is received up to 48 hours prior to the start of a program less a \$5 service charge, unless otherwise stated.
- Refunds must be requested through e-mail, over the phone or in person (Not available online).
- A prorated refund will be issued up until midpoint of a class program less a \$5 service charge.
- Refunds for trips are issued if seat can be resold.
- Detailed information regarding refunds can be found at [www.epd.org](http://www.epd.org).

### WHAT IF MY CHECK IS RETURNED?

Any check returned by the bank to the Elmhurst Park District for any reason will incur a \$25 fee. Additional registrations will not be accepted until all outstanding balances have been paid.

### IS FINANCIAL ASSISTANCE AVAILABLE?

The Elmhurst Park District recognizes that there are residents living within District boundaries who are unable to participate in programs due to economic hardships. Applications for financial assistance may be picked up at the Wagner Community Center, and at Courts Plus for Courts Plus memberships and programs (online at [www.epd.org/downloads/registration-form-downloads](http://www.epd.org/downloads/registration-form-downloads)).

### INSURANCE COVERAGE

Insurance coverage for injuries suffered while participating in programs or utilizing park facilities is not provided by the Elmhurst Park District.

### MEDICAL DISPENSING

Please complete a medication dispensing form (online at [www.epd.org/downloads/registration-form-downloads](http://www.epd.org/downloads/registration-form-downloads)) prior to the start of program. Alert staff of allergies or medical dispensing forms.

### CODE OF CONDUCT

The Elmhurst Park District is dedicated to providing a safe, fun environment. Our positive approach is geared towards instilling an enjoyment of physical activity and teaching skills to foster self-confidence and positive self-esteem. Participants, spectators, and parents are expected to exhibit appropriate behavior and be respectful of others at all times when using District parks and facilities, including:

- Abiding by all laws and rules.
- Treating all participants, spectators, parents, District staff and law enforcement with respect and as individuals, regardless of their race, sex, gender-identification, creed or ability.
- Not using any foul, abusive, harassing, sexually suggestive, or intimidating/menacing words, gestures, body language, gestures or behavior towards any participant, spectator, or parent.
- Refraining from and reporting any use of alcohol, tobacco, illegal substances, weapons, or devices that may be used as a weapon.
- Not using violence or unwanted physical contact against a participant, spectator, or parent.
- Controlling and taking responsibility for your actions/inactions and the consequences of your actions.
- Always treating the facilities, equipment, supplies, and property with respect.

Additional rules may be developed for specific activities and leagues as deemed necessary. To ensure the District's programs and facilities remain safe and enjoyable, all reported incidents will be investigated on a case-by-case basis. Participant's, spectator's, and parent's behavior is the responsibility of that individual. Violation of this Code of Conduct or any inappropriate behavior may result in loss of privileges.

### IF YOU HAVE AN ACTIVE ACCOUNT

- Click online registration button on front page at [www.epd.org](http://www.epd.org).
- Log in with your username and password. If you forgot your password, click FORGOT PASSWORD.

### IF YOU DO NOT HAVE AN ACTIVE ACCOUNT

- Click registration button on front page at [www.epd.org](http://www.epd.org).
- Click "Create An Account".
- Fill out information form. Add additional household members by clicking "Add New Member". Please make sure all family household members are input into information form before clicking "Save".
- Activation of new account is immediate, but will be considered a Non-Resident. Resident Status on account will require proof of residency at the Wagner Community Center.

### ONCE YOU ARE LOGGED IN

- Click "Programs" or a "Quick Links" category to search for programs.
- Under "Activity Search Criteria" you can limit your search or input the program code from the brochure to locate the program.
- When you have a program listing displayed, you can click on the 'i' to learn more information about the program.
- Once you find the program you're interested in, click the plus sign to the left of that program to add to your shopping cart.
- Click 'Add To Cart' on the bottom left of the screen to confirm checkout. Note that if registering with an iPad or mobile device, it is recommended you view the screen in landscape mode. Pop-up windows may not display properly.

### PROBLEMS WITH ONLINE ACCOUNTS

**E-Mail:** [registration@epd.org](mailto:registration@epd.org)

**Call:** (630) 993-8901

### IN-PERSON OR DROP-OFF REGISTRATION

Drop off registration form along with payment at Wagner Community Center, The Abbey (24 hour drop box provided) or Courts Plus. In-person registration is available at Wagner Community Center and Courts Plus.

