The Salt Creek Greenway Trail is a nearly 30 mile-long regional pedestrian and bicycle trail that extends from Busse Forest in Elk Grove Village to the Brookfield Zoo in Brookfield through 12 communities. It serves as a key link in the development of a 210-mile integrated trail network in northeast Illinois that includes the Illinois Prairie Path and the Great Western Trail, among others. It also provides connections throughout the region to recreational and cultural facilities, destination, shopping and commercial facilities, employment and economic centers and mass transit hubs.

In Elmhurst, the Salt Creek Greenway Trail is located on the east banks of Salt Creek, and runs from the Pick subdivision south to Eldridge Park, and beyond. The trail is accessible from several Elmhurst parks, including Sleepy Hollow, Maple Trail Woods and Eldridge Park.