

# Open Gym Rules and Guidelines

- Payment must be completed prior to participation.
- All participants must check in and sign a waiver before participating.
- Gym shoes must be worn on the court. ONLY non-marking rubber soled shoes that are clean and dry are allowed. Street shoes, roller shoes and heels are not permitted. Non-metal cleats or athletic shoes must be worn on the fields.
- Proper attire must be worn.
- Food and beverages are not permitted in the gym or on the fields. Only bottled water or sports drinks are permitted.
- Foul or abusive language, attempted confrontation or physical confrontation are not permitted and will result in immediate expulsion from the facility/field and could result in suspension or banning from Open Gyms.
- No one person or team can "OWN" the court or field. A team can stay on a maximum of three games before having to take a break.
- Depending on the number of participants and space available, courts/fields will be split based on skill level.
- Teaching private lessons and conducting team practices are not permitted.
- Courts and fields are to have their respective sport played on them.
- For soccer games will be first to score 2 goals or whoever is leading after 7 minutes.
- The Elmhurst Park District reserves the right to cancel and/or change Open Gym times at any moment.
- Failure to adhere to any rules will lead to being asked to leave the facility/field.
- Fees and rules are subject to change.
- Respect all the equipment that is provided. No dunking on rims, hanging on crossbars, etc.
- The Elmhurst Park District is not responsible for any lost or stolen articles. Please do not bring valuables into the facility. We recommend you leave your valuables at home.