### MAILED REGISTRATION

Complete signed registration form, include payment (credit card information or check) and mail to appropriate address on form.

### FAXED REGISTRATION

In an effort to protect your financial information, we no longer accept fax registration. Please visit us in person or register online at [www.epd.org](http://www.epd.org).

# WINTER REGISTRATION



**Non-resident registration begins at 8 am on Monday, December 17.**  
**Register online at [www.epd.org](http://www.epd.org) or in-person at Wagner Community Center and/or at Courts Plus.**

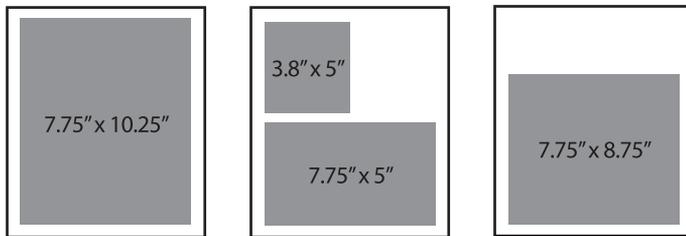
## BROCHURE ADVERTISING

The Elmhurst Park District quarterly brochure is delivered to over 17,000 households in Elmhurst and an additional 3,000 copies are available for pick up throughout the community. These brochures are used as a household reference guide with a shelf-life of up to three months.

Take advantage of the opportunity for your company's message to be included in a publication that reaches all Elmhurst residents four times per year.

For advertising, call Pat O'Neill at (630) 993-8924 or e-mail [poneill@epd.org](mailto:poneill@epd.org).

### PICK YOUR AD SIZE (ALL ADS ARE FULL-COLOR)



|                           | SIZE WITH BLEED | OPEN RATE | 4-ISSUE RATE |
|---------------------------|-----------------|-----------|--------------|
| Back Cover                | 8" x 8.5"       | \$1,450   | \$1,300      |
| Premium Position          | 8" x 10.5"      | \$1,300   | \$1,200      |
| Inside Front, Inside Back |                 |           |              |
| Full Page                 | 8" x 10.5"      | \$1,100   | \$1,000      |
| Half Page                 | 8" x 5"         | \$600     | \$550        |
| Quarter Page              | 3.8" x 5"       | \$350     | \$300        |

### RESERVE YOUR SPACE

| ISSUE       | DELIVERY DATE     | RESERVATION DATE  | ARTWORK DUE      |
|-------------|-------------------|-------------------|------------------|
| Spring 2019 | February 12, 2019 | December 3, 2018  | January 14, 2019 |
| Summer 2019 | April 16, 2019    | February 19, 2019 | March 18, 2019   |
| Fall 2019   | July 16, 2019     | May 20, 2019      | June 17, 2019    |



Picnics in the Parks

### PICNICS IN THE PARKS

Many parks in the Elmhurst Park District have areas designated for small group picnics that can accommodate up to eight people and are available on a first-come, first-served basis. These picnic areas typically feature one permanent picnic table on a concrete pad and a nearby grill. Larger picnic areas at Berens, Butterfield, Salt Creek, and Wilder parks can be reserved for exclusive use by obtaining a picnic permit. There is no charge for residents on weekdays and a \$65 charge (\$88 for sheltered areas) for weekend and holiday reservations; the non-resident fee is applicable everyday (\$110 area without shelter, \$140 shelter area.) Group picnics with over 100 attendees require a special use permit. Download the application at [www.epd.org/picnics-permits](http://www.epd.org/picnics-permits). Reservations are only available for large group picnics scheduled from mid-May until the end of October.

*All information about picnic areas including fees, capacity, pictures, picnic permit applications and regulations can be found on our website at [epd.org/picnics-permits](http://epd.org/picnics-permits) or you can call (630) 993-8901 or visit us at Wagner Community Center.*



The Hub

### MEETING SPACE

Great spaces are available for business meetings, seminars, training sessions, school groups, youth groups, or a working lunch. The spaces are versatile and can be set up to accommodate anything from lunches to business presentations.

