

November 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 10:15 am Mindfulness** 11 am T'ai Chi* 12 pm Quilters 12 pm Red Hats 12:45 pm Bingocize**	2 9:30 am Striders* 10:45 am Strength & Stretch* 12 pm Duplicate Bridge 6:30 pm Cooking Class* Hollywood Casino Aurora*	3 10 am Smoky the War Dog* 11:45 am Mindfulness** 4-9 pm Holiday Market – Wilder Mansion	4 10 am – 4 pm Holiday Market – Wilder Mansion
5	6 9:30 am Striders* 11 am Pinochle 12:45 pm Bingocize** 1:45 pm Mindfulness** 2:30 pm Chair Yoga*	7 10 am Quilters 10:30 am Line Dancing – Continuing* 11:30 am Line Dancing-Beginning* 1:30 pm Memoir Writing*	8 10:15 am Mindfulness** 11 am T'ai Chi* 12 pm Quilters 12:45 pm Bingocize** 6:30 pm Evening Acrylics Painting Class*	9 9:30 am Striders* 10:45 am Strength & Stretch* 12 pm Duplicate Bridge	10 10 am Bingo* 11:45 am Coffee & Conversations with Advocate Health*	11
12	13 9:30 am Recreating the Masters* 9:30 am Striders* 11 am Pinochle 12:45 pm Bingocize** 1:45 pm Mindfulness** 2:30 pm Chair Yoga*	14 10 am Quilters 10:30 am Line Dancing – Continuing* 11:30 am Line Dancing-Beginning* 1:30 pm Memoir Writing*	15 10:15 am Mindfulness** 11 am T'ai Chi* 12 pm Quilters 12:45 pm Bingocize Paramount Theater*	16 9:30 am Striders* 10:45 am Strength & Stretch* 12 pm Duplicate Bridge	17 11:30 am Thanksgiving Luncheon* 11:45 am Mindfulness**	18
19	20 11 am Pinochle 12:45 pm Bingocize** 1:45 pm Mindfulness** 2:30 pm Chair Yoga*	21 10 am Quilters	22 10:15 am Mindfulness** 11 am T'ai Chi* 12 pm Quilters	23 Closed – Thanksgiving Holiday	24 Closed – Day After Thanksgiving	25
26	27 11 am Pinochle 1:45 pm Mindfulness**	28 10 am Quilters 10:30 am Line Dancing – Continuing* 11:30 am Line Dancing-Beginning*	29 10 am Watercolor Painting* 10:15 am Mindfulness** 12 pm Quilters	30 12 pm Duplicate Bridge	*Pre-registration required. Additional fee may apply. EPD program. Call 630-993-8193 for more information or to register. **Pre-registration required. Metropolitan Family Services Program. Call 331-871-5537 for more information or to register.	

December 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 11:45 am Mindfulness**	2
3	4 11 am Pinochle 1:45 pm Mindfulness** 2:30 pm Chair Yoga* 6:30 pm Watercolor Class*	5 10 am Quilters 10:30 am Line Dancing – Continuing* 11:30 am Line Dancing – Beginning* Bakery Bus Trip*	6 10:15 am Mindfulness** 12 pm Quilters 12 pm Red Hats	7 12 pm Duplicate Bridge 5:30 pm Tree Lighting – Wilder Park	8 10 am Bingo* 11:45 am Coffee & Conversations with Advocate Health 11:45 am Mindfulness** 12:30 pm Mental Flexibility**	9
10	11 9:30 am Recreating the Masters* 11 am Pinochle 1:45 pm Mindfulness** 2:30 pm Chair Yoga*	12 10 am Quilters 10:30 am Line Dancing – Continuing* 11:30 am Line Dancing – Beginning* 6:30 pm Cooking Class*	13 10 am Rules of the Road* 10:15 am Mindfulness** 12 pm Quilters 6:30 pm Evening Acrylic Painting Class*	14 11 am Holiday Gala* 12 pm Duplicate Bridge	15 11:45 am Mindfulness**	16
17	18 11 am Pinochle 1:45 pm Mindfulness** 2:30 pm Chair Yoga*	19 10 am Quilters	20 10 am Watercolor Painting* 10:15 am Mindfulness** 12 pm Quilters	21 12 pm Duplicate Bridge	22	23
24	25 Closed – Christmas Day	26 10 am Quilters	27 10:15 am Mindfulness** 12 pm Quilters	28 12 pm Duplicate Bridge	29	30
31				*Pre-registration required. Additional fee may apply. EPD program. Call 630-993-8193 for more information or to register. **Pre-registration required. Metropolitan Family Services Program. Call 331-871-5537 for more information or to register.		