|   | CAPACITY | COST   | SETUP | CONTACT        |
|---|----------|--|-------|----------------|
| <b>The Hub at Berens Park</b>               | 60       | \$75-\$94/Hour   | n/a   | (630) 993-8967 |
| <b>Courts Plus Conference Room</b>          | 15       | \$40/Hour  | n/a   | (630) 993-8186 |
| <b>Courts Plus Multipurpose Room</b>        | 80       | \$60/Hour  | \$20  | (630) 993-8186 |
| <b>The Abbey (WTh evenings &amp; wknds)</b> | 100      | \$90-110/Hour  | \$20  | (630) 993-8188 |
| <b>Wilder Mansion</b>                       | 250      | Visit <a href="http://wildermansion.org">wildermansion.org</a>               |       | (630) 993-8186 |
| <b>Sugar Creek Clubhouse</b>                | 50-110   | Visit <a href="http://sugarcreekgolfcourse.org">sugarcreekgolfcourse.org</a> |       | (630) 834-3325 |



The Abbey

### OUTDOOR VENUES

Perfect locations for your reunion, shower, company outing or community event. You can work with one of our caterers or provide your own food and fun.

|  | CAPACITY | COST   | CONTACT        |
|--|----------|--|----------------|
| <b>The Hub at Berens Park</b><br>Tented Pavilion with picnic tables –amenity use available   | 120      | \$85R/\$106NR/Hour   | (630) 993-8967 |
| <b>Wilder Park Formal Gardens</b><br>Tented Pavilion with 50 chairs – more available   | 130      | \$750 Wedding Pkg  | (630) 993-8186 |
| <b>Outdoor Park Events</b><br>Price varies by event type and rental group size. Priority use. Fees based on nature of use, impact on park and resources. | 100+     | \$135 and up   | (630) 993-8944 |
| <b>Sugar Creek Golf Course</b><br>A nine-hole golf course perfect for your outing.   | 50-160   | Visit <a href="http://sugarcreekgolfcourse.org">sugarcreekgolfcourse.org</a> |                |



Wilder Mansion

### LARGE SPECIAL EVENTS

Picture your next event in one of these beautiful settings. Memorable for weddings, receptions, rehearsal dinners, showers, anniversary celebrations, graduation parties, holiday parties, or special corporate events.

|   |  |  |
|---|--|--|
| <b>Wilder Mansion</b><br>Add Victorian grandeur to your next event at Wilder Mansion. Perfect for meetings, parties, special events and weddings. Rentals available for entire Mansion or specific rooms. | CAPACITY<br>250                          | COST<br>Visit <a href="http://wildermansion.org">wildermansion.org</a>               |
| <b>Sugar Creek Banquet Room</b><br>Intimate private setting with splendid views complete with fireplace, customized menus, personalized event planning and full-service bar.                              | CAPACITY<br>110 indoors<br>160 w/outdoor | COST<br>Visit <a href="http://sugarcreekgolfcourse.org">sugarcreekgolfcourse.org</a> |



Sugar Creek Clubhouse



**PARKS**

- 1 The Abbey
- 2 Ben Allison Park
- 3 Berens Park
- 4 Butterfield Park
- 5 Conrad Fischer Park
- 6 Crescent Park
- 7 Crestview Park
- 8 East End Park
- 9 Eldridge Park
- 10 Glos Memorial Park
- 11 Golden Meadows
- 12 Jaycee Tot Lot
- 13 Kiwanis Park
- 14 Maple Trail Woods
- 15 Marjorie Davis Park
- 16 Pioneer Park
- 17 Plunkett Park
- 18 Salt Creek Park
- 19 Sleepy Hollow Park
- 20 Van Voorst Park
- 21 Washington Park
- 22 Wild Meadows Park
- 23 Wild Meadows Trace
- 24 Wilder Park
- 25 York Commons Park

**FACILITIES**

- A Administrative Office
- B The Abbey Senior Center
- C Courts Plus Fitness Center
- D The Hub at Berens Park
- E Joanne B. Wagner Community Center
- F Eldridge Park Recreation Building
- G Norman P. Smalley Pool/Skate Park
- H East End Pool
- I Maintenance Facility
- J Safety Town/The Depot
- K Sugar Creek Golf Course
- L Butterfield Park Recreation Building
- M Crestview Park Recreation Building
- N Wilder Park Recreation Building
- O Wilder Mansion
- P Wilder Park Conservatory & 225 Prospect Building

**SCHOOLS**

- Q York High School
- R Bryan Middle School
- S Churchville Middle School
- T Sandburg Middle School
- U Conrad Fischer
- V Edison
- W Emerson
- X Field
- Y Hawthorne
- Z Jackson
- AA Jefferson
- BB Lincoln





| PARKS<br>☼ Denotes Lighted Court   | ACRES | Futsal Court                               | Miles of Walking Trails | Soccer/Football Field | Playground | Sled Hill | Ice Skating | Tennis Court | Restrooms | Basketball Court | Roller Hockey | Group Picnic Area | Group Picnic Shelter | Baseball/Softball Field | Sand Volleyball Court | Pickleball Court |
|--|-------|--|-------------------------|-----------------------|------------|-----------|-------------|--------------|-----------|------------------|---------------|-------------------|----------------------|-------------------------|-----------------------|------------------|
|  |       | <b>The Abbey</b> - 407 W. St. Charles Road | 1.89                    |                       |            |           |             |              |           |                  |               |                   |                      |                         |                       |                  |
| <b>Ben Allison Park</b> - 444 S. West Avenue                                       | 2.75  |  |                         |                       | •          | •         |             |              |           |                  |               |                   |                      | •                       |                       |                  |
| <b>Berens Park</b> - 493 Oaklawn Avenue  | 65.53 |  | 1.72                    | •                     | •          | •         |             | ☼            | •         | •                |               | •                 |                      | •                       | •                     |                  |
| <b>Butterfield Park</b> - 385 E. Van Buren   | 24.56 |  | .57                     | •                     | •          |           |             | ☼            | •         |                  |               |                   | •                    | •                       |                       |                  |
| <b>Conrad Fischer Park</b> - 200 E. Diversey Avenue                                | 13.21 | •  |                         | •                     | •          |           |             | •            |           | •                | •             |                   |                      | •                       |                       |                  |
| <b>Crescent Park</b> - 465 S. Fair Avenue  | .61   |  |                         |                       |            |           |             |              |           |                  |               |                   |                      |                         |                       |                  |
| <b>Crestview Park</b> - 245 E. Crestview   | 11.14 |  |                         | •                     | •          | •         |             | •            |           | •                | •             |                   |                      | •                       |                       |                  |
| <b>East End Park</b> - 463 Schiller Street   | 13.55 |  |                         | •                     | •          |           |             | ☼            | •         | ☼                |               |                   |                      | •                       |                       | •                |
| <b>Eldridge Park</b> - 363 Commonwealth Lane                                       | 43.26 |  | 1.50                    | •                     | •          | •         | •           | •            |           | •                | •             |                   |                      | •                       |                       | •                |
| <b>Glos Memorial Park</b> - 142 E. Park Avenue                                     | .94   |  |                         |                       |            |           |             |              |           |                  |               |                   |                      |                         |                       |                  |
| <b>Golden Meadows</b> - 120 N. Hampshire Avenue                                    | 3.16  |  |                         | •                     |            |           |             |              |           |                  |               |                   |                      |                         |                       |                  |
| <b>Great Western Prairie</b>   | 12.14 |  | .50                     |                       |            |           |             |              |           |                  |               |                   |                      |                         |                       |                  |
| <b>Illinois Prairie Path</b> <small>(maintained by Elmhurst Park District)</small> |       |  | 2.13                    |                       |            |           |             |              |           |                  |               |                   |                      |                         |                       |                  |
| <b>Jaycee Tot Lot</b> - 445 N. Larch   | .58   |  |                         |                       | •          |           |             |              |           |                  |               |                   |                      |                         |                       |                  |
| <b>Kiwanis Park</b> - 451 E. Madison Street  | 1.26  |  |                         |                       |            |           |             |              |           |                  |               |                   |                      |                         |                       |                  |
| <b>Maple Trail Woods</b> - 460 W. Madison Street                                   | 93.61 |  |                         |                       |            |           |             |              |           |                  |               |                   |                      |                         |                       |                  |
| <b>Marjorie Davis Park</b> - 285 W. Grantley Avenue                                | 4.79  |  | .26                     |                       | •          |           |             |              |           | •                |               |                   |                      | •                       |                       |                  |
| <b>Pioneer Park</b> - 517 S. Mitchell Avenue                                       | 4.89  |  |                         | •                     | •          |           |             |              |           | •                |               |                   |                      |                         |                       |                  |
| <b>Plunkett Park</b> - 186 S. West Avenue  | 16.03 |  | .44                     |                       | •          |           |             |              | •         | •                |               |                   |                      | •                       |                       |                  |
| <b>Salt Creek Greenway Trail</b> <small>(owned by Elmhurst Park District)</small>  |       |  | 3.6                     |                       |            |           |             |              |           |                  |               |                   |                      |                         |                       |                  |
| <b>Salt Creek Park</b> - 574 W. Second Street                                      | 10.00 |  |                         |                       | •          |           |             |              | •         |                  |               | •                 | •                    | •                       |                       |                  |
| <b>Sleepy Hollow</b> - 610 S. Rex Boulevard  | .63   |  |                         |                       |            |           |             |              |           |                  |               |                   |                      |                         |                       |                  |
| <b>Van Voorst Park</b> - 360A E. Crescent Avenue                                   | 2.92  |  |                         | •                     |            |           |             |              |           |                  |               |                   |                      | •                       |                       |                  |
| <b>Washington Park</b> - 455 S. Poplar Avenue                                      | 3.20  |  |                         |                       | •          |           |             |              |           | •                |               |                   |                      | •                       |                       |                  |
| <b>Wild Meadows Park</b> - 550 S. Stratford Avenue                                 | 5.38  |  |                         |                       | •          |           |             |              |           |                  |               |                   |                      |                         |                       |                  |
| <b>Wild Meadows Trace</b> - Paralleling Prairie Path                               | 51.99 |  |                         |                       |            |           |             |              |           |                  |               |                   |                      |                         |                       |                  |
| <b>Wilder Park</b> - 175 Prospect  | 17.30 |  | 1.42                    |                       | •          |           |             | •            | •         |                  |               | •                 |                      |                         |                       |                  |
| <b>York Commons</b> - 665 S. York  | 11.62 |  |                         |                       | •          |           |             |              | •         |                  |               |                   |                      | •                       |                       |                  |

## FACILITIES

|   |   |
|---|---|
| <b>225 Prospect</b> - 225 Prospect Avenue                             | <b>Joanne B. Wagner Community Center</b> - 615 N. West Avenue |
| <b>Administrative Office</b> - 375 W. First Street                    | <b>Maintenance Facility</b> - 985 S. Riverside Drive          |
| <b>The Abbey</b> - 407 W. St. Charles Road                            | <b>Norman P. Smalley Pool</b> - 665 S. York                   |
| <b>Butterfield Park Recreation Building</b> - 385 E. Van Buren Street | <b>Safety Town/The Depot</b> - 511 S. York                    |
| <b>Courts Plus</b> - 186 S. West Avenue                               | <b>Skate Park at York Commons</b> - 665 S. York               |
| <b>Crestview Park Recreation Building</b> - 245 E. Crestview Avenue   | <b>Sugar Creek Golf Course</b> - 500 E. Van Buren, Villa Park |
| <b>East End Pool</b> - 463 Schiller                                   | <b>Wilder Mansion</b> - 211 Prospect Avenue                   |
| <b>Eldridge Park Recreation Building</b> - 363 Commonwealth Lane      | <b>Wilder Park Conservatory</b> - 225 Prospect Avenue         |
| <b>The Hub at Berens Park</b> - 493 Oaklawn Avenue                    | <b>Wilder Park Recreation Building</b> - 175 Prospect Avenue  |



## Love Your Parks: Give a gift that lasts a lifetime!

The Elmhurst Park District's mission is to provide experiences for the lifetime enjoyment of people who live and play in Elmhurst. Much of what the District provides would not be possible with tax dollars alone. Private help and strong partnerships are essential if we are to continue to enhance our recreation and parks system. Love your parks... and give a gift that lasts a lifetime.

### TREE MEMORIAL PROGRAM

The Tree Memorial Program is available to commemorate individuals, organizations and special events such as birthdays and anniversaries. Memorial trees, once planted and marked with a bronze plaque, are living dedications that enhance the community. A wide variety of trees are available through the program, with prices varying according to species. Bronze plaques are placed at the foot of each tree, and plaque prices vary depending on the size and length of your inscription.

### COMMEMORATIVE BRICKS PROGRAM

The Elmhurst Park District invites you to honor a loved one or commemorate a special occasion with a permanent engraved brick paver. With seven unique locations to choose from, including the Diana Nicholas Memorial Garden at Wilder Mansion, The Hub at Berens Park, and the Wilder Woodland Walkway, you're sure to find the perfect spot for your message.

### PARK BENCH MEMORIAL PROGRAM

Create a dedicated space to commemorate a special person in your life or celebrate a special event with a Park Bench Memorial. Once installed, park benches are marked with a 2" x 4" bronze plaque and can be personalized with up to three lines of type. The commemorative park bench serves as a beautiful lasting remembrance that will benefit the community for many years.

### LAMPPOST MEMORIAL PROGRAM

Framing the Prairie Path, Elmhurst's lampposts light the way for the hundreds of bikers, walkers, runners and nature enthusiasts that traverse its length each day. With a donation to the People for Elmhurst Parks Foundation (PEP), a bronze plaque will be installed on an available lamppost to preserve the legacy of your loved one or commemorate a special occasion.

### CASH DONATIONS

Cash donations are a direct way to show your love for the parks. Donations can be unrestricted or restricted to a particular park, building, or program area.

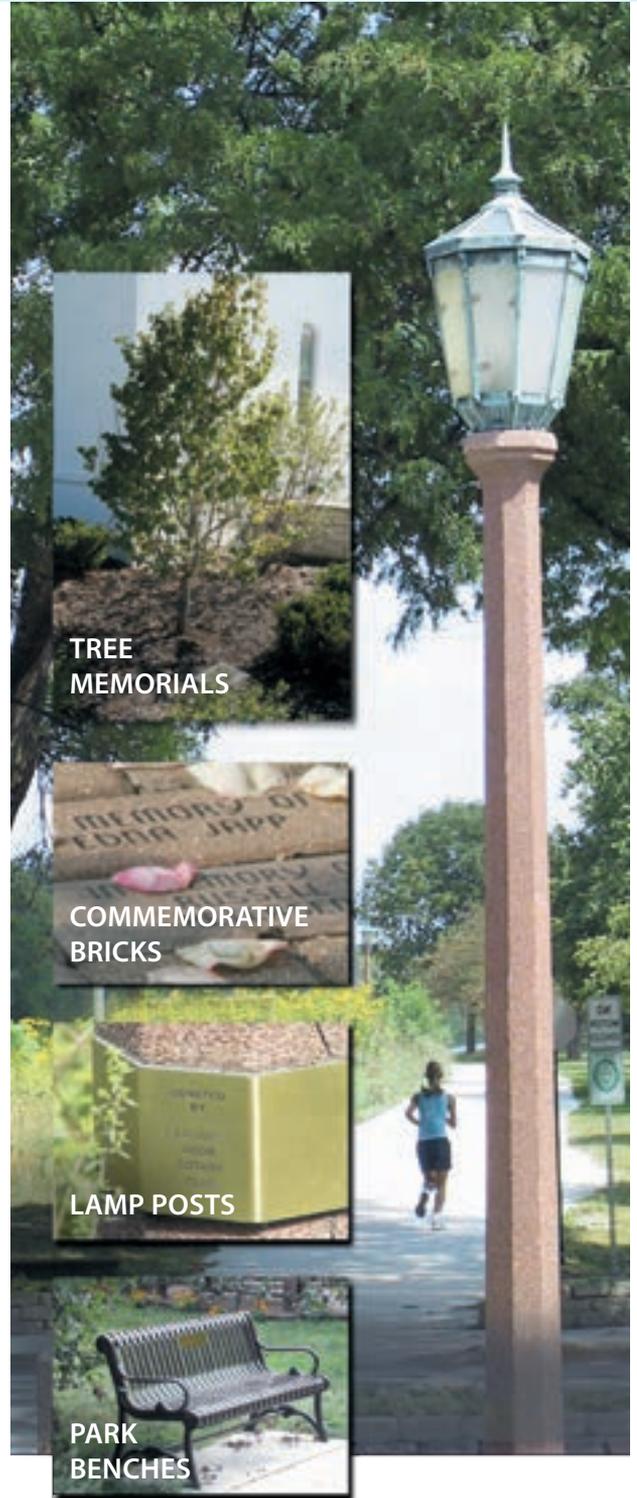
### LAND TRUSTS

The development and protection of green space is a key objective of the District. Land trusts are a wonderful way to ensure more green space for future generations.

### WILLS & LIVING TRUSTS

The Elmhurst Park District benefits from your planned future support of our parks and facilities. Much of the valued green space in the community today is the result of generous Elmhurst residents.

For information about our Tree Memorial, Lamppost Memorials and Park Bench programs, e-mail [mlovato@epd.org](mailto:mlovato@epd.org) or call (630) 993-8939. For Commemorative Bricks e-mail [nmesio@epd.org](mailto:nmesio@epd.org) or call (630) 993-4728. For Cash Donations, Land Trusts, and Wills & Living Trusts e-mail [kfelkamp@epd.org](mailto:kfelkamp@epd.org) or call (630) 993-8923.



TREE MEMORIALS

COMMEMORATIVE BRICKS

LAMP POSTS

PARK BENCHES



# People for Elmhurst Parks Foundation

Founded in 1985, the People for Elmhurst Parks Foundation (PEP) is an independent group of concerned individuals that works in partnership with the Park District to raise funds for many park and recreation projects that benefit the community. Since its inception, PEP has raised over \$350,000 to help fund projects such as Safety Town, the Spring Road Gazebo at the Prairie Path, the Mobile Band Shell, Prairie Path lampposts, York Commons Skate Park and the Wilder Mansion Historic Preservation & Beautification Endowment Fund.

### WANT TO START MAKING A DIFFERENCE?

Interested in becoming a PEP Board member or volunteer? For more information on the PEP Board or volunteering with PEP, please call (630) 993-8924 or e-mail pep@epd.org and receive a PEP membership & volunteer application.

### DONATION OPPORTUNITIES

We ask that you consider assisting with one or more of the following programs or projects that benefit the entire community. Following is a list of current projects to which you can contribute. PEP is a 501 (c) (3) charitable organization and all contributions are 100% tax deductible.

#### Recreation Assistance Program

PEP created the Recreation Assistance Fund which provides assistance to financially disadvantaged families so that they and their children can participate in recreational programs. You can donate to this fund right on your program application. In 2011 alone, the Recreation Assistance program provided \$38,951 to 94 deserving families.

#### Wilder Mansion Historic Preservation & Beautification Endowment Fund

Created in order to provide funds to be used toward the continued preservation of Wilder Mansion. Framed dedication pieces, recognition plaques and room recognition are all donation opportunities available at Wilder Mansion.

### PLEASE MAKE CHECKS PAYABLE TO:

People for Elmhurst Parks Foundation  
P.O. Box 1303  
Elmhurst, IL 60126

For information on donating to the People for Elmhurst Parks Foundation, please call (630) 993-8924 or e-mail pep@epd.org.

## PAST PEP PROJECTS



**Support the People for Elmhurst Parks Foundation when you shop on Amazon.**



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# TOBACCO FREE

**BREATHE EASY, ELMHURST!**

As of November 16, 2017, all Elmhurst parks are tobacco-free.

## QUICK FACTS

- The Elmhurst Park District is a leader in promoting wellness and healthy lifestyles, as well as promoting the natural environment.
- 70% of park districts have regulations prohibiting tobacco use, with 21% enforcing the ban district-wide.
- 79% of Americans support policies that prohibit tobacco use in parks.
- Tobacco-free parks provide better respiratory health for visitors.
- Eliminating tobacco use can reduce park litter by up to 36%.

## REGULATIONS

- The use of tobacco products is prohibited on or within 15 feet of all District property except the Sugar Creek Golf Course and adjacent to Wilder Mansion during paid rentals; and in any vehicle, machinery, or equipment owned, leased operated by, or otherwise under the control of the Elmhurst Park District.
- Any person in violation of these regulations can be fined \$100-\$250.
- Tobacco products included in the ban include cigarettes, cigars, pipes, similar substances used for smoking, smokeless tobacco, e-cigarettes and unregulated nicotine products.

FOR MORE INFORMATION, VISIT [WWW.EPD.ORG/NEWS/BREATHE-EASY-ELMHURST](http://WWW.EPD.ORG/NEWS/BREATHE-EASY-ELMHURST)



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- Sports Medicine
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- Vascular Surgery
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#### ELMHURST LOCATIONS

152 N. Addison Avenue · 133 E. Brush Hill Road · 533 W. North Avenue · 536 S. York Street  
1200 S. York Road